


# Carolina country



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Your Touchstone Energy® Cooperative 

## Carolina Country Adventures Your annual travel guide

ALSO INSIDE:

**Why are electric rates rising?**  
**Those summers long ago**

Free Travel Information!—See page 45



Grasp the  
wild spirit  
of the wolf  
in your  
hands

*A Native American  
style craft inspired  
by age-old belief*

*Features a  
cutaway design on  
the resin blade and  
colorful sculpture,  
feathers and bead-  
work on the handle*

From earliest times, the wolf has been a creature of mystery and great power to the Native American people. As a show of respect, they decorate their most prized artifacts—ceremonial tomahawks—with the likeness of the wolf. That enduring tradition now inspires a new replica collectible tomahawk which extends a full 12 inches in length and features a cut-out design on the sculptural blade. Al Agnew's vivid wolf art, real feathers, and more handcast, handpainted sculptures flow down the handle in totem pole fashion.

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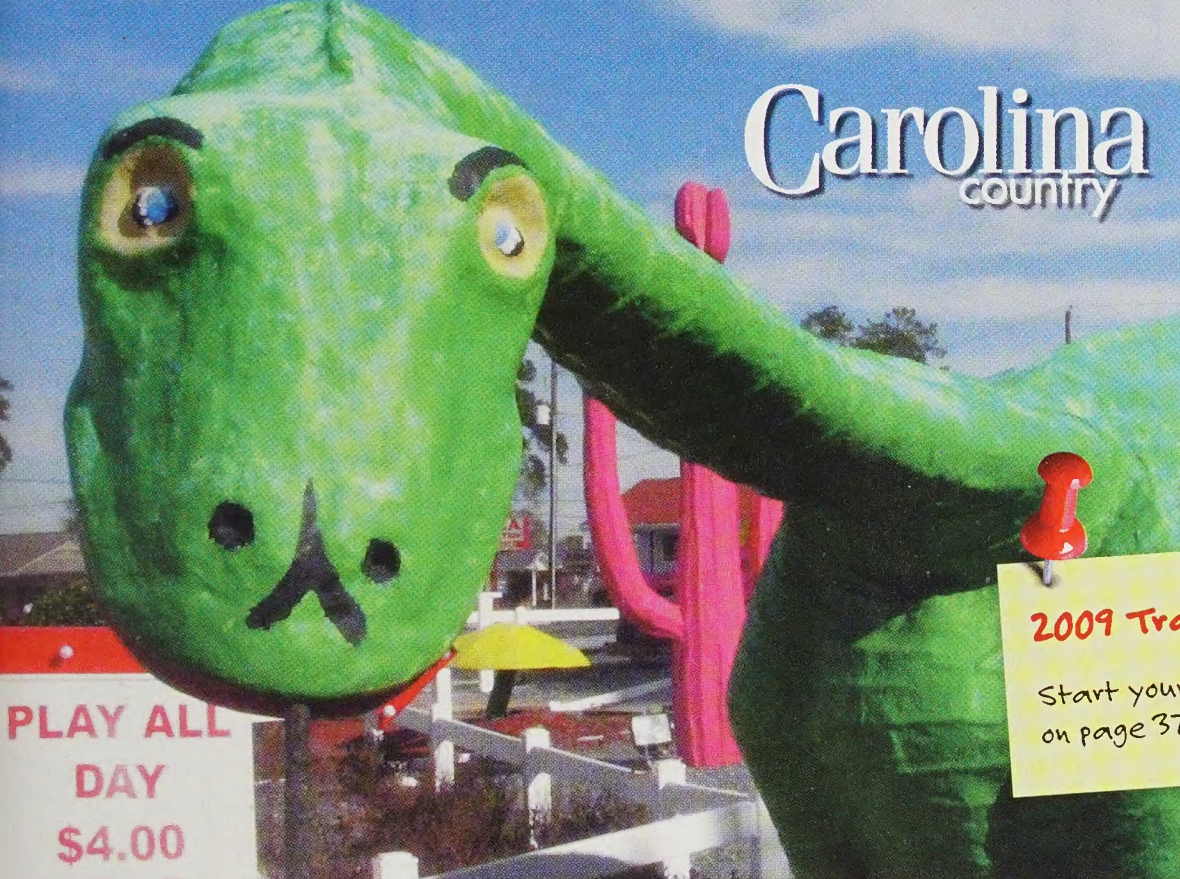
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### 2009 Travel Guide

Start your adventures  
on page 37.

## FEATURES

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Your 2009 Touchstone Energy Travel Guide takes you to 15 new adventures, three in each of five regions across North Carolina. They are a mix of well-known and not-so-well-known places, places for kids, places for nature lovers, history buffs and shoppers. You'll also find a listing of travel information resources. (Photo above, by Karen Olson House, shows a mini-golf course greeter at White Lake.)

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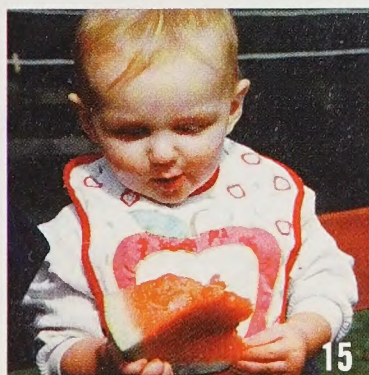
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The Carl Sandburg Home, a National Historic Site in Flat Rock, Henderson County. Photography by Jim Hargan, [www.harganonline.com](http://www.harganonline.com)



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# Carolina country

Read monthly in more than 650,000 homes



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North Carolina's electric cooperatives provide reliable, safe and affordable electric service to nearly 900,000 homes and businesses. The 26 electric cooperatives are each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

## Why Do We Send You Carolina Country Magazine?

Your cooperative sends you Carolina Country as a convenient, economical way to share with its members information about services, director elections, meetings and management decisions. The magazine also carries legal notices that otherwise would be published in other media at greater cost.

Your co-op's board of directors authorizes a subscription to Carolina Country on behalf of the membership at a cost of less than \$4 per year.



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## HAS YOUR ADDRESS CHANGED?

Carolina Country magazine is available monthly to members of North Carolina's electric cooperatives. If you are a member of one of these cooperatives but do not receive Carolina Country, you may request a subscription by calling Member Services at the office of your cooperative. If your address has changed, please inform your cooperative.

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Soy ink is naturally low in VOCs (volatile organic compounds) and its usage can reduce emissions causing air pollution.

## How much can you pay?



By Randall Jones

Many parents in North Carolina walk out to the bus stop in the morning to wait with their children for the school bus. When the bus leaves, the parents go back home. They don't have a job to go to.

Others go out in the morning and wait for a friend to give them a ride to work, because they are looking for every way they can to save money.

When the price of gasoline reached close to \$4 last year, many people could barely afford to drive to work, let alone school or to visit friends and family. Here at Lumbee River EMC, we are thinking about how their electricity bill also may rise during the coming year, and we worry that they may suffer through a hot summer without air conditioning, or a cold winter without adequate heat. They may choose to cut off their water heaters.

Why are we looking at rising electricity prices? Because Lumbee River EMC and all electric utilities may be forced to pay much more for the power we distribute to our members. Here's why:

The new Congress is considering environmental legislation that will require power plants to reduce carbon dioxide emissions at a rate much faster than existing technology will allow. Also, on top of existing state mandates, Congress is considering requiring electric utilities to obtain power from solar, wind and other renewable energy sources that either are experimental or are very expensive. The cost of these legislative measures, of course, will be passed on to

consumers. And for many co-ops, including Lumbee River EMC, this will come on top of rate increases we already have passed on because of rising fuel prices.


Unless we persuade Congress to balance consumers' ability to pay with the need to reduce greenhouse gas emissions and increase our use of renewable energy, we will have no choice but to pass these higher costs on to you.

So we plan to get this message to North Carolina's Congressional delegation: Please consider the cost impact of any new energy legislation. Think of your constituents here in southeastern North Carolina and throughout the Southeast U.S. Make this a balanced policy.

At Lumbee River EMC, we are doing our part to control our own costs, our own use of fuel in our fleets, and our electricity consumption in our offices.

We also offer incentives for members to use energy efficiently, such as rebates on Energy Star appliances and information about weatherizing, cutting water heating costs and using energy-saving light bulbs.

We also provide an opportunity for our consumer-members to contribute to a fund that helps neighbors pay their bills.

We're doing our part. It's only fair that Congress does its part to bring common sense and balance to new energy policy. 

*Randall Jones is CEO and president of Lumbee River EMC, the Touchstone Energy cooperatives serving more than 51,000 member accounts in Cumberland, Hoke, Robeson and Scotland counties.*

## You can help

Contact your cooperative and ask how.

For information

on a balanced energy policy, call toll-free 877-40-BALANCE (877-402-2526). Or go online to the site [www.findabalancedsolution.com](http://www.findabalancedsolution.com).

Send a message to your Congressional representatives at [www.ourenergy.coop](http://www.ourenergy.coop).

## Find A Balanced Solution







### Blue-eyed beauty

Our great-granddaughter Reagan Alyse Krue, who is 1, wore this old-fashioned dress to church. She looks like she was helping us water our plants. Her grandparents are Bobby and Melody Plowman, and her parents are Amber and Bobby Krue. We have been members of EnergyUnited for 50 years.

*Roy and Ruby Shore, Yadkinville*

### More social networking

I just finished making the Five Star Coconut Cake from the recipe printed in the March 2009 magazine. This recipe was submitted by Carol Gregory of Ronda, and I'm so glad she did. This cake is moist and full of flavor and absolutely delicious. It really "wowed" my husband. Thanks to Ms. Gregory for sharing this recipe with your magazine. It's now become one of my favorite dessert recipes, and one that I can't wait to show off to my friends.

*Linda Charlet, Salvo, Cape Hatteras Electric*

### Long hoe to row

Our grandsons, Joshua and Jonathan Gay, helped their Granddaddy Douglas Young plant sweet potato plants in his garden last year. Jonathan, 3, had to have a hoe like Granddaddy.

*Patsy Young, Rolesville  
Wake Electric*



### Corrections

We published an incorrect phone number for Southern Energy Management, who advised us on articles about solar water heating (January 2009) and solar electric systems (March 2009). The correct number is (866) 575-9151. Web: [www.southern-energy.com](http://www.southern-energy.com)

The solar electric facility recently installed at QVC in Edgecombe County ("More Power to You," March 2009) can generate 1,000 kilowatts (1 megawatt), not 100,000 kilowatts.

### Trust, interest, worth

Your magazine is a delight and I look forward to reading it monthly. The February issue had the best photograph on it. What a shot! It shows the essence of trust, interest and worth. I'm going to frame the cover page.

*Billi Haug, Walnut Creek, Calif.*



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# A gift for your daughter every day!

"A Year  
of Wishes"



Plays the tender  
melody of  
"Have I Told  
You Lately  
That I Love  
You?"

Shown smaller than actual  
size of about 7 inches tall

Inside are 365 individual  
wishes for your daughter—  
one for every day of the year!



It can be hard to find time every day to tell your precious daughter just how much she means to you. Now you can make sure she never spends a day without a cherished reminder of your love. Presenting ... the "A Year of Wishes" Musical, a premiere treasure exclusively from Ardleigh Elliott.

## A gift of love that keeps on giving.

This all-new musical shaped like an elegant ginger jar holds 365 wishes, blessings and inspirations for your daughter inside, to celebrate the special bond you share! Crafted of *Heirloom Porcelain*® with shimmering platinum, Swarovski crystals and faux jewels, this unique treasure is a gift that truly keeps on giving! It plays the heartfelt melody of "Have I Told You Lately That I Love You?" as a perfect finishing touch.

## An exceptional value...satisfaction guaranteed.

Available exclusively from Ardleigh Elliott, the "A Year of Wishes" Musical is premiere priced at just \$49.98\*, payable in two easy installments of \$24.99 each. And your satisfaction is completely guaranteed for one full year. **Urgent Notification: Availability Is Strictly Limited!**\* We are already experiencing heavy demand for this unique expression of love for your daughter. Send no money now! Return the Reservation Application today.

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*Samantha Kerley, an Alleghany County high school senior, represented Blue Ridge Electric and North Carolina on the Youth Leadership Council during the NRECA annual meeting in New Orleans. She is shown here when the YLC was introduced to the convention.*



*Carolyn Herr Watts, recently retired senior vice president with North Carolina's electric cooperative state organizations, received the Clyde T. Ellis Award at the NRECA annual meeting in. The Ellis Award is conferred by the NRECA board to honor an individual for contributions clearly above and beyond the routine call of duty in furthering the principles and progress of rural electrification and the development and utilization of national resources.*



*North Carolina delegates at the NRECA annual meeting participated in voting on national resolutions.*

## North Carolina co-op delegates focused on national issues during the NRECA annual meeting

*Photos by Michael Gery*

Nearly 9,000 electric cooperative representatives from around the nation focused on issues affecting rural communities, cooperatives and the energy industry during the national annual meeting of cooperatives held in February in New Orleans. North Carolina sent about 300 representatives.

At the annual meeting co-op delegates consider resolutions that guide the cooperatives nationally, regionally and locally, as well as discuss issues affecting the electric utility business and the communities that co-ops serve. Among the issues taking center stage in New Orleans were Congressional legislative proposals affecting climate change, as well as the need for new power plants and transmission systems, energy-efficiency programs, renewable energy policy and the nation's economic condition.

Glenn English, CEO of the National Rural Electric Cooperative Association (NRECA), which convened the meeting, warned that proposed federal climate change legislative measures will be expensive and could make electric bills less affordable for consumers. He urged co-op leaders to explain to their member-consumers the impact that changes in the industry will have on their power bills and to enlist them as grassroots advocates for affordable energy and climate policies.

"Barring any monumental shift in the prevailing attitude of Congress," he said, "we will soon see carbon dioxide regulated at the federal level." English urged co-op leaders to look beyond the polarizing rhetoric and become engaged in a fast-tracked policy debate that will bring "seismic change to the electricity business."

He predicted that any success co-ops have in protecting consumers from excessive increases in their electric bills would be in direct proportion to the amount of political strength they could demonstrate in Washington.

Curtis Wynn of Roanoke Electric Cooperative represented North Carolina's co-ops as their elected member to the NRECA board.

Among the North Carolina delegates who participated in national committee work were David Beam of NCEMC (Cooperative Research Council), Frederick Tedder, Brunswick EMC (Community and Economic Development), Millie Lilley, Edgecombe-Martin County EMC (Member and Public Relations), and Mitchell Keel, Four County EMC (Power and Water Resources).

Carolyn Herr Watts, recently retired senior vice president of Competitive Strategies for NCEMC, was honored during the meeting with the prestigious Clyde T. Ellis Award for a career devoted to furthering the mission of electric cooperatives.

Robert Price, a crew supervisor with Roanoke Electric Cooperative, was a finalist in the "American Co-op Idol" competition that featured co-op employees and directors in a talent show.

Samantha Kerley, an Alleghany County high school senior, represented Blue Ridge Electric and North Carolina on the Youth Leadership Council, which worked on legislative liaison projects and as information sources during the meeting.

Working as sergeants-at-arms throughout the meeting were Roderick Bozard of Halifax EMC, Tommy Greer of NCAEC, Thomas Haeck of Central EMC, and Kenneth Winslow of Albemarle EMC.



# Try This!

**Q:** How much electricity do those new, flat-panel plasma TVs use?



**A:** The average flat-screen LCD televisions today consume 213 watts, while a similar flat-screen plasma TV uses 350 watts. But some plasma TVs can consume as much as 585 watts and drain a continuous 75 watts even when they're off. Plugged in, the TV can cost you \$60 per year, plus \$165 if people watch it for 60 hours a week. Compare that to an older standard 32-inch TV that consumes about 85 watts when it is on and a fraction of a watt when it is off, costing a typical homeowner about \$25 a year.

If you have a new flat-screen model, you could offset the additional kilowatts with some compact fluorescent light bulbs (CFLs). The average incandescent light bulb consumes 60 watts when it's on. At 3 hours a day, that adds up to 65.7 kilowatt-hours (kwh) a year. A replacement CFL uses 14 watts, or 15.3 kwh a year. So, over a year, a CFL will save about 50.4 kwh. At that rate, you'll need to replace 40 60-watt incandescent light bulbs with 14-watt CFLs just to cover the extra cost of operating that worst-case, energy-guzzling plasma TV.

Energy-efficient TVs—LCD, plasma, and otherwise—are becoming available. This November, blue Energy Star labels will appear on all TVs that use less energy when turned on. Current TV labels only indicate how efficient a set is when switched off, in standby mode.

Energy Star, a joint program of the U.S. Environmental Protection Agency and the U.S. Department of Energy, estimates that if all of the TVs sold in the U.S. meet the new requirements, energy savings could grow to \$1 billion a year. Related greenhouse gas emissions, meanwhile, would be reduced by the equivalent of taking about 1 million cars off the road.

If you're not in the market for a new TV, you can still cut back on the electricity your old set uses by adjusting the picture settings. The brighter the screen, the more energy it needs. Also, the small stream of electricity a TV draws while in standby mode can be eliminated by unplugging it, or by plugging it into a power strip that can be switched off.

## Can you help others save energy?

Send your conservation ideas or questions to us.

P.O.Box 27306, Raleigh, NC 27611, or E-mail: [editor@carolinacountry.com](mailto:editor@carolinacountry.com)

## More crews went to Kentucky

North Carolina's electric cooperatives in January and February sent line crews to Kentucky to assist the electric cooperatives in that state with power restoration efforts after a storm produced massive ice accumulation on trees and lines. Last month we reported on the first wave of help that went west. In the end, the following co-ops sent crews, including trucks and other mobile support vehicles: Albemarle EMC, Blue Ridge EMC, Brunswick EMC, Central EMC, Edgecombe-Martin County EMC, EnergyUnited, Halifax EMC, Haywood EMC, Jones-Onslow EMC, Lumbee River EMC, Pee Dee EMC, Piedmont EMC, Randolph EMC, Roanoke Electric, Rutherford EMC, South River EMC, Union Power Cooperative.

The deployment of crews is part of a mutual aid agreement shared between the nation's nearly 1,000 electric cooperatives to help one another in times of emergency. Electric cooperatives use the same line system engineering standards, which means line crews from any part of the country can help sister cooperatives in restoration efforts.



*Delegates from North Carolina's electric cooperatives visited General Assembly representatives in Raleigh in February to discuss legislative issues affecting co-op business and their communities. In photo above top, Rep. Cullie Tarleton, a Watauga County Democrat, meets with Blue Ridge Electric's board president Kenneth Greene and secretary-treasurer Joy Coffey. In photo above bottom, Rep. Bryan Holloway, a Stokes County Republican, meets with Surry-Yadkin EMC directors Toby Speaks and Willard Swift.*



## WHERE IN CAROLINA COUNTRY IS THIS? →



### March winner

Many of you knew that the March picture showed the Old Brunswick County Jail on the corner of Rhett and Nash streets in Southport, across from the Old Burying Ground. Built in 1904, the jail includes two cells, each with four bunks, and is maintained by The Southport Historical Society. The 1986 film "Crimes of the Heart," filmed in Southport, included a scene in which Sissy Spacek lands in this jail. Of more than 100 correct answers, the \$25 winner chosen at random was Hayleigh Goodwin of Danbury, a member of EnergyUnited.

This is a Carolina Country scene in Touchstone Energy territory. If you know where it is, send your answer by April 8 with your name, address, phone number and the name of your electric cooperative.

**By e-mail:** [where@carolinacountry.com](mailto:where@carolinacountry.com)

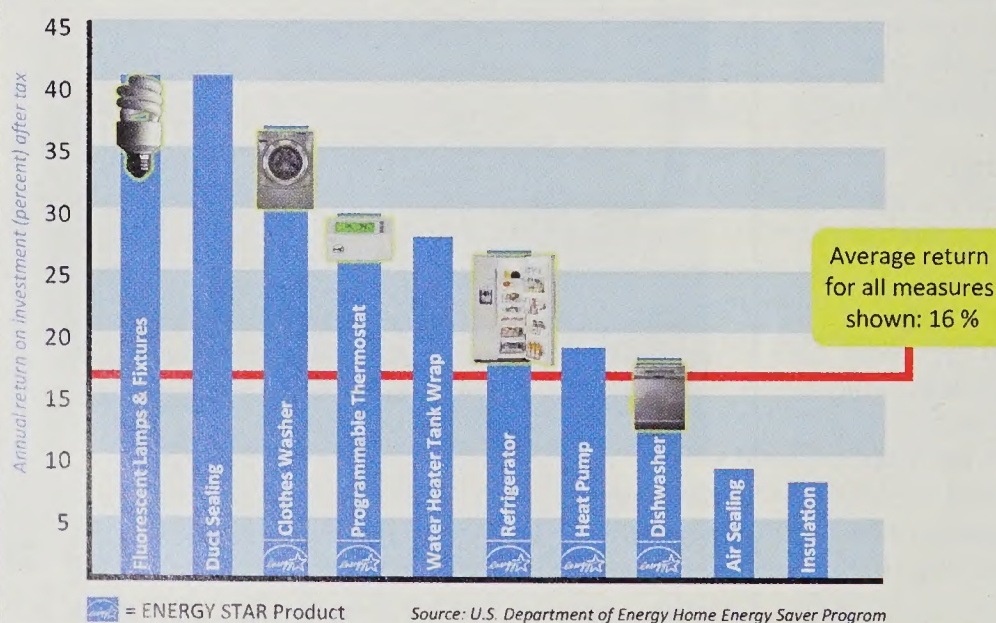
**Or by mail:** Where in Carolina Country?  
P.O. Box 27306  
Raleigh, NC 27611

The winner, chosen at random and announced in our May issue, will receive \$25.



### A Solid Investment: Efficiency Upgrades Offer Financial Benefit

Adopting the following 10 energy efficiency measures in a typical home yields nearly \$600 in annual bill savings, providing an average 16 percent return on investment.



### Water use affects power costs

Water use and electricity go hand in hand. Heating water can account for 14 to 25 percent of the total energy consumed in a typical home. If your home receives water from a well or spring, the pump also draws power. So when we use water, hot or cold, we're also using energy.

You can significantly reduce hot water consumption by simply repairing leaks in fixtures—faucets and showerheads—or pipes. A leak of one drip per second can cost \$1 per month.

You can also reduce water heating costs in a matter of seconds by lowering the thermostat setting on your water heater. For each 10 degrees reduction in temperature, you can save between 3 and 5 percent in energy costs.

Adding insulation to your water heater can save around 4 to 9 percent in costs. A tank that's warm to the touch needs additional insulation.

For more tips on saving water and energy, visit [www.energysavers.gov](http://www.energysavers.gov).



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# My Granddaughter I Wish You Life's Greatest Blessings ITALIAN CHARM BRACELET



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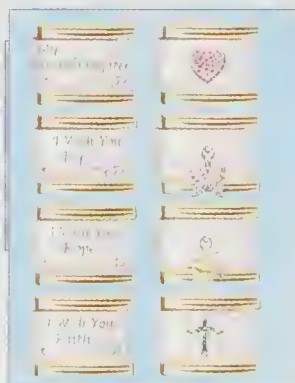
- ♥ When each day dawns, I wish you Joy ...
- ♥ With all my heart and soul, I wish you Love ...
- ♥ When you follow your dreams, I wish you Hope ...
- ♥ When you're in doubt, I wish you Faith ...
- ♥ When your spirit takes flight, I wish you Peace ...

Based on a poem written by  
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# We need more electric power, but at what cost?

**Rising energy costs and climate change policies demand solutions that keep consumers in mind**

*By Megan McKoy and Scott Gates*

Why are electric rates rising?

Let's compare the factors behind rising electricity rates to buying a car.

Electric cooperatives have grown to the point that we need more power and can't rely only on plants built decades ago. It's like a car that's paid for. To replace it with a new one will be more expensive than continuing to run on our old one.

Buying a car burdens a household budget—paying for the loan, maintenance, fuel—but the vehicle continues to provide reliable transportation even after the last payment is made. Costs for electricity are similar. It's expensive to build a power plant. But once it's paid for consumers can rely on a facility that will turn out reliable, affordable electricity for decades.

The United States last went through a power plant building surge—and spike in electric rates—in the late 1970s and early 1980s. But according to John Holt, senior principal of generation and fuel with the National Rural Electric Cooperative Association (NRECA), the growth in demand for electricity didn't materialize as expected. As a result, most utilities didn't need additional power plants for 20 or so years, and the cost of electricity leveled out.

## Changing energy policy

With demand for electricity rising once more and capacity maxed out, utilities will need to build power plants once again. Over the next decade, co-ops nationally must build 21,000 megawatts of new generating capacity just to keep the lights on. But what worked in the 1970s, '80s, and '90s may not get the job done in 2009 and beyond.

For one thing, energy and climate change policies under consideration in Washington, D.C., may limit the diversity of fuels available.

"When you look at the Obama administration and the makeup of Congress, there's not much question they're going to take up a climate change bill, and they likely will pass one," explains NRECA CEO Glenn English. "It's clear that on the federal level, as well as in many states, lawmakers simply do not want to see anymore coal-fired power plants built until we can cost-effectively remove and store the carbon emitted. This opposition will likely spill over to any generation using carbon-based fuels, such as natural gas.

"Co-ops recognize that to ensure a reliable supply of power there are going to be substantial increases in costs," he adds. "The question then becomes: 'What can we do to minimize those increases? And what can we do to help our members continue to afford electric power?'"

North Carolina co-ops meet approximately 50 percent of their power requirements from nuclear generation, which does not emit carbon dioxide. Nuclear power will continue to be an important part of the power supply, but there's more that co-ops are doing.



## Co-ops lead efficiency efforts

A commitment to energy efficiency can reduce overall demand for electric power.

"We've got to tap government programs to help reduce the amount of power low-income consumers need," says English. "These folks, who have hardest time paying electric bills, also have the least efficient homes. Efficient use of energy is a good tool for helping to mitigate rate increases, and it's also the right thing to do."

Like co-ops across the U.S., all North Carolina's electric cooperatives actively promote energy efficiency or conservation in one program or another.

The Electric Power Research Institute, a Palo Alto, Calif.-based non-profit research consortium made up of electric utilities, including electric cooperatives, estimates that a concentrated national focus on efficiency involving all classes of consumers could result in annual energy savings of 22 percent.


## "Our Energy, Our Future"

Electric cooperatives nationwide are engaged in an effort to work with Congress to achieve an energy future that allows a diverse energy supply, efficiency standards and affordable rates.

"It's not a case where you can sit back and expect somebody to take care of you," says NRECA's English. "It's a case in which we've all got to work together. Electric co-op consumers provide a tremendous amount of political strength that helps us take a lot of rough edges off of legislation."

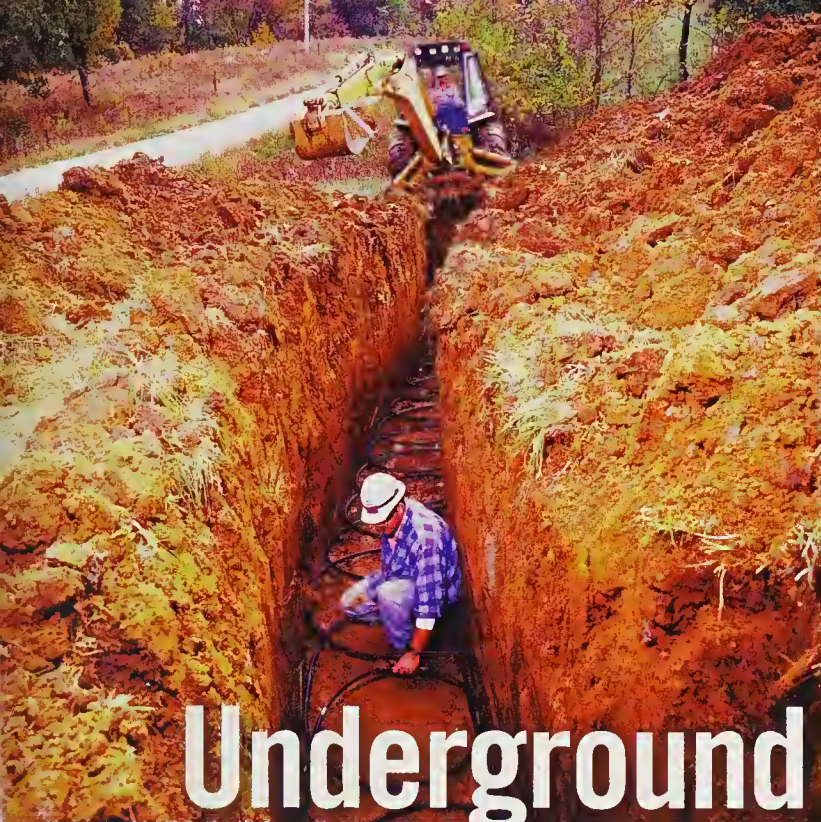
This year, "Our Energy, Our Future" looks for co-op consumers to ask their U.S. representative and senators if Congress will work with electric cooperatives to make sure reliable power is available at a price consumers can afford.

For information on a balanced energy policy, call toll-free 877-40-BALANCE (877-402-2526). Or go online to [www.findabalancedsolution.com](http://www.findabalancedsolution.com)

To send a message to your Congressional representatives, go to [www.ourenergy.coop](http://www.ourenergy.coop) 

*Megan McKoy and Scott Gates write on consumer and cooperative affairs for the National Rural Electric Cooperative Association.*





# Underground or Overhead POWER LINES?

Cooperatives consider all angles when building and repairing power lines.

Underground lines are much more expensive,  
but there are times and places where they make sense.

*By Kristie Aldridge*

**T**he debate about which distribution system is more practical—overhead power lines or underground power lines—presents itself after almost every major storm, like a hurricane or ice storm, in our state. Each system carries its own set of benefits as well as concerns, and North Carolina's electric cooperatives consider these carefully on a case-by-case basis when installing new distribution lines.


Underground lines are most frequently installed when a new development or subdivision is being built, which is also when the installation of underground lines makes the most economic sense. In these cases, electric cooperatives comply with zoning ordinances or developers' requests, and the costs are usually absorbed in a developer's pricing structure.

Since underground lines became practical in the early 1990s, developers, especially those in high-end or resort communities, have more frequently requested the installation of underground lines, mainly for aesthetic reasons. Underground lines cost three to four times as much as overhead lines, but they limit visual pollution and are well protected from damage caused by ice and wind, including falling trees and branches.

**Although underground lines  
are protected from damage,  
they are harder to repair  
than overhead lines.**

Although underground lines are protected from damage, they are harder to repair than overhead lines. Faults on the line are more difficult to find, and as a result, it takes longer for the repair to be made. Repairs to underground lines are also more costly and time consuming than those to made overhead lines. However, overhead lines are more likely than underground lines to suffer damage because they are exposed to ice and wind. Even though overhead lines are more susceptible to outages than their underground counterparts, the reliability of overhead distribution lines

remains strong. In the absence of a severe storm, electric cooperative members rarely experience much more than dimming lights. And as repairs and upgrades are made to the electric infrastructure system, reliability will further increase.

Just as they did decades ago, North Carolina's electric cooperatives serve their members with reliability and affordability in mind, and each cooperative will continue to independently weigh the benefits and concerns when choosing between overhead and underground lines. 

*Kristie Aldridge is senior communication specialist for the N.C. Association of Electric Cooperatives.*



# Does Congress have a plan to fight climate change?

☐

YES

☐

NO

Welcome to the debate.

Right now Congress is debating climate change policy that could put our rural electric cooperative system at risk. And it could leave many Americans unable to afford their electric bills. To avoid an energy and economic crisis, our government must provide true

leadership on this issue.

We need to work with them to find balanced, practical solutions that will address climate change and provide us the reliable power we'll need in the future. It's time to make your voice heard in the energy debate. No one can afford to sit this one out.


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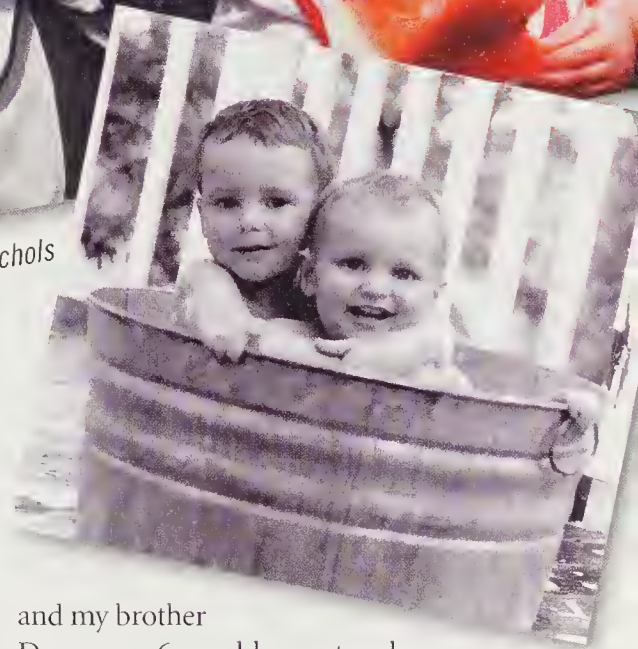
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Landon and Luke Nichols



# In the good old summertime

The blackberry patch, the drive-in movie, Vacation Bible School, down by the river, and other memories of summers gone by



My little sister, Ruthanna, and I think our summers are old-fashioned.

## Blackberries, bugs and the brook

I'm only 10 years old, but my summers are old-fashioned. Every summer Mama, my little sister and I pick blackberries to sell. My grandma said that when she was little they used to put kerosene around their belly buttons to protect them from red bugs. We aren't bothered by them because we wear long sleeves and leggings. One summer when we were picking blackberries on a steep hill, Mama fell but she didn't get hurt. But we laughed!

In summer we also walk through the woods to the brook where we've seen rabbits, deer and even smelled and heard a skunk. This might seem boring to some kids, but I love my old-fashioned summers.

Lydia Horne, Marshville, Pee Dee EMC

## Summers on the farm

The summers of the late 1950s and 1960s were wonderful to me as a child. I was raised with Christian values and in a Christian home, and I thank my parents for this. We farmed and raised our own meat and vegetables. My mom had me in 4-H where I learned to can, cook and sew. My dad had me involved with dairy cattle, and I would show my cows at the fair. We raised tobacco

and my brother

Danny, age 6, would go out and put the harness on the old mule, Kate, and then walk down the road to the tobacco field before daylight. My brother Tony was smaller, and while we would hoe tobacco he would get gone and we would find him asleep in the terrace between the tobacco rows with a yellow hard hat on and his red rubber boots.

The summer days were full of hard work, but Mom and Dad always made sure we had a vacation. We would go to White Lake or Myrtle Beach, but we could not stay over three days. We had to get back to the farm.

We always had fresh watermelon from the farm to eat on hot days, and we never wore shoes. I would fuss over bath time because I had it in my head that we should just take a bath on Saturdays. We loved playing in the dirt and making mud pies and green moss houses out in the woods. We would stay gone all day.

We passed those memories down to the grandchildren (above) whose grandmother is Carolyn Nichols and their grandfather, Grady V. Nichols, a Surry-Yadkin EMC board member since 1975.

Sherry Brindle, Mt. Airy, Surry-Yadkin EMC

continued on page 16



Thanks to everyone who sent in stories and pictures of old-fashioned North Carolina summers. We received more than 200 and wish we could publish more. You can see more on our Web site. Next month we'll publish descriptions and photos of your "dream house." [Deadline was March 15.] For more themes and the rules of our "Nothing Could Be Finer" series, see page 17.





*United Presbyterian Church Vacation Bible School, June 12–19, 1955.*

## *Vacation Bible School on summer wee ays*

When I think of an old-fashioned summer I think of Vacation Bible School, picnics at the lake, trips to the beach and those spiny, pickling cucumbers.

The rural church where I grew up would have Vacation Bible School Monday through Friday from 9 to 11 a.m. It was necessary to have it soon after school dismissed for the summer so that when tobacco harvesting time came along we were free to work. Although my community continues to be a rural farm area, most women hold public jobs as opposed to the 50s and 60s when most moms stayed home with their children. Therefore, these days Bible School is usually held at night or on Saturday.

We did have one job during Bible School week—the dreadful, back-breaking task of picking cucumbers. As much as we hated it, we knew if we didn't pick those cukes there would be no extra money for church camp or trips to the lake and beach. Yes, Vacation Bible School was a special week for us. The Bible lessons, the crafts and those delicious marshmallow-crackers and lemonade have definitely left fond memories of summers in the old days.

*Judy Barefoot Lee, Newton Grove  
South River EMC*

## *The Midway Drive-In Theater*

When I was a kid, a favorite summertime treat was going to the Midway Drive-In Theater situated between High Point and Thomasville. We would all pile into my daddy's '51 Ford and set out

at dusk. I remember the lady at the ticket window would have fantastically colored hair—sometimes pink, sometimes blue—which really fascinated me.

We always arrived with enough daylight left for me and my brother and sisters to run up under the gigantic screen and play on the swings and merry-go-round. If it had rained, there would be a great big mud hole half way around the merry-go-round which we would drag our bare feet through as we spun around.

I remember the excitement when it would get just dark enough and the first images would flicker on. We would run back to the car to watch the cartoons and advertisements shown before the movie. My brother and I would be allowed to sit outside on one of the cement islands that held the pole and speakers and have a speaker all to ourselves.

Momma always packed a big brown grocery sack with homemade hot dogs wrapped in waxed paper. Sometimes we got to have Cokes on ice from the concession stand. There was nothing like sitting out there in the dark with the warm summer air, a cold, sweating paper cup, and one of Momma's hot dogs with chili. I don't really remember any of the movies we saw.

When my husband and I were dating and then newly married, we would still go to the Midway Drive-In. I once tried packing a sack of homemade hot dogs, wrapped them in waxed paper and everything. It was not the same.

*Pam Thayer, Trinity, EnergyUnited*

## *Fishing the Pamlico*

I grew up in Lowland, Pamlico County. My dad would say, "It's at the end of the world and across the bridge. There's one way in and one way out!" This is a community where fishing was and is a way of life for most of my family. In the early 1970s, Dad (Benny Charles Leary) and Mom (Sharon) would have their friends, Coy and Swannie Turner, from Pink Hill, come to spend the weekend—a weekend full of fishing, laughing and eating.

Dad would gather all the fishing poles, bait, drinks and pork skins. They would head out in the boat from the docks of Oyster Creek Landing, and he would take them to the hot spots to fish. He would say, "You have to think like a fish and a crab." I guess it was true because he always knew where to go for the best catch. Aunt Swannie could fish in white pants and come home clean. Her husband, Coy, was always eager and ready to remove her caught fish and re-bait her hook. Most of the time Coy would let his hook just dangle in the water and not pay a lot of attention to it. Usually by the end of the day he would catch the biggest fish.

My mom and Swannie would cook an awesome meal, and they would sit around the table an hour or so talking and laughing. Some napping, too!

Times have changed. My father and Uncle Coy have passed away, and Mom and Swannie only see each other occasionally.

This is in memory of Benny Charles Leary and Coy Turner who knew how to catch some nice-sized fish.

*Aimee Leary Rowe, Lowland, Tideland EMC*



*From left: Coy and Swannie Turner with my dad after a good day of fishing in the 1970s.*





*My mom, Evelyn Smith Kelly, diving at the creek in this picture from 1939.*

### *The cool water of Rockfish Creek*

I grew up in the 1950s and 1960s in Raeford, spending many hot summer days at "The Creek," a place with special charm all its own. It was Rockfish Creek, and it was black swamp water that looked like strong tea. It was cold as ice, and it moved swiftly. The creek was the gathering place for young people as far back as the 1930s and maybe even before. I remember picnics and sunbathing on the white sandy beach that gradually sloped down to the water's edge. We took turns swinging from a rope and dropping off into the bone chilling water. Roots along the banks were platforms for jumping and diving.

On a sweltering summer day nothing felt better than to head to the creek to cool off. The sandy road which led there was walking distance from town. Today the same road is paved with asphalt and lined with beautiful homes. A fenced in area with goats blocks off the beach and the access to the once very busy place to be on a hot summer day—The Creek.

*Shirley Knapp Brutko, Kings Mountain, Rutherford EMC*

### *The precious box fan*

Recently I was in Wal-Mart and purchased an \$11 box fan. Once I got home, I immediately commenced to showing off this jewel. I call it a jewel because of the fond memories it gives

me once its power is turned on.

My grandmother lived in a two-story farmhouse in Macon. I remember so well the sound and the breeze of the box fans she had placed throughout the house. On hot summer nights the fan would sing me a lullaby to sleep. After a hot summer morning working in the garden, my grandmother and I would shell butter beans and shuck corn in front of a box fan. So you can imagine the old and new stories that were told during this rich time.

I know I sound silly to some calling a box fan a jewel, but to me my \$11 purchase is worth a million dollars of great memories.

*Jessica Saunders, Macon, Halifax EMC*

### *The sandy side of heaven*

My dad was a teacher with summers off, and those weeks were the best part of the year in a glorious place that was still relatively undiscovered. Back



*Hauling nets on the Outer Banks years ago.*

then summer meant Nags Head on the Outer Banks, or at least six weeks of it.

It was a carefree time of adventure. You could swim in the ocean any time, fish from the surf, walk to the pier with friends, or catch all the crabs you could eat if you knew the right spot. Jockey's Ridge was Mount Olympus, and you were a god. You could see all the way to Africa, or at least you thought so. The best part was the ride down the steepest slope on a big piece of cardboard. At the other end of the spectrum, you could find clams with your toes in the sandy bottom of the shallow sound. You could explore the Nags Head Woods, find an old graveyard, or go to Oregon Inlet in the late afternoon when the fishing boats returned with their catch from the Gulf Stream.

Nags Head was the sandy side of heaven. ☺

*Sally N. Haines, Swansboro, Carteret-Craven Electric*

## send us your best **EARN \$50**

Here are the themes in our "Nothing Could Be Finer" series. Send us your stories and pictures about these themes. If yours is chosen for publication, we'll send you \$50. You don't have to be the best writer. Just tell it from your heart.

#### June 2009

##### **Dumb Exercises**

Send stories of those exercise routines or machines that really didn't do any good.

*Deadline: April 15*

#### July 2009

##### **Summer Recipes**

Recipes using summer foods.

*Deadline: May 15*

#### August 2009

##### **Advice From Parents**

As a parent, how would you like to see your local schools operated?

*Deadline: June 15*

1. Approximately 200 words or less.
2. One entry per household per month.
3. Photos are welcome. Digital photos should be a minimum of 1200 by 800 pixels.
4. E-mailed or typed, if possible. Otherwise, make it legible.

5. Include your name, electric co-op, mailing address and phone number.
6. If you want your entry returned, please include a self-addressed, stamped envelope. (We will not return others.)
7. We pay \$50 for each submission published. We retain reprint rights.

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(800)445-6486

Lumbee River Electric Co-op  
Red Springs, NC  
[www.lumbeeriver.com](http://www.lumbeeriver.com)  
(800)683-5571

Tideland EMC  
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Or call your local cooperative and tell them you would like to know more about Marathon LIFETIME water heaters. Be sure to ask about any member discounts, or rebates that may be available.

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# Getting To Know...

## Kristine Tsuya "Kristi" Yamaguchi

**Born:** July 12, 1971

**Known for:** American figure skater and two-time World champion

**Accomplishments:** A third-generation Japanese-American, Yamaguchi was born to a dentist and medical secretary and grew up in Fremont, Ca. Her grandparents were put in an American internment camp, where Yamaguchi's mother was born, during World War II. No stranger to hardships, Yamaguchi began skating as physical therapy for her club feet. She won pairs titles in 1988, 1989 and 1990, and then concentrated on singles competition. At the 1992 Winter Olympics she won the singles gold medal, and the 1991 and 1992 World Championships. In 2005, she was inducted in the U.S. Olympic Hall of Fame. Last year, Yamaguchi became the celebrity champion on the TV show "Dancing with the Stars." Yamaguchi toured on the pro competition circuit and with "Stars on Ice" for many years. She established the Always Dream Foundation for disadvantaged children, and is the author of "Always Dream," "Pure Gold" and "Figure Skating for Dummies." She has played herself in the movies "D2: The Mighty Ducks" and "Go Figure" and performed in numerous TV specials. Her honors include the Sonja Henie Award and Great Sports Legends Award and membership in the World Skating Hall of Fame. She is married to professional hockey player Bret Hedican, and until recently they lived with their two daughters in Raleigh.



John Russo

## WORLD'S LARGEST FRYING PAN

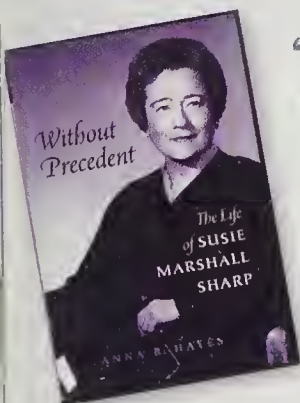
This humongous skillet is in the state's very own Rose Hill, in Duplin County. It was built in 1963 for a poultry jubilee to honor area growers, and can hold up to 365 chickens at a time. The wallowing pan, which weighs two tons and spans 15 feet across, sits in a pavilion on the town square and is still used for community fundraisers. The town keeps a cover over it, but you can view



vintage photographs of past jubilees on display there. Rose Hill is just off Interstate 40, and is also home to the South's oldest winery, Duplin Winery.

## Do you know...

that fourth-grade students at a Wilson County school petitioned the North Carolina General Assembly to make the sweet potato the Official State Vegetable? Their letter-writing campaign eventually involved the entire community and led to the official creation of the state symbol in 1995. It makes sense—North Carolina leads other states in sweet potato production.



## "THE LIFE OF SUSIE MARSHALL SHARP"

The first woman judge in North Carolina and the first woman in the U.S. to be elected chief justice of a state supreme court, Susie Marshall Sharp (1907–1996) broke new ground. When she retired in 1979, she left a

legacy earned from her pursuit of honesty in judges and humane conditions in prisons. In a new biography, author Anna Hayes presents Sharp's career as an attorney, judge and politician within the context of the social mores, the legal profession and political battles of her day, and illuminates it with a revealing examination of Sharp's family background, personality and rich private life. "Without Precedent: The Life of Susie Marshall Sharp" tells the story of a complicated, pioneering woman. Hardcover, 559 pages, \$35. To order, call (800) 848-6224 or [www.uncpress.unc.edu](http://www.uncpress.unc.edu)

## Earth Day in NC

The first Earth Day was held in 1970, to put environmental issues into the political limelight. This year, it's on April 22. Festivities on or near that day include eco-celebrations at the North Carolina Museum of Natural Sciences in Raleigh, Central Piedmont Community College in Charlotte, University of North Carolina at Asheville and North Carolina Aquarium at Pine Knoll Shores. For activities near you, visit [www.earthday.net](http://www.earthday.net) and type in your town.



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## Video celebrates Haywood County

A new video, "200 Years of Home," highlights the beauty, history and people of Haywood County. This unique peek at the towns of Waynesville, Maggie Valley, Canton and Clyde and their surrounding communities and mountains covers area activities and attractions, including farming, hiking, clogging and shopping. History clips take a look at the first electricity in the mountains, old logging camps and the Plott Hound. The video's interviews and nature scenes were shot in high definition, and feature the music of Balsam range and Raymond Fairchild. Co-sponsored by Haywood EMC and produced by Stellar Media in Candler, "200 Years of Home" is 30 minutes long and costs \$19.95.

(828) 667-8004

[www.stellamediaonline.com](http://www.stellamediaonline.com)

## They cover the waterfront

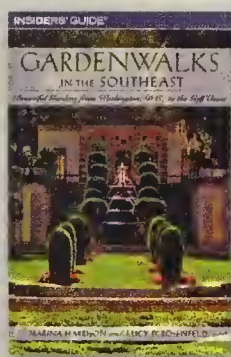
Eastern North Carolina is known for its beautiful ocean beaches, fabulous fishing and navigable inland waters. Located to cover waterways and shorelines from Pamlico County to Pender County and coastal places in between, Waterfront Magazine features information on boating equipment, which fish are running, seafood restaurants and coastal places to visit. Published four times a year by NCCoast Communications in Morehead City, annual subscriptions are \$10 annually.

(800) 525.1403

[www.nccoastwaterfront.com](http://www.nccoastwaterfront.com)

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## on the bookshelf

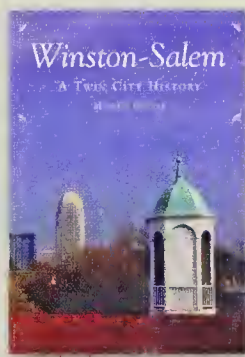


### Gardenwalks in the Southeast

This guide to exceptional gardens takes you to nature and wildflower preserves, sculpture and architectural gardens,

arboretums and conservatories, Colonial gardens, Asian settings, tropical gardens and more. The book highlights more than 100 destinations from Washington, D.C., through Virginia, Kentucky, Tennessee, North Carolina, South Carolina, Georgia, Florida, Mississippi, Alabama and Louisiana. The North Carolina gardens listed include well-known ones such as Elizabethan Gardens of Manteo and Tryon Palace Gardens in New Bern, as well as little-known gems such as Elizabeth Holmes Hurley Park in Salisbury, Sandhills Horticultural Gardens in Pinehurst and the gardens at Wilkes Community College in Wilkesboro. Written by travel guide-book writers Marina Harrison and Lucy D. Rosenfeld and published by Globe Pequot Press. Softcover, 304 pages, \$14.95.

(888) 249-7586

[www.insidersguide.com](http://www.insidersguide.com)

### Winston-Salem: A Twin City History

Conventional versions of Winston-Salem's past have tended to focus on the city's famed

public figures and wealthy businessmen, but this book also uncovers stories of the workers who built the tobacco and textile industries that made the city what it is today. In an entertaining approach, author Michael Bricker presents an account that spans from the development of Moravian Salem and industrial Winston to the modern day. He also discusses the effects of the Civil War, the Industrial Revolution, Prohibition, the Great Depression and the Cold War upon the Twin City. Published by The History Press in Charleston, S.C. Softcover, 160 pages, \$21.99.

(866) 457-5971

[www.historypress.net](http://www.historypress.net)

### Architectural History of Richmond County

This comprehensive book details the history of 284 architectural properties,

dating from 1794 to 2005, in Richmond County. The book begins with an illustrated essay introduction of the county's history from the days of the American Indians through 2005. Historical property descriptions in Ellerbe, Hamlet and Rockingham follow. The largest part of the book contains descriptions and photographs of properties in the remainder of the county and includes an index of property and owners' names. All descriptions feature at least one photograph, with a total of 529 photographs, most never published before now. Published by Donning Publishers of Virginia Beach, Va. Hardcover, 351 pages, \$75. The book can be ordered by calling the phone number below, or you can send a check to Richmond County Historical Society, P.O. Box 1764, Rockingham, NC, 28380. Add \$5 per book for shipping and handling.

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	Male	Female	Male	Female	Male	Female		Male	Female	Male	Female	Male	Female
30	10.24	9.36	11.16	10.28	17.94	16.19	50	20.39	16.98	30.19	24.28	56.00	44.19
31	10.24	9.36	11.59	10.72	18.81	17.06	51	21.53	18.03	31.94	25.81	59.50	47.25
32	10.33	9.45	12.03	10.94	19.69	17.50	52	22.84	19.08	33.91	27.34	63.44	50.31
33	10.33	9.45	12.47	11.38	20.56	18.38	53	24.33	20.30	36.09	29.09	67.81	53.81
34	10.33	9.45	12.91	11.81	21.44	19.25	54	25.99	21.70	38.94	31.50	73.50	58.63
35	10.41	9.54	13.56	12.47	22.75	20.56	55	27.91	23.19	42.00	33.91	79.63	63.44
36	10.59	9.63	13.78	12.69	23.19	21.00	56	29.58	23.89	45.50	35.44	86.63	66.50
37	10.85	9.89	13.78	12.69	23.19	21.00	57	31.59	24.68	49.66	36.97	94.94	69.56
38	11.29	10.24	14.00	12.91	23.63	21.44	58	33.95	25.64	54.03	38.72	103.69	73.06
39	11.73	10.68	14.22	13.13	24.06	21.88	59	36.58	26.69	59.72	41.13	115.06	77.88
40	11.90	10.76	14.44	13.34	24.50	22.31	60	40.25	28.18	65.84	43.53	127.31	82.69
41	12.51	11.38	15.09	14.00	25.81	23.63	61	42.61	29.23	72.41	47.25	140.44	90.13
42	13.04	11.73	15.97	14.66	27.56	24.94	62	45.94	30.71	79.84	51.41	155.31	98.44
43	13.56	12.16	17.06	15.53	29.75	26.69	63	49.61	32.38	87.72	56.00	171.06	107.63
44	14.18	12.78	18.16	16.41	31.94	28.44	64	55.21	34.91	98.00	61.91	191.63	119.44
45	14.96	13.39	19.47	17.50	34.56	30.63	65	61.25	37.45	109.38	68.47	214.38	132.56
46	15.84	14.09	21.00	18.59	37.63	32.81	66	69.74	43.23	121.19	77.88	238.00	151.38
47	16.89	14.79	22.97	19.69	41.56	35.00	67	79.98	49.26	134.53	88.59	264.69	172.81
48	17.94	15.40	24.94	21.00	45.50	37.63	68	91.88	56.26	148.75	99.97	293.13	195.56
49	19.08	16.19	27.34	22.53	50.31	40.69	69	105.44	64.23	167.56	114.84	330.75	225.31

Premiums illustrated represent 10 year level term insurance with guaranteed level premiums for 10 years. \$100,000 rates are LTG Ultra-C 10 [policy form no. LTG-C01AG Preferred Plus Non-tobacco]. \$250,000 - \$500,000 rates are Select-A-Term [policy form no. 07007 Preferred Plus Non-tobacco]. This coverage features a level death benefit with fully guaranteed level premiums for the first 10 years with coverage to expire at age 95. The policy may be continued on ART at the end of the level premium period without evidence of insurability until the anniversary nearest the insured's 95th birthday. It is issued by American General Life Insurance Company, Houston, TX. Medical examination required. Premiums increase at the end of the guaranteed term if policy is renewed. Premiums for other rate classes, age and payment plans are available upon request. Death benefit remains level and is payable in lump sum, or installments, if so elected. The insurance company may contest the policy for two years from date of policy issue for material misstatements or omissions on the application. Death benefit payable from any cause, except suicide within first two policy years. In the event of suicide in the first two years, policy benefit is limited to return of premium paid. **NOT AVAILABLE IN ALL STATES.** American General Life Insurance Company is a member of the American International Group, Inc. The underwriting risks, financial obligations and support functions associated with the products issued by American General Life Insurance Company are its responsibility. American General Life is responsible for its own individual financial condition and contractual obligations. Rates subject to change.

### Application Request Form

The information you provide will be kept in strict confidence.

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_ ☐ MALE ☐ FEMALE  
AMT. OF INS. DESIRED \_\_\_\_\_  
HOME PH# \_\_\_\_\_ WORK PH# \_\_\_\_\_  
BENEFICIARY \_\_\_\_\_ AGE \_\_\_\_\_  
SIGNATURE \_\_\_\_\_

The best time to call me is: ( ☐ Home ☐ Work )

☐ 8-10 am ☐ 10-12 ☐ 12-2pm ☐ 2-4 ☐ 4-6 ☐ 6-8 ☐ 8-9

I wish to pay my premiums: ☐ Annually ☐ Monthly Bank Draft

ADDITIONAL APPLICATION REQUESTED FOR:

NAME \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_ ☐ MALE ☐ FEMALE  
AMT. OF INS. DESIRED \_\_\_\_\_

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# April Events



Joan Marcus

Bring your children to see the new "Max & Ruby" musical at Cole Auditorium in Hamlet on April 4 at 11 a.m. or 4 p.m. Call (910) 410-1691 or visit [www.richmondcc.edu/ColeIndex.html](http://www.richmondcc.edu/ColeIndex.html) to learn more.

## ONGOING

### "Colors of the World"

Laser light show  
Through April, Rocky Mount  
(252) 972-1167  
[www.rockymountnc.gov/museum](http://www.rockymountnc.gov/museum)

### "A View from Space"

Through May 2, Oxford  
(919) 693-9706  
[www.granvillemuseumnc.org](http://www.granvillemuseumnc.org)

### "Masters of the Night"

NC Arboretum  
Traveling exhibit about bats  
Through May 10, Asheville  
(828) 665-2492

### Masterworks from the

New Orleans Museum of Art  
Through June 21, Charlotte  
(704) 337-2009  
[www.mintmuseum.org](http://www.mintmuseum.org)

### "Inside Africa"

Through 2009, Rocky Mount  
(252) 972-1167  
[www.rockymountnc.gov/museum](http://www.rockymountnc.gov/museum)

### "Stars of the Pharaohs"

Through 2009, Rocky Mount  
(252) 972-1167  
[www.rockymountnc.gov/museum](http://www.rockymountnc.gov/museum)

### "Through the Eyes of Kyle

Steichen: Images of Bethabara"  
April 5–26, Winston-Salem  
(336) 924-8191  
[www.bethabarpark.org](http://www.bethabarpark.org)

Poplar Grove Farmers Market  
April 8 through Dec. 16, Wilmington  
(910) 686-9510  
[www.poplargrove.com](http://www.poplargrove.com)

Dan Finch & The Finch  
Studio Potter's Exhibition  
April 30 through Aug. 1, Seagrove  
(336) 731-2789  
[www.ncpotterycenter.com](http://www.ncpotterycenter.com)

## 1

Azalea Festival  
April 1–5, Wilmington  
(910) 794-4650  
[www.ncazaleafestival.org](http://www.ncazaleafestival.org)

Lazy O Farm Easter Egg Dayz  
April 1–18, Smithfield  
(919) 934-1132  
[www.johnstoncountync.org](http://www.johnstoncountync.org)

## 2

"American Masterpieces" Ballet  
Boone, (828) 262-4046  
[www.pas.appstate.edu](http://www.pas.appstate.edu)

Marie Brenner, Speaker  
Women Making History Luncheon  
Charlotte, (704) 568-1774  
[www.charlottenmuseum.org](http://www.charlottenmuseum.org)

"All's Well That Ends Well"  
East Carolina University  
April 2–7, Greenville  
(252) 328-6829  
[www.ecu.edu/theatredance](http://www.ecu.edu/theatredance)

## 3

Stanley Jordan  
Solo jazz concert  
Sanford  
(919) 776-3272  
[www.carolinajazz.com](http://www.carolinajazz.com)

Country Music Showcase  
April 3–4, Smithfield  
(919) 209-2099  
[www.johnstoncountync.org](http://www.johnstoncountync.org)

## 4

Art & Garden Show  
Knightdale  
(919) 266-5496  
[www.freechildstudio.com](http://www.freechildstudio.com)

Max & Ruby Children's Show  
Hamlet  
(910) 410-1691  
[www.richmondcc.edu/coleindex.html](http://www.richmondcc.edu/coleindex.html)

Kite Day  
Winston-Salem  
(336) 924-8191  
[www.bethabarpark.org](http://www.bethabarpark.org)

Community Wood Firing  
Seagrove Pottery, Seagrove  
(336) 873-8430  
[www.ncpotterycenter.com](http://www.ncpotterycenter.com)

Shackleford Banks Island Hike  
Beaufort  
(252) 728-7317  
[www.ncmaritimemuseum.org](http://www.ncmaritimemuseum.org)

Trout Derby  
April 4–5, Blowing Rock  
(828) 295-4636  
[www.blowingrock.com](http://www.blowingrock.com)

NC Renaissance Faire  
April 4–5, Wake Forest  
(800) 838-3006  
[www.ncrenfaire.com](http://www.ncrenfaire.com)

4-H Horse Show & Clinic  
April 4–5, Williamston  
(252) 341-9475  
[www.justhorsinround.com](http://www.justhorsinround.com)

## 5

"Alexander and the Terrible,  
Horrible, No Good, Very Bad Day"  
Smithfield  
(919) 209-2099  
[www.johnstoncountync.org](http://www.johnstoncountync.org)

## 7

Erma Drum Poetry Festival  
Poetry contest  
Shelby  
(704) 484-2787  
[www.ccartsCouncil.org](http://www.ccartsCouncil.org)

## 10

Chapter 6  
A capella vocal band  
Spindale  
(828) 245-1492  
[www.FoundationShows.org](http://www.FoundationShows.org)

Outdoor Easter Drama  
Tarboro  
(252) 827-1874  
[www.pinetopsumc.org](http://www.pinetopsumc.org)

SERHA Spring  
Celebration & Derby  
Horse Show  
April 10–12, Williamston  
(813) 426-5707  
[www.SERHA.info](http://www.SERHA.info)

## 11

Krusin' Kenly  
Classic car parade,  
crafts, yard sales  
Kenly  
(919) 284-5510

Davis & Dow: Jazz Divas  
Blowing Rock  
(828) 295-0112  
[www.hayescenter.org](http://www.hayescenter.org)

Easter Egg Hunt  
McGee's Crossroads, Angier  
(919) 934-1700  
[www.johnstoncountync.org](http://www.johnstoncountync.org)

Easter Egg Hunt—  
RSVP Required!  
Latta Plantation, Charlotte  
(704) 875-2312  
[www.lattaplantation.org](http://www.lattaplantation.org)

Car Classic  
Autos from 1910–1980  
Selma  
(919) 202-0483  
[www.johnstoncountync.org](http://www.johnstoncountync.org)

## 12

Easter Sunrise Service  
Chimney Rock Park  
(828) 245-1492  
[www.chimneyrockpark.com](http://www.chimneyrockpark.com)

## 14

Glen Davis Memorial Concert  
Bluegrass, jazz & pop music  
Asheboro  
(336) 241-2497

Marine Life Collecting Cruise  
Beaufort  
(252) 728-7317  
[www.ncmaritimemuseum.org](http://www.ncmaritimemuseum.org)



## 16

**ECMHC Spring Fling**

Horse Show  
April 16–19, Williamston  
(336) 655-5360  
[www.ECMHC.com](http://www.ECMHC.com)

**Food & Wine Festival**

April 16–19, Blowing Rock  
(877) 295-7965  
[www.blueridgewinefestival.com](http://www.blueridgewinefestival.com)

## 17

**John McEuen Concert**

Blowing Rock  
(828) 295-0112  
[www.hayescenter.org](http://www.hayescenter.org)

**Mrs. Stonewall Jackson**

One-woman show by  
impressionist Nora Brooks  
Lenoir  
(828) 758-4004  
[www.caldwellheritagemuseum.org](http://www.caldwellheritagemuseum.org)

**Quilt Show**

April 17–18, Kernersville  
(336) 887-3375  
<http://hotq.tripod.com>

**Home and Garden Tour**

April 17–18, New Bern  
(252) 638-8558  
[www.newbernhistorical.org](http://www.newbernhistorical.org)

**Seagrove Pottery Festival**

April 17–19, Greensboro  
(336) 873-7887  
[www.greensborocoliseum.com](http://www.greensborocoliseum.com)

**Haliwa-Saponi Annual Powwow**

April 17–19, Hollister  
(252) 586-4017

**Big Lick Antique Festival,  
Gun & Knife Show**

April 17–19, Oakboro  
(704) 485-4906  
[www.hinsonauction.com](http://www.hinsonauction.com)

**"Lend Me A Tenor"**

April 17–19 & 24–25, Smithfield  
(919) 934-1873  
[www.johnstoncountync.org](http://www.johnstoncountync.org)

## 18

**Tour de Cure Cycling Event**

From Chesapeake, VA to Manteo  
(757) 455-6335  
[www.roanokeisland.com](http://www.roanokeisland.com)

**Horse Show Series**

Smithfield  
(919) 934-1344

**"Faces for the Center"**

Fundraiser auction  
for NC Pottery Center  
Seagrove  
(336) 873-8430  
[www.ncpotterycenter.com](http://www.ncpotterycenter.com)

**Nautical Tool & Tag Sale**

Beaufort  
(252) 728-7317  
[www.ncmaritimemuseum.org](http://www.ncmaritimemuseum.org)

**Blazing Bluegrass Bonfire**

Golden Valley  
(800) 849-5998  
[www.ignitethenightseries.com](http://www.ignitethenightseries.com)

**"Plant-Sale-a-Bration"**

Smithfield  
(919) 209-2052

**Gatlin Brothers Concert**

Smithfield  
(919) 209-2099

**"Tangle of Tales"**

Grey Seal Puppets  
Wake Forest  
(919) 554-4654

**Homes Tour and Art Show**

Emerald Isle  
(252) 354-3611

**Spring Herb & Plant Festival**

Concord  
(704) 782-2714  
[www.piedmont-farmersmarket.com](http://www.piedmont-farmersmarket.com)

**Bark in the Park**

Contests, agility demonstrations  
Chimney Rock Park  
(828) 245-1492  
[www.chimneyrockpark.com](http://www.chimneyrockpark.com)

**Fire on the Rock  
Chef's Challenge**

April 18–19, Blowing Rock  
(877) 295-7965  
[www.blueridgewinefestival.com](http://www.blueridgewinefestival.com)

**Spring Kiln Openings**

April 18–19, Seagrove  
(336) 873-8430  
[www.ncpotterycenter.com](http://www.ncpotterycenter.com)

## 19

**Early Arrivals Guided Bird Walk**

Chimney Rock Park  
(828) 245-1492  
[www.chimneyrockpark.com](http://www.chimneyrockpark.com)

## 22

**Wine & Food Festival**

April 22–26, Beaufort  
(800) 786-6962  
[www.beaufortwineandfood.com](http://www.beaufortwineandfood.com)

**"Keep on the Sunny Side"**

Musical on Carter family  
April 26–May 14, Flat Rock  
(828) 693-0731  
[www.flatrockplayhouse.org](http://www.flatrockplayhouse.org)

## 23

**Sundown in Downtown**

Band of Oz concert  
Benson  
(919) 894-3825

**MerleFest**

April 23–26, Wilkesboro  
(336) 838-6267  
[www.merlefest.org](http://www.merlefest.org)

**Dance 2009**

Ballet, modern, jazz, and tap dance  
April 23–28, Greenville  
(252) 328-6829  
[www.ecu.edu/theatredance](http://www.ecu.edu/theatredance)

## 24

**DISTURBED: Music  
As A Weapon Tour**

Fayetteville  
(800) 745-3000  
[www.atthecrown.com](http://www.atthecrown.com)

**Antiques Festival**

April 24–25, Liberty  
(336) 622-3040  
[www.libertyantiquesfestival.com](http://www.libertyantiquesfestival.com)

**Pilgrimage of Historic  
Edenton & Countryside**

Private homes tour  
April 24–25, Edenton  
(800) 775-0111

## 25

**Kathy Mattea Concert**

Clayton  
(919) 553-1737

**Living History:**

**Stoneman's Raid Re-enacted**  
Lenoir  
(828) 758-4004  
[www.caldwellheritagemuseum.org](http://www.caldwellheritagemuseum.org)

**Family Day—All About Boats**

Beaufort  
(252) 728-7317  
[www.ncmaritimemuseum.org](http://www.ncmaritimemuseum.org)

**Farm Festival**

Hendersonville  
(828) 891-6585  
[www.historicjohnsonfarm.org](http://www.historicjohnsonfarm.org)

**Fred Smith Company  
Charity Challenge**

Triathlon and festival  
Clayton  
(919) 921-0676

**Wildflower Wonders**

Chimney Rock Park  
(828) 245-1492  
[www.chimneyrockpark.com](http://www.chimneyrockpark.com)

**Hoofing It By Mule  
Across NC**

Bernie Harberts relates  
his journey  
Spencer  
(704) 636-2889  
[www.nctrans.org](http://www.nctrans.org)

**Quilt Show**

Dallas  
(704) 648-4910

**Livingston Taylor Concert**

Blowing Rock  
(828) 295-0112  
[www.hayescenter.org](http://www.hayescenter.org)

**Queen's Cup Steeplechase**

Mineral Springs  
(704) 843-7070  
[www.queenscup.org](http://www.queenscup.org)

**Open Horse Show**

April 25–26, Williamston  
(252) 799-0334  
[www.EastCoastHorses.com](http://www.EastCoastHorses.com)

## 26

**Wooden Boat Festival**

April 26–May 2  
Beaufort  
(252) 728-7317  
[www.ncmaritimemuseum.org](http://www.ncmaritimemuseum.org)

**Bentonville's Confederate  
Memorial Day**

Four Oaks  
(910) 594-0789

**Kinobe and Soul Beat Africa**

African traditional & contemporary  
world music  
(252) 475-1500  
[www.roanokeisland.com](http://www.roanokeisland.com)

**A Serenade to Music Concert**

Hertford  
(252) 426-5891

## 27

**"Movin' Out" Musical**

Pembroke  
(910) 521-6409  
[www.uncc.edu/gpac](http://www.uncc.edu/gpac)

## 30

**"High School Musical 2"**

April 30–May 9, Blowing Rock  
(828) 295-0112  
[www.hayescenter.org](http://www.hayescenter.org)

**"One Flew Over The Cuckoo's Nest"**

April 30–May 16, New Bern  
(252) 633-0567  
[www.newberncivictheatre.org](http://www.newberncivictheatre.org)

**Mac Frampton—  
An American Portrait**

Hamlet  
(910) 410-1691  
[www.richmondcc.edu](http://www.richmondcc.edu)

**Listing Information**

**Deadlines:**  
For June: April 24  
For July: May 24

**Submit Listings Online:**

Visit [www.carolinacountry.com](http://www.carolinacountry.com) and click "See NC" to add your event to the magazine and/or our Web site. Or e-mail [events@carolinacountry.com](mailto:events@carolinacountry.com)





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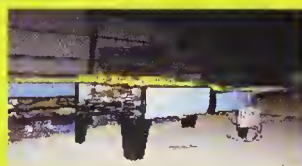
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Sample Loan	Payment*	Term*	Rate*	APR*
\$75,000.00	\$398.05	30 YR. Fixed	4.90%	5.21%
\$125,000.00	\$663.41	30 YR. Fixed	4.90%	5.12%
\$165,000.00	\$875.70	30 YR. Fixed	4.90%	5.06%
\$235,000.00	\$1,243.64	30 YR. Fixed	4.87%	5.03%
\$325,000.00	\$1,719.93	30 YR. Fixed	4.87%	4.98%

Samples are **Fixed Rate** conforming loans, 75 LTV rate/term transactions and 720 FICO scores. All products allow principle payments at any time without penalty. All rates and terms subject to change with market conditions. Other Rates, Terms and Products available. Call about Cash Out, FHA to 95%, Debt Consolidation, JUMBO Loans, Double Wide w/Land and MORE! Ask about our 40, 20, 15 and 10 year terms and Interest only programs to get your **LOWEST** payment!



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4.87%

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- Home Improvements • Previous Bankruptcy OK
- Not So Perfect Credit



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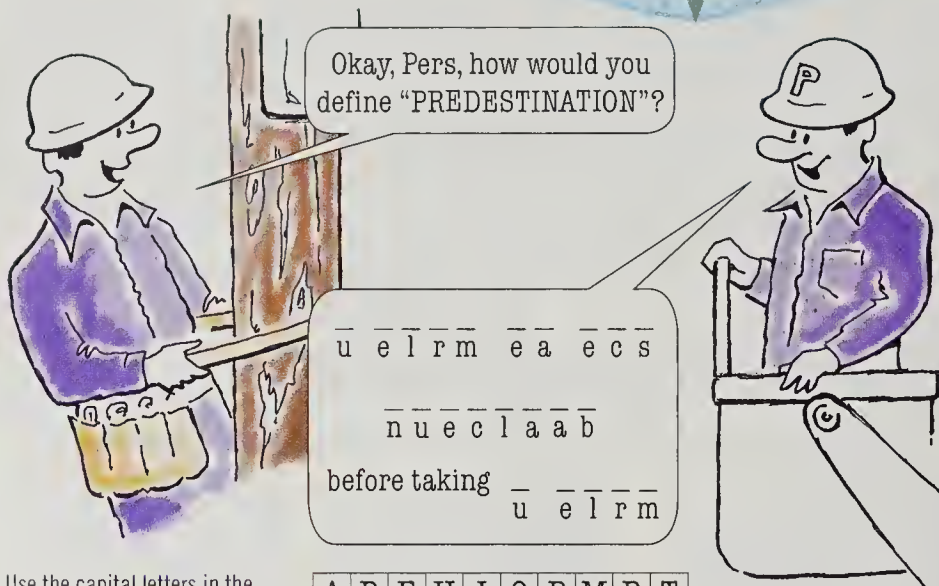
IT'S A  
TASTY  
NOON  
SUN  
SOLVE IT

PERCY P. CASSIDY  
A TRIP TO THE  
BATHROOM BEFORE  
TAKING A TRIP

JOYNER'S CORNER ANSWERS:



## PERCY P. CASSIDY POLES APART



Use the capital letters in the code clue to the right to fill in the blanks above.

A	B	E	H	I	O	P	M	R	T
u	n	s	c	r	a	m	b	l	e

u e l r m e a e c s  
n u e c l a a b  
before taking u e l r m

## SOLVE IT

Nantahala is the name of the largest of four national forests in North Carolina, and of the river that runs through it. The name is a Cherokee Indian word meaning **Land of the**

l v v l o s t e i l

Use the capital letters in the code clue below to fill in the blanks above.

A D N O S U Y means  
s o l v e i t

Photo is courtesy NC Division Travel and Tourism



## ARITHME-TRiCK

Here's an **ARITHME-TRiCK** that will astound and confound your friends—most of them, anyway.

Have someone name two two-digit numbers at random. For example, 42 and 38. Now hand your friend a pocket calculator and have him or her multiply the two numbers. While this is being done, write down a number on a small piece of paper and put it in your pocket.

When your friend finishes the multiplication problem have her add the digits in her answer to get a one or two digit number. If the answer comprises two digits, add these two. When the answer is reduced to one digit (the digital root), get your friend to tell you the result. In this example the answer will be 3.

Now take the piece of paper out of your pocket and show it around. You have written on it the number 3! Here is how your friend arrived at it:

$$42 \times 38 = 1596$$

$$1+5+9+6 = 21$$

$$2+1 = 3$$

(the digital root of 1,596)

And here is how you arrived at it in seconds:

$$4+2 = 6 \quad 3+8 = 11$$

$$1+1 = 2$$

$$6 \times 2 = 12$$

$$1 + 2 = 3 \text{ (the digital root of 12)}$$

All you had to do was remember the two numbers your friend chose, long enough to calculate their digital roots (6 and 2), and multiply them to get 12, then add 1 and 2 to get 3, the digit you wrote down and put in your pocket. This procedure will work every time, regardless of the two numbers chosen.

To "sum up," the digital root of the product of two numbers equals the digital root of the product of the two numbers' digital roots. When you are asked to explain how you did it, just tell them that!

Your secret probably will be safe.

## UNSCRAMBLIT

Luck is what happens when

meets

a m n a u m u b s r c

r a a r m b l c s b e

—Seneca (born 5 b.c.)

Use the capital letters in the code clue below to fill in the blanks above.

"A E I N O P R T U Y" means  
u n s c r a m b l e

For answers, please see page 25



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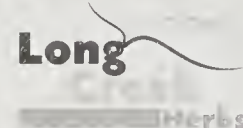
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## Masons in the garden

The orchard mason bee (*Osmia lignaria*) is among more than 3,500 species of native North American bees that pollinate wild plants, commercial crops and gardens. Between 250 and 750 orchard mason bees can pollinate an entire acre of apples. This bee, also called the blue orchard bee because of its dark blue color, is a bit smaller than a honeybee. Because they don't work cooperatively in hives, masons are among the "solitary bees" (though they don't mind nesting close to others of their species).

Orchard mason bees look for natural cavities like hollow stems and insect holes in which to nest—they do no excavation of their own. Orchard mason bees are easy to attract by drilling holes of proper sizes in wooden blocks. You can also buy special paper straws or tubes and ready-made housing from beekeeping suppliers. The bees are gentle, beneficial and fun to observe. The overwintering adults emerge in early spring—March or April, in these parts—to mate and collect pollen and nectar to provision their nests, which they seal with mud. They do their work quickly—over a period of about four to six weeks—after which the adults die. The young develop and mature within the nests and emerge the following spring. For "nest block" construction plans and other instructions for raising and managing orchard mason bees, visit [www.ces.ncsu.edu/depts/ent/notes/Other/note109/note109.html](http://www.ces.ncsu.edu/depts/ent/notes/Other/note109/note109.html). Another good resource can be found at [www.attra.org/attra-pub/nativebee.html](http://www.attra.org/attra-pub/nativebee.html).

## Mystic™ dahlias

Mystic™ is a new series of dahlias distinguished by striking dark foliage—deep mahogany to black—and a compact (18–36 inches), mounded form. 'Best Bett' (Mystic Spirit) has soft-apricot flowers with a dark eye. 'Kapow' (Mystic Dreamer) has pink-and-white candy-striped flowers. 'Scarlet Fern' (Mystic Desire) has scarlet-red flowers. 'Knockout' (Mystic Illusion) has bright-yellow flowers with dark-orange centers; it performed beautifully in trials at the J.C. Raulston Arboretum in Raleigh in 2007, in spite of drought conditions. Grow these dahlias in organically rich soil in full sun, or plant them in containers.

## Divine vines

Annual vines are charming, versatile and fast-growing, providing a quick show of foliage and flowers. They can be trained along vertical supports like fence posts, porch columns, trellises and arbors; allowed to spill from hanging baskets; or left to ramble along the ground. Look for seeds of black-eyed Susan vine, vining nasturtiums, moonflowers, scarlet runner beans, cypress vine, hyacinth bean and Spanish flag. Morning glories are among the most popular annual vines due to their vigor and profuse blooms (but site them carefully, as they may reseed so enthusiastically as to be weedy). A particularly unusual morning glory is 'Picotee Blue', which bears purple, star-shaped flowers with a delicate outline of white. 'Flying Saucers' has white-and-purple streaked flowers that are 5 inches across.



*The overwintering adult orchard mason bees emerge in early spring—March or April, in these parts—to mate and collect pollen and nectar to provision their nests.*

## Hort Shorts

- ▶ When mulching beds with shredded bark, apply no more than 4 inches. Too thick a layer can create a barrier that keeps water from entering. When mulching trees, don't pile mulch against the trunk. Leave a depression in the center, and keep the inside rim at least 12 inches from the trunk. Think doughnut—not volcano.
- ▶ If you want to divide daffodils to increase your stock or invigorate old clumps, wait until after the blooming period when the leaves have died back. The leaves produce food that is stored in the bulbs, essential for next year's flowers. Once foliage has yellowed and withered, you can lift and store the bulbs. Or mark the location and dig and replant bulbs in fall. 🌱



Carla Burgess can be reached at [ncgardenshare@mindspring.com](mailto:ncgardenshare@mindspring.com).

For more gardening advice, go to the "Carolina Gardens" section of [www.carolinacountry.com](http://www.carolinacountry.com).



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## Understanding heat transfer basics can help you prioritize projects

Each house is unique, and home energy improvements that may make economic sense for one may not be best for another. Understanding how heat moves into and out of a house can help homeowners prioritize projects.

A sound understanding of how a house loses heat (in the winter) and gains heat (in the summer) can help when making any energy improvement decisions. The first step is learning the basics of heat transfer—how heat moves from one object to another.

A basic misunderstanding about heat is that it flows upward. Although hot air does rise because it is less dense than cool air, heat itself, as a form of electromagnetic energy, is unaffected by gravity and flows in all directions. For example, if you put a heating element in the center of a metal block, the bottom will get just as hot as the top and sides.

Heat moves through your home in three ways. *Heat conduction* would apply to the metal block example. Conduction is how heat moves through solid material, such as the handle of a cast iron skillet on a stovetop. In your house, this is how most of the heat flows through insulation in the walls, ceiling and so on.

Conduction isn't an issue when outside and inside temperatures are similar. The temperature difference between air on each side of a wall determines how fast heat will flow through it. So for a given wall insulation R-value, if it is 68 degrees indoors and 28 degrees outdoors (making for a 40-degree temperature difference), about twice as much heat will be lost through the wall than when it is 48 degree outdoors (a 20-degree temperature difference).

*Convection* heat transfer is similar to conduction, but it occurs in fluids and gases. When it is windy outdoors, the cold outdoor air increases the heat loss from the wall more than if the air, at the same temperature, was still. This creates the "wind chill" factor weather forecasters often mention.

*Radiation* is the third type of heat transfer, and it is the most difficult to understand. Radiation does not need a transfer material to move heat, be it from a hot stovetop or a blast of cold wind. This is how the sun heats the Earth through millions of miles of empty space. It's also how the top of a steak gets seared in the broiler. Radiant heat transfer is generally more of an issue during the summer, but it cannot be ignored during winter.

Radiant heat transfer increases exponentially as the temperature difference between two areas grows. This isn't a major issue when it's relatively mild outside, but during




*A windbreak of evergreen trees along the north side of a house can reduce convective heat loss and air infiltration. Low evergreen shrubs planted along the foundation also help.*

summer, when a black roof can reach 160 degrees and the inside of your house is 80 degrees (an 80-degree temperature difference), the heat transfer can become a very large number ( $80 \times 80 \times 80 \times 80$ ). This radiant heat is not blocked by standard insulation, but reflective foil under the roof rafters will do the trick.

Applying this knowledge can help in evaluating home improvement options. For example, if there is a particularly cold wall in your house that faces oncoming winds from the northwest, there is likely both conductive and convective heat loss to blame.

Making sure the wall is well insulated is the first step to reduce both modes. Evergreen trees or a privacy fence outside would help block the wind and further reduce convective heat loss. And since heat can flow downward, add some insulation to the band joist immediately above the foundation to reduce conductive heat loss there. Also, use foam caulk to seal along the top of the foundation.

Don't forget the typical heat loss areas of windows, doors and fireplaces. Try to make your windows, doors and fireplace as airtight as possible when not in use. Keep the fireplace glass doors closed when a fire is going.

When you know the causes of heat, you should be able to inspect your home and do a reasonably accurate energy evaluation before tackling projects. For expert advice, ask your electric cooperative about an energy audit. 

*James Dulley is an engineer and syndicated columnist for the National Rural Electric Cooperative Association.*

### Have a question for Jim?

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### Marbled Orange Fudge

- 1½ teaspoons plus ¾ cup butter, divided
- 3 cups sugar
- ¾ cup heavy whipping cream
- 1 package (10 to 12 ounces) vanilla or white chips
- 1 jar (7 ounces) marshmallow crème
- 3 teaspoons orange extract
- 12 drops yellow food coloring
- 5 drops red food coloring

Grease a 13-by-9-by-2-inch pan with 1½ teaspoons butter; set aside. In a heavy saucepan, combine the sugar, cream and remaining butter. Cook and stir over low heat until sugar is dissolved. Bring to a boil; cook and stir for 4 minutes. Remove from the heat; stir in chips and marshmallow crème until smooth.

Remove 1 cup and set aside. Add orange extract and food coloring to the remaining mixture; stir until blended. Pour into prepared pan. Drop reserved marshmallow mixture by tablespoonfuls over the top; cut through with a knife to swirl. Cover and refrigerate until set. Cut into squares.

*Yield: about 2½ pounds*

### Winning reader recipe

#### Sirloin Tips

- 1 to 1½ pounds sirloin tip steak
- 1 can condensed French onion soup
- ½ can water
- 1 can condensed golden mushroom soup
- ½ can water

Cut steak into cubes (bite-size pieces) and place in casserole dish. Pour soups and water over meat; stir. Cover and place in 350 degree oven for 2½ to 3 hours. Remove cover the last 15 to 20 minutes so sauce will thicken up a bit. Serve with rice, noodles or mashed potatoes.

*Faye Gryder of Youngsville, a member of Wake Electric, will receive \$25 for submitting this recipe.*



### Citrus-Rosemary Roasted Chicken

- 2 tablespoons grated onion
- 1 tablespoon minced fresh rosemary
- 2 teaspoons minced fresh marjoram
- 3 garlic cloves, minced
- 1 teaspoon grated grapefruit peel
- ½ teaspoon salt, divided
- ½ teaspoon pepper, divided
- 1 roasting chicken (6 to 7 pounds)
- 1 medium onion, cut into wedges
- 1 small pink grapefruit, peeled, cut into wedges
- 3 fresh rosemary sprigs
- 3 fresh marjoram sprigs
- 2 tablespoons olive oil

In a small bowl, combine the first five ingredients. Add ¼ teaspoon salt and ¼ teaspoon pepper; set aside.

Place chicken on a rack in a shallow roasting pan. Sprinkle remaining salt and pepper inside cavity; fill with onion and grapefruit wedges. With fingers, carefully loosen the skin from both sides of chicken breast. Place rosemary and marjoram sprigs under the skin. Brush chicken with oil; rub with reserved herb mixture.

Bake, uncovered, at 325 degrees for 2½ to 3 hours or until a meat thermometer reads 180 degrees. Let stand for 10–15 minutes. Discard herb sprigs and contents of cavity before slicing.

*Yield: 6 servings*

### Cinnamon Roll Bunnies

- 1 tube (12.4 ounces) refrigerated cinnamon roll dough
- 12 miniature M&M's baking bits
- 4 pink jelly beans
- 24 pieces black shoestring licorice (1 inch)
- 1 drop red food coloring
- Brown decorating gel



Separate dough into eight rolls. Place four rolls on a greased baking sheet. Using a 2-inch biscuit cutter, cut ¾ inch into both sides of remaining rolls to form ears and bow ties. Place ears at the top and a bow tie below each cinnamon roll; pinch to attach. Slightly flatten rolls.

Bake at 400 degrees for 8–10 minutes or until golden brown. Set aside 1½ teaspoon icing. Spread remaining icing over bunnies. Place a baking bit in the center of each bow tie; add remaining baking bits for eyes. Place a jelly bean in each center for nose; attach licorice pieces for whiskers.

Tint reserved icing pink with red food coloring; pipe mouths and outline ears. Pipe edges of bow ties with decorating gel.

*Yield: 4 servings*

Recipes are by Taste of Home magazine, unless otherwise indicated. For a sample copy, send \$2 to Taste of Home, Suite 4321, PO Box 990, Greendale WI 53129-0990. Visit the Web page at [www.tasteofhome.com](http://www.tasteofhome.com).


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## Duke's Lemur Center helps sustain an intelligent but fading species

by Margarita Galvan

In the heart of Durham, cloistered within the oasis of Duke Forest, an unassuming, quiet, serpentine road leads to a wondrous world full of busy primates. The Duke Lemur Center, the only Lemur Center on the planet, offers the rare treat to observe, enjoy and learn about these charming, gentle, intelligent and endangered creatures.

While charting uncharted territory in the scientific and conservation world, the Lemur Center also invites the public of all ages to participate in tours to step into the world these unique beings have to offer. Meet the slow loris, the only poisonous primate. Like something out of a graphic novel, this animal has a neurotoxin in its saliva with which it covers its young to protect them from predators. See the coquerel sifaka lemur featured in PBS's "Zoboomafoo" starring the Kratt Brothers. Learn how ringtailed lemurs spar with each other using foul-smelling scent glands on their wrists. Or, on a special tour, observe these agile animals brachiating through Duke Forest in their natural setting.

The lemur, indigenous to Madagascar, is tragically facing a fleeting existence. The Duke Lemur Center is devoted to conserving this precious species and, in addition to its efforts at home, it has partnered with the Madagascar Fauna Group to work with the Malagasy people in reforestation, sustainable agriculture, and conservation of the dwindling habitat.

### How to visit the Duke Lemur Center

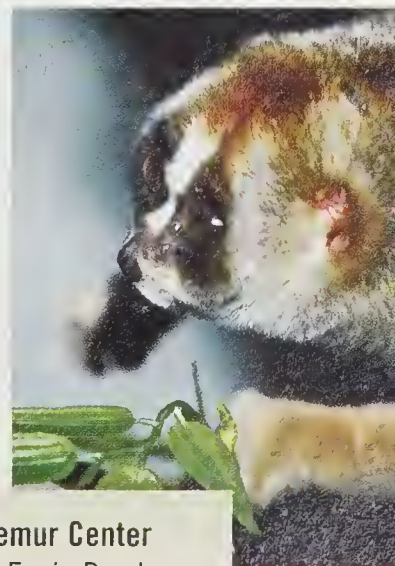
The Duke Lemur Center is available to the public by appointment only. Guided tours are scheduled Monday through Saturday. Contact the Center in advance for tour and fee information.

Two basic tours are available. The first is generally about an hour in length and starts with a short video in a lemur-and-bamboo-muraled classroom. It then proceeds to the holding facility for the lemurs where these beautiful animals can be observed up close. There is nothing canned about the tours as each of the many trained and qualified staff members are knowledgeable and passionate about the Center and its hairy inhabitants. The tour is tailored to the audience, be it a mother and toddler, world-renowned scientist, or anyone in between.

The second is an enclosure tour and would pique the interest of those wishing a more in-depth experience. As soon as the weather permits, many of the lemurs are released into fenced enclosures within 70 acres of Duke Forest where they are able to play and forage in a more natural habitat. After seeing the lemurs in the holding facility, people on this tour will then enjoy the rare opportunity to hike and observe the lemurs in a wild setting. This tour is available only in the warm-weather months—generally April through September—and is several hours long. 📍

*Above: Ring-tailed lemurs*

*Below: Meet the slow loris, the only poisonous primate.*



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# There's No Place Like Home

## Check out your own North Carolina backyard

At one point in the movie “The Wizard of Oz,” Glinda the Good Witch asks Dorothy what she’s learned. Dorothy replies, “If I ever go looking for my heart’s desire again, I won’t look any further than my own backyard.” So forget Europe, forget out West. Take your family and go looking in your own beautiful state.

### How to be an in-state tourist

For overviews of the most common North Carolina destinations—the ones all the tourists visit—as well as intriguing peeks of little-known attractions, contact the North Carolina Travel and Tourism bureau at (800) VISITNC (847-4862) or visit its Web site, [www.visitnc.com](http://www.visitnc.com). Its wealth of resources include a free 2009 tourism guide and

N.C. highway map you can order or download, as well as more than 125 brochures and publications on various attractions and areas.

Another great Web site to surf is [www.wegoplaces.com](http://www.wegoplaces.com). Click on North Carolina and discover why tourists like visiting here so much. Another informative site is [www.roadsideamerica.com](http://www.roadsideamerica.com), which features oddities and curiosities and allows users to write their own reviews. Do you know an oddity or a museum that’s not listed? Submit it and let others in on the secret.

For festivals and shows, Web sites such as [www.festivalusa.com](http://www.festivalusa.com) offer a number of these by state. But the easiest way to find them seems to be to type in “festivals” and North Carolina into a search engine such as Google. Let your

own hobbies and interests be your guide into a fascinating new world.


### Camp in your own backyard

If you’re not sure if your kids like camping—or if being away from indoor plumbing isn’t your idea of fun—pitch your tent in the backyard, with your amenities just a stone’s throw away.

Have your kids help put up the tent, and give them responsibilities such as gathering the sleeping bags and helping with the food. Gather around the grill to cook hotdogs, potatoes and ears of corn wrapped in foil, toast marshmallows, or make s’mores. Campers love banana boats, and they are simple to make. Here’s how: Peel a banana. Wiggle your thumb in it along the inside curve until the banana begins to separate. Fill the new cavity with tiny marshmallows and chocolate chips. Wrap the banana in foil and place in the coals for about 10 minutes. Yum!

Remember, you can even order pizza if you want to keep it easy. The National Wildlife Federation promotes The Great American Backyard Campout every June. Visit the site [www.nwf.org/backyardcampout](http://www.nwf.org/backyardcampout) for its tips, including games, songs and recipes.

### Campsites across N.C.

If you want to camp *and* travel, visit [www.reserveamerica.com](http://www.reserveamerica.com) and search for private campsites in North Carolina. You can search by the type of camping you prefer: tent, RV, cabin or trailer—descriptions will tell you the site’s amenities, fees and booking policies. To browse all that North Carolina’s state parks offer, go to [www.ncparks.gov](http://www.ncparks.gov). It lists all parks and you can search by a park’s name or location. For general information and to order a brochure, you can call (919) 733-4181 or e-mail [parkinfo@ncmail.net](mailto:parkinfo@ncmail.net) 

*Sources for this story include writer Cher Smith, for the National Rural Electric Cooperative Association.*



# Get Your Game On

## Discover the magic of road trip games

By Cher Smith

Automakers have tried to take the boredom out of long hours in the car with the installation of entertainment centers. But watching Dora explore her umpteenth location isn't going to create a family vacation they'll remember years from now. Take a break from the DVD playing in the backseat and make your own memories. Discover the creativity of games played exclusively in the car.

### Slug-bug

Players call out Volkswagen Beetles by color and gain points. In Classic Slug-Bug, the player first calling the bug was allowed to punch a seatmate in the arm. Parents may want to eliminate that part. Count one point for newer Beetles, two points for older. If players call one wrong, they lose a point. If your car passes a cemetery, all the players on that side of the car lose their points.

### The Alphabet Game

There are numerous variations on this game, and you can adapt it for the age of players. Each person must spot a word outside of the car in alphabetical order. For example, the sign "Bridge Ahead" would give a player both the A and B. "School Crossing" would yield the C. Road signs, billboards, even the other cars on the highway count. First one to Z wins the game.

### The Picnic Game

One player starts by saying, "I went to a picnic, and I brought ..." then says an item that begins with the letter A, such as apples. The next player must repeat



the same phrase, including the A word and add a B word. "I went to a picnic, and I brought apples and bananas." Variations on the game include "I went to a concert, and I heard ..." listing musicians, or "I went to a zoo, and I saw ..." naming animals.

### The Geography Game

This game uses cities, states and countries, and will be much more popular than geography in school. The first player names a location. The next player must name a location that starts with the final letter of the previous location. So if the first player says Paris, the second player must name a location that starts with S, such as Saskatchewan, which means player three must name a location that starts with N. To make it even harder, each location can be used only once.

### Six Degrees of Separation

One person names an actor or actress, and another person names a different actor or actress. The race then begins to see who can find a movie connection between them in as few steps as possible. This can be a challenging game with players of different generations. It might take several steps to find a connection between Gene Kelley and Mandy Moore.

### The Never-Ending Story

The story lasts as long as your imagination keeps it going. One person starts a story and stops at an exciting point. The next person takes up the story at that point to keep it going. For a challenging twist for older players, the person who has just finished their part picks a word that must be used by the next person.

### License Plate Lingo

Players compete to make a phrase or a word out of passing cars' license plates. For example, a license plate with the letters "PBF" could be "peanut butter fudge" while the license plate with the letters "TBL" could be "trouble" or "table." The first player to come up with a word or phrase gets a point.

If none of these games gets your imagination going to create your own family fun, a number of games—such as Yahtzee and Sorry!—have travel editions. And don't forget the endless possibilities a deck of cards yields. ♣

*Cher Smith caught the traveling bug on her first trip home from the hospital. She's loved traveling ever since. She's been a writer for almost as long. Cher lives with her family in Colorado.*





# The Randolph County Country Store

By Kay Fetner  
Photography by Ashley Fetner



**T**his country store and gas station appear to have been located here since the 1930s, but actually it was built in 1977 by Darrell Bullins, a collector and restorer of things past.

He salvaged and collected all the building materials at auctions and from homes or buildings that were being demolished or restored. The beams were from an old ammunitions plant in the county. The siding was retrieved from an older home, and the front doors came from a barn. The flooring, windows and beaded ceiling are from a building that was being demolished. The columns for

the foundation as well as the steps are Mount Airy Granite from an old home in Asheboro. The counters inside the store were purchased at a Seagrove area auction.

The pumps and signs outside the store as well as the contents inside the store are all original. There are no reproductions.

Inside, the woodstove is a US Army Cannon Heater found beside a railroad track and burns coal or wood. Coca Cola posters from 1947 came from under a linoleum rug in a home that was being remodeled. There's a kerosene pump circa 1900 from the Brower Pump Company as well as an

1898 patent glass dome for a gas pump. Bank ledgers came from a warehouse sale in Franklinville and date back to 1899 from the Bank of Randolph, the first bank in Randolph County.

When Darrell had collected enough materials, he designed and built the store from photographs and by visiting old stores and gas stations. **G**

*Kay and Ashley Fetner live in Asheboro and are members of Randolph EMC.*

## For information about prints:

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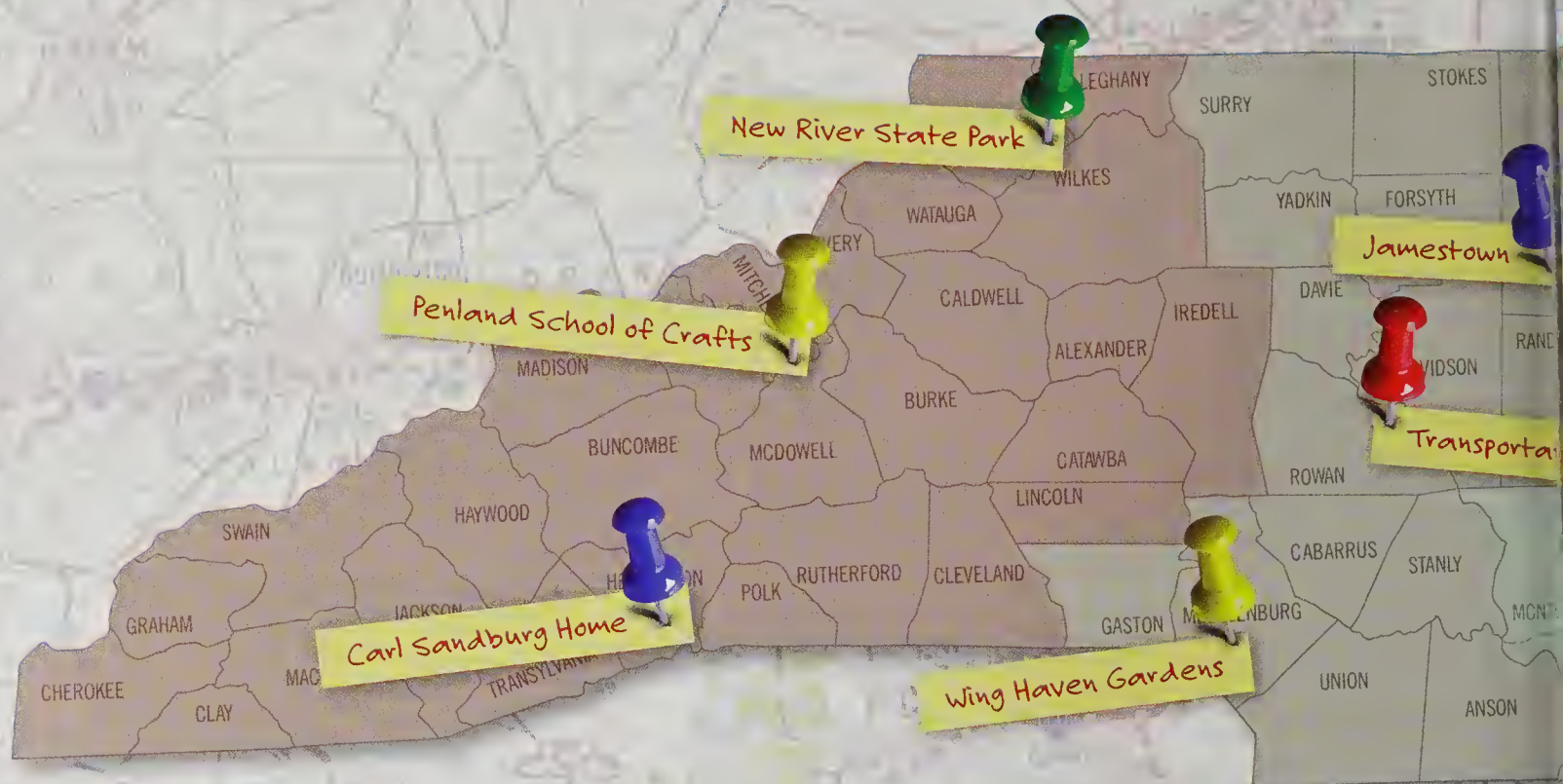
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From one end to the other, North Carolina is about as diverse as any state in the nation. We've got hard gemstones in the west, soft crabs on the coast and red clay in the middle. The tobacco we grow in the mountains is different than what we grow in the east. What we live in, how we drive, what we eat and how we talk varies from one region to another.

Our annual Touchstone Energy Travel Guide encourages you to experience this variety firsthand.

This year we've updated the primary sources of general information about each of five regions and accompany them with a set of Carolina Country Adventures. Among the three adventures for each region are some well-known standbys and some not so familiar, some historical, some recreational, some just plain fun.

As you make your way through this guide and through the countryside, you can be assured that a Touchstone Energy cooperative is nearby.

Thanks to everyone who helped us compile this guide, and to our sponsors:  
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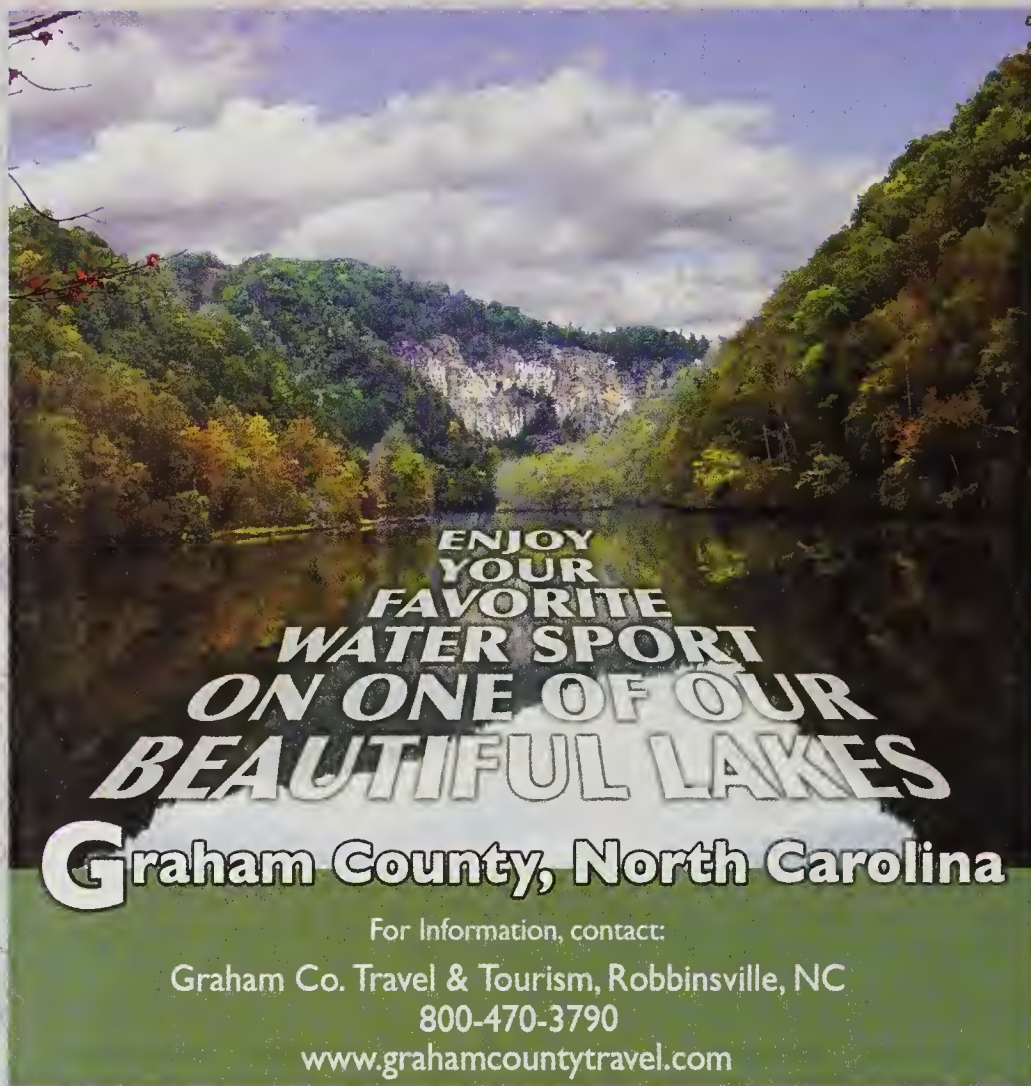
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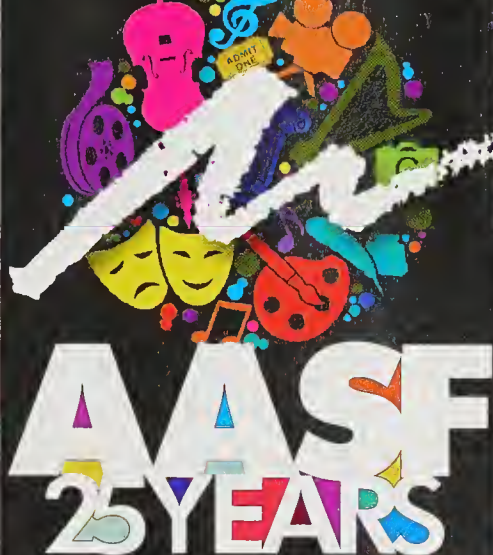
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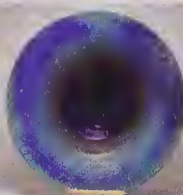
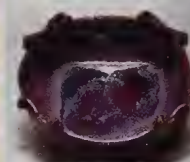
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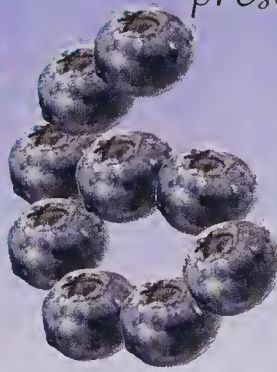
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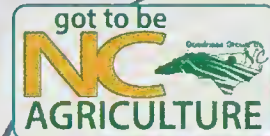
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Photos courtesy NC Travel & Tourism

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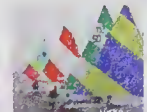
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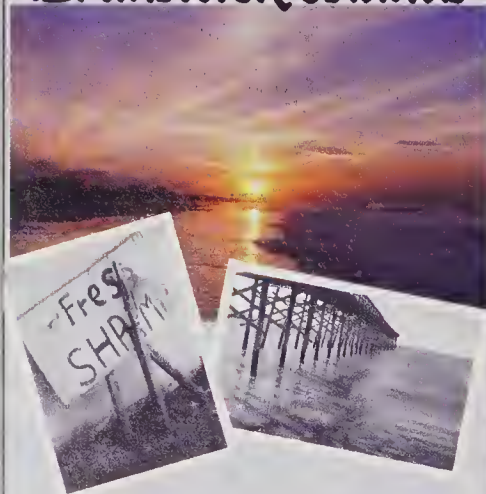
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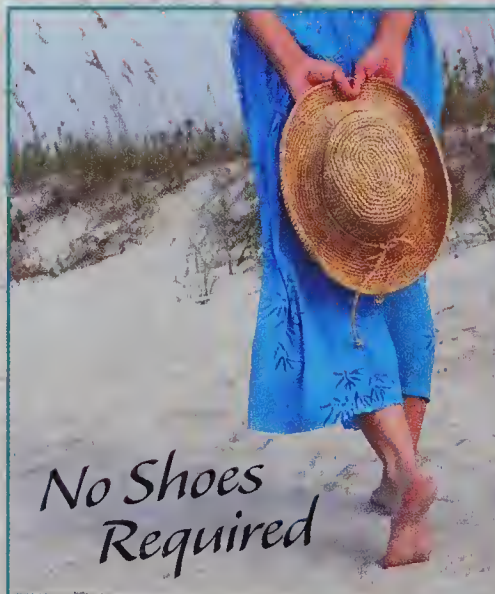
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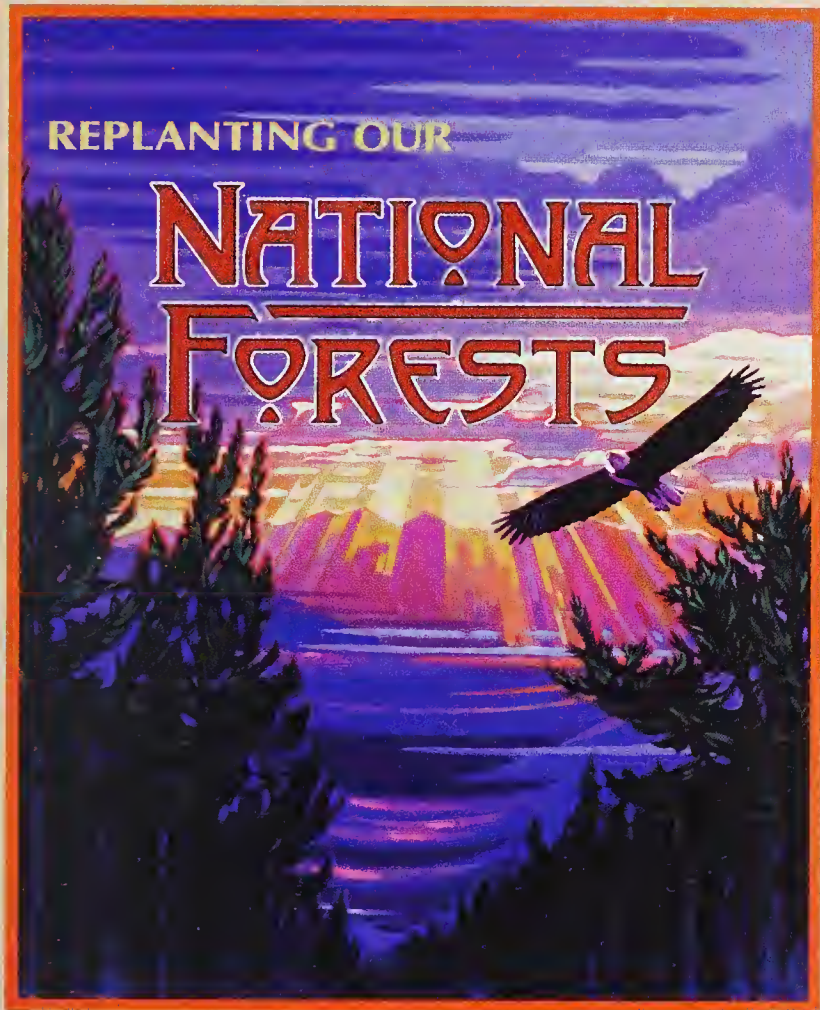
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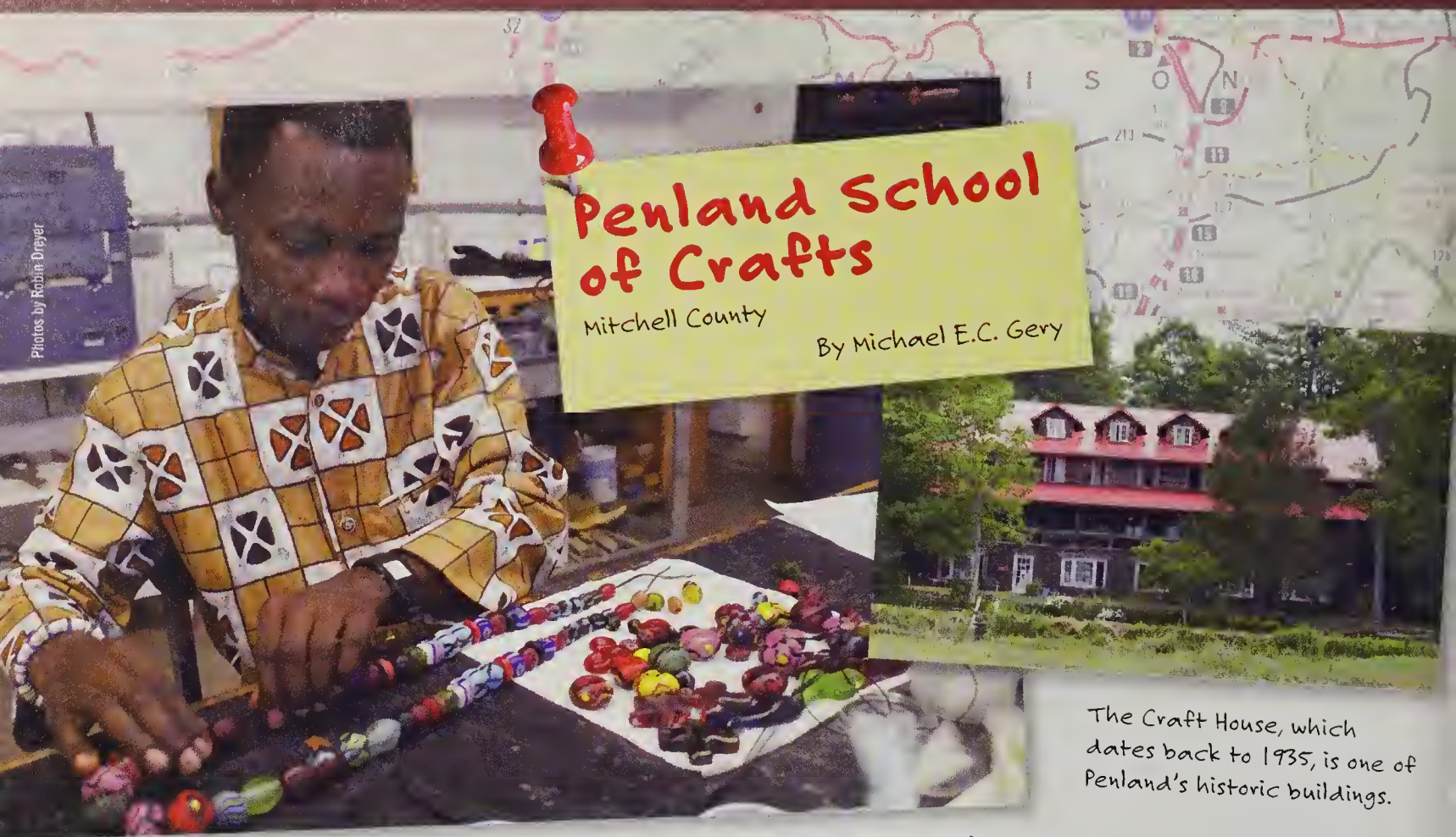
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## Penland School of Crafts

Mitchell County

By Michael E.C. Gery

Penland instructor Cedi Djaba during a workshop on traditional Ghanaian bead making.

The Craft House, which dates back to 1935, is one of Penland's historic buildings.

For many years, the North Carolina mountains have harbored a genius spirit for making inspired hand-crafts. One of the earliest communities arose in Penland, Mitchell County, during the Great Depression. Today, Penland School of Crafts is a world-renowned center for contemporary craft-making and education.

In 1923, Lucy Morgan, a teacher here at the Appalachian Industrial School who became a weaver, established Penland Weavers and Potters to encourage and perpetuate craft-making and give local women an outlet for making and selling their hand work. "Miss Lucy" was devoted to growing Penland into a model for serious craft-making, and she succeeded. As early as 1928 she introduced noted weaving expert Edward F. Worst to her project and by 1933 she had earned an exhibition of crafts at the Chicago Worlds Fair. Her initial idea that the place would stimulate "the joy of creative occupation and a certain togetherness, working with one another in creating the good and the beautiful" guided Penland to the fully-blossomed artistic community it became.

Students come to Penland to learn from master teachers and artists, as well as from one another. Some have settled in these mountain communities and formed vibrant art, music,

education and commercial craft centers. The Toe River Arts Council, with studio-galleries in Spruce Pine and Burnsville, is one example.

A "beautiful, stimulating, transformative and egalitarian place," Penland is a wholly contained community in 49 buildings on some 400 acres of high meadows and woodlands with sweeping views of mountains and valleys. More than 1,000 students of all ages, backgrounds and skill levels come here for the peace and quiet as well as the rigorous and high-level instructional programs. A faculty of about 120 during the year is composed of full-time studio artists along with teachers from college and university programs. They all come together for meals, chores, lectures, exhibitions, demonstrations and celebrations. And they are afforded plenty of time for introspective study and personal growth.

The programs include those in books and paper, clay, drawing, glass, iron, metals, photography, printmaking and letterpress, textiles and wood.

Visitors are welcome to browse the spacious, contemporary gallery and visitor center, where many of the students' and faculty's works are on exhibit and for sale. Tours are conducted through the campus twice weekly (Tuesdays and Thursdays, for reservations call (828) 765-6211). Visitors can stroll through the campus and see the huge log Crafts House and occasionally glimpse resident artists in The Barns at work in their studios. Gallery talks and receptions regularly are open to the public. The gallery and visitor center is open March through December (closed Mondays).

### Penland School of Crafts

P.O. Box 37  
Penland, NC 28765  
(828) 765-2359 or  
(828) 765-6211  
[www.penland.org](http://www.penland.org)



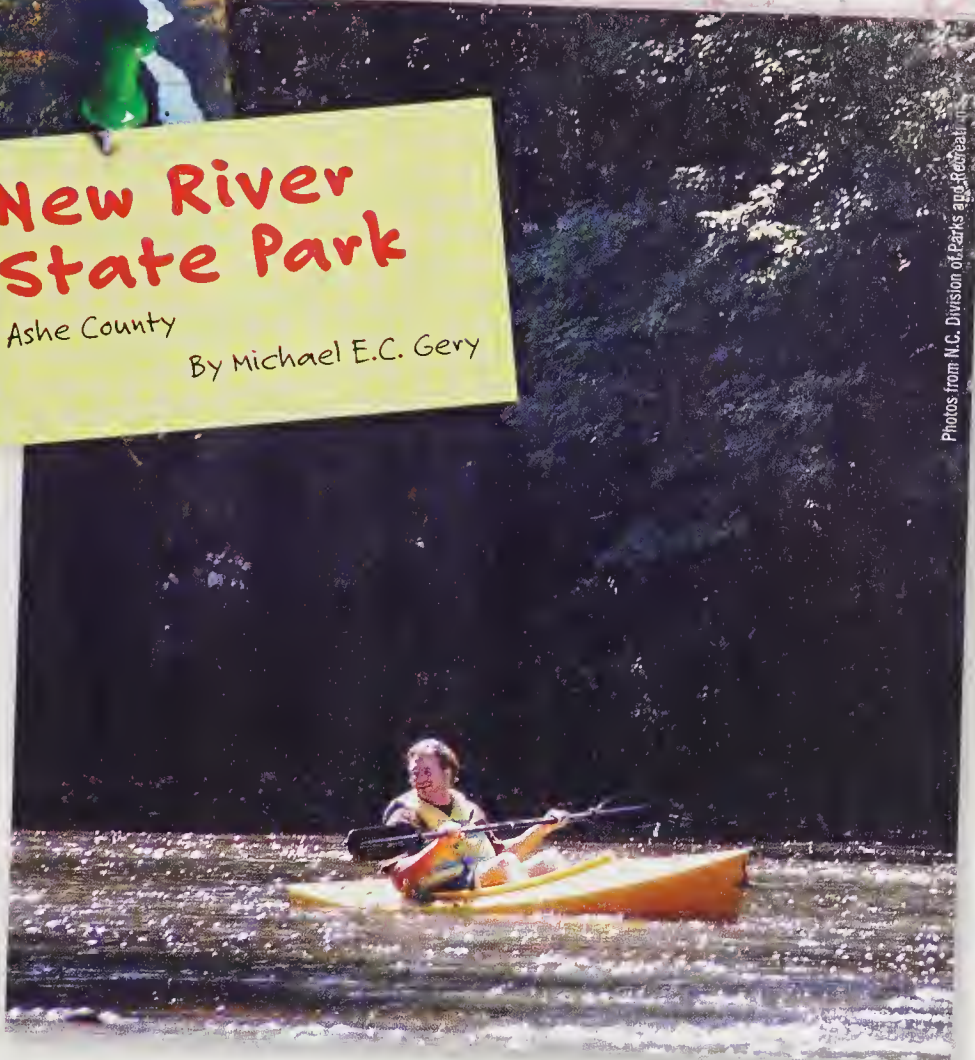


## New River State Park

Ashe County

By Michael E.C. Gery

Photos from N.C. Division of Parks and Recreation



One of the world's oldest rivers, the New River flows through some of the state's prettiest places. Learn about it all at the New River State Park.


**N**o one knows why it's called New River. They say Thomas Jefferson's father, a surveyor, gave it the name because he had not seen it on any maps when he came upon it while working the North Carolina-Virginia state line in 1749. But since then, archaeologists have determined it's one of the oldest rivers in the world, flowing along out here even before the Appalachian Mountains came along.

They might have called it Old River. Or maybe Backwards River, because it flows northward contrary to most rivers here. Or even Peaceful River, because for much of its 250 miles—from the Blowing Rock area through southwest Virginia and into the West Virginia coal country, this river is a placid one yielding beautifully serene views. Or it could be called Saved River, because in the latter 1960s, citizen opposition prevented the Appalachian Power and Light Co. from damming it to create reservoirs. Then it might have been re-named Celebrity River, because since 1975 it's been a State Natural and Scenic River, since 1976 it's been a National Wild and Scenic River, and in 1998 President Bill Clinton and Vice President Al Gore were here in Ashe County to make it one of the first American Heritage Rivers. Besides the recognition, the designations help ensure and fund its preservation.

The 26-mile stretch in North Carolina—including the South and North forks—runs through some of the prettiest places in the state. You can see it from the road along Hwy. 88 west of Warrensville (North Fork) and back roads between Fleetwood and Index on up to the Alleghany County line. It's almost as though the communities along it—Todd, Fleetwood, Index, Scottville—look like they do because of their respect for the river. The farms, churches, wildflowers, pastures all deliver a sense of peace, quiet and harmony with their surroundings.

Probably the best way to see the New River is by floating on it in a canoe or kayak or tube. Or you can walk along it and do some fishing. The New River State Park can really help you do any of that.

New River State Park comprises some 1,000 acres in various locations along the river. There are four areas providing convenient river access, plus parking, maintained hiking trails, picnic facilities, and in some there are campgrounds. The southernmost is about 8 miles east of Jefferson called Wagoner Road Access (camping, showers, ranger office). Farther upriver is the US 221 Access (brand new visitor center, camping for RVs and tents, pavilion). Off SR 1549 is Kings Creek Access (camping and outfitters nearby). And two miles from the state line is Alleghany County Access (camping). All vehicles and campers must register to stay overnight.

The state park's new visitor center has an impressive educational component. Staff provides scheduled or specially-arranged programs, and rangers are always somewhere close by if you need help. Plus in season (highest water is in May and June), virtually everyone who goes here has a kind and helpful nature. 

### New River State Park

P.O. Box 48

Jefferson, NC 28640

(336) 982-2587

[www.ncsparks.net/nevi](http://www.ncsparks.net/nevi)



# Carl Sandburg Home

Henderson County

By Michael E.C. Gery

"The glory of life is that we never get anywhere. We are always going somewhere."



NPS Photo, Carl Sandburg Home NHS

So after an adventurous career as a railcar-riding hobo, traveling salesman, political organizer, newspaperman, folksinger and writer, Carl Sandburg moved his family from Michigan to North Carolina in 1945 when he was 67 years old. From then until he died here in 1967, Sandburg published more than a third of his work, won his second Pulitzer Prize, traveled the world and received innumerable awards.

After her husband's death, Mrs. Sandburg gave their homestead here, Connemara, to the National Park Service which made it a National Historic Site in 1968 and opened it to the public in 1974. Today, the place attracts more than 26,000 visitors a year.

Maybe the visitors who gain most from seeing Connemara are the young ones (\$5 admission, under 15 free). Although Carl Sandburg was really well known in 1950s and 1960s America, anyone born after about 1970 probably has not heard of him. So if any of them do visit here, they will leave totally inspired.

What you see is a homestead that reveals how the Sandburgs lived during their 22 years here. After a 2½-hour visit, you'll come away moved by how patriotic, compassionate, industrious, artistic, hopeful and just plain happy the Sandburgs were. You'll learn how Carl in 1907 met the Illinois schoolteacher Lilian Steichen at a Socialist political

meeting in Wisconsin and how their love grew for 60 years. She raised a renowned flock of goats and ran the Connemara dairy, and they flourished via strong respect for each other. You see in the house the exact furnishings, supplies, books,

magazines and other household items that the family used in the

later years, as though they were still living here. And you marvel at the simplicity and reverence that characterized the Sandburgs' life and work. Their three daughters and two of their grandchildren also lived here at the Flat Rock homestead. And many visitors—famous and not-so-famous—passed through to enrich the life of the place.

Carl Sandburg lived an amazing life. Born in Galesburg, Ill., to Swedish immigrant parents, his father was a railroad blacksmith who could not write his own name. While his mother encouraged her children to learn, Charles (his given name) quit school in the eighth grade to help support the family, and at age 19 went "west" as a hobo. He acquired a lifelong respect for the working class and crusaded for fair labor laws and civil rights. Encouraged by a teacher, Sandburg began writing poems and moved on to journalism and political writing. With no college degree, he published a two-volume biography of Abraham Lincoln in 1926, and four more in 1939, earning the Pulitzer for history and honorary degrees from Harvard, Yale and other colleges, all before moving to Flat Rock for some peace, quiet and writing time. In 1959 he was one of very few private citizens to address a joint session of Congress. He won a Grammy Award (spoken word recording), wrote children's stories, worked for Hollywood (meeting Marilyn Monroe and Elizabeth Taylor), and received the Presidential Medal of Freedom.

The 264-acre Connemara site (soon to add 115 acres) embodies all this and more.

It has five miles of hiking trails, great mountain views, and 32 outbuildings, including a barn for the official Historic Herd of goats. 🐐

"I'm an idealist. I don't know where I'm going, but I'm on my way."

**Carl Sandburg Home  
National Historic Site**  
81 Carl Sandburg Lane  
Flat Rock, NC 28731  
(828) 693-4178  
[www.nps.gov/carl](http://www.nps.gov/carl)



Photo by Warren Kessler

## Mountain Area Travel Resources

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**Beech Mountain Chamber**  
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**McDowell Tourism Development Authority, DId Fort**  
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**Mitchell County Chamber, Spruce Pine**  
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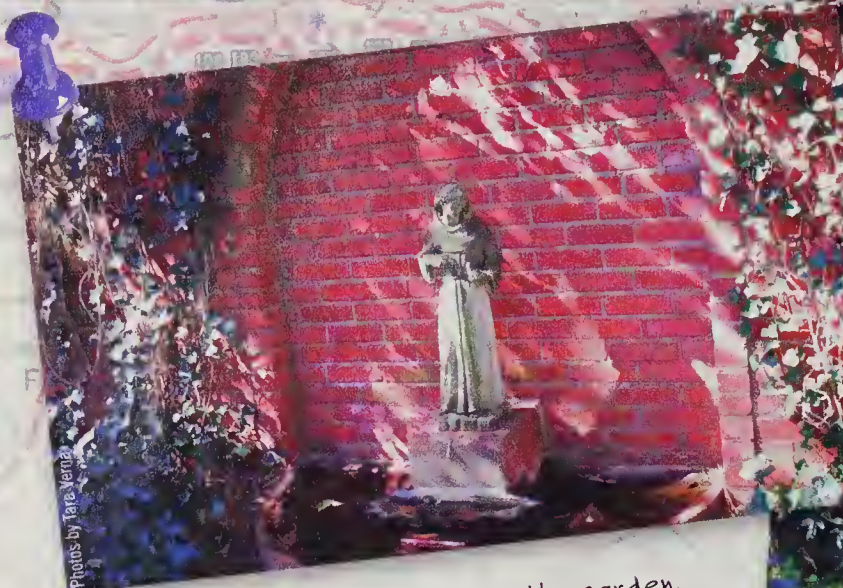
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[www.explorewilkes.com](http://www.explorewilkes.com)

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[www.yanceychamber.com](http://www.yanceychamber.com)





Above: The most popular bird bath in the garden.  
Right: One of many beautiful vistas at Wing Haven.



## Wing Haven Gardens

Mecklenburg County

By Tara Verna

**W**alking along the residential streets of Myers Park in Charlotte, you'd never guess that a 3-acre garden lies tucked away behind the house fronts. But the birds know exactly where it is.

Wing Haven Gardens and Bird Sanctuary grew out of the love of its founders, Elizabeth and Eddie Clarkson, and their passion for these small feathered creatures. It began as a house that Elizabeth sketched and Eddie built for her. An avid gardener, Elizabeth nearly fainted at her first look at their home back in 1927 and the barren landscape surrounding it.

Plant by plant, the couple turned hard red dirt into a full-fledged garden, designing it as a double cross surrounded by a series of brick-lined grass paths edged with boxwoods. Elizabeth initially selected plants based on their visual appeal, but after a lengthy illness forced her to spend time in bed or on a cot outdoors, she turned her focus to the creatures inhabiting her garden. She began choosing plants such as pomegranate, ligustrums, elderberry, Virginia creeper and catbrier that would provide food, shelter and nesting sites to birds. She added birdbaths,

pools, bird houses and feeders as well as inspirational plaques, statues and benches.

Elizabeth developed a sixth sense where birds were concerned. She once raised an entire family of bluebirds by hand. When

she played the piano, the birds would ride gently up and down on her arms. Her favorite of the bunch, Tommy, even slept on her bookshelf for eight years, ate out of her hand, and took his bath in a special bowl indoors.

### Wing Haven today

Today, the garden's numerous volunteers and its staff members take this dedication to birds seriously. Wing Haven's birds devour more than 3,500 pounds of sunflower seeds and grains per year. Plus, in spring, growing baby birds munch around 10,000 mealworms per week to gain much needed protein.

Throughout the year, more than 57 varieties of birds visit the garden, including cedar waxwings, goldfinches, brown thrashers, downy woodpeckers and ruby crowned kinglets.

And why do people visit Wing Haven?

"Lots of people come to find the sort of peace you can't find anywhere else. It's like the garden wraps its arms around you," says Jeff Drum, garden curator. "It refreshes you."

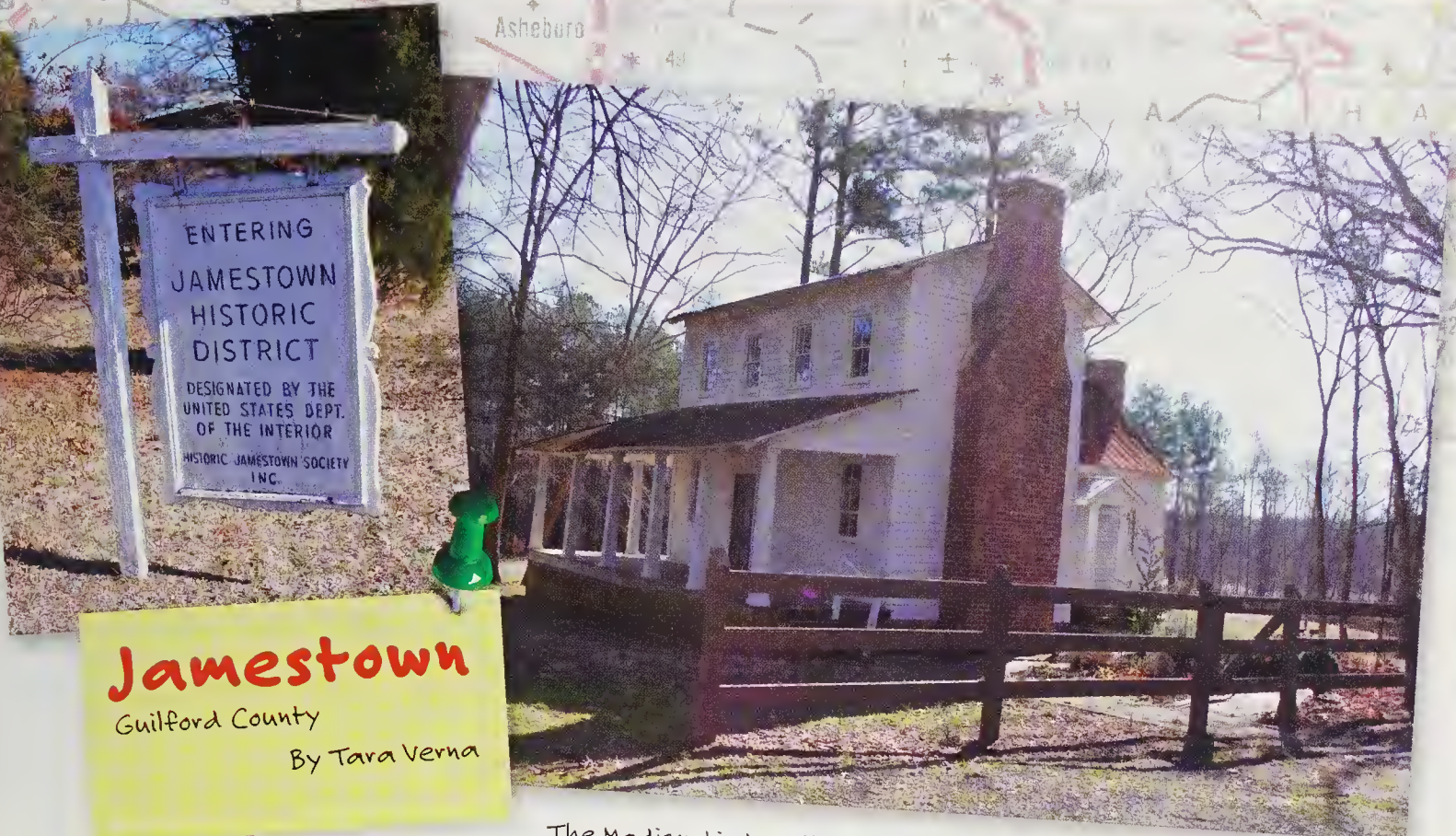
Wing Haven Gardens is open year-round, on Tuesdays from 3–5 p.m.; Wednesdays from 10 a.m.–noon; and Saturdays from 10 a.m.–5 p.m. Suggested donation: \$5/adult. Upcoming event: Spring Shop Week, April 22–25. 

Wing Haven Gardens  
248 Ridgewood Ave.  
Charlotte, NC 28209  
(704) 331-0664  
[www.winghavengardens.com](http://www.winghavengardens.com)





Photos by Tara Verna



## Jamestown

Guilford County

By Tara Verna

The Madison-Lindsay House, built in 1817, was home to a series of medical schools. In 1985, it was relocated to Mendenhall Plantation.

**H**istorical landmarks abound in Jamestown, located a short drive from High Point and Greensboro. From the oldest continuously operating cotton mill in the U.S., to the first medical school in North Carolina, history buffs can sink their teeth into some rich fare. Start your exploration by visiting Mendenhall Plantation, the centerpiece of Jamestown's Historic District, for an intriguing look back at this town's Quaker roots.

### Mendenhall Plantation

Richard Mendenhall, a Quaker, built Mendenhall Plantation circa 1811. Originally from Pennsylvania, the Mendenhalls settled here in the mid-1700s. Jamestown was established in 1762 and named after one of its first settlers—Richard's grandfather James.

Richard and his wife Mary Peg raised seven children in the main plantation house. As Quakers, they led simple lives, and did not believe in holding slaves. In fact, during the Civil War, many Quakers aided fleeing slaves. They also believed in education for all—including women and slaves—a highly unusual view at the time.

The Mendenhall Plantation complex, listed on the National Register of Historic Places, consists of an 1811 house, Pennsylvania Bank Barn, a springhouse, a museum, Mason-Lindsay House or Old Medical School, and the Old Mendenhall School House. The plantation also includes a rare, false-bottomed wagon—the only one left in North Carolina used during the days of the Underground Railroad—as well as an Indian village and nature trails.


The Madison-Lindsay House, built in 1817, was the first

medical school in North Carolina. In 1985, it was relocated to the Mendenhall Plantation. The house includes Dr. Madison-Lindsay's restored examining room and office which contain a variety of 19th-century medicines and torturous-looking instruments. At one time, the garden outside the house contained more than 40 medicinal herbs.

"It's not anything earth-shattering in a large historical sense, but we're proud of the little bit of history that is ours," said Tom Netsel, Mendenhall Plantation volunteer and Jamestown resident.

### Other historical highlights

The most prominent building in Jamestown, the "Old School," is now the Jamestown Public Library, located on West Main Street.

The Oakdale Cotton Mill, which began operating after the Civil War, is a National Register Historic District. It is the oldest continuously operating cotton mill in the United States. On the property is the Oakdale School House, a one-room schoolhouse built in 1912 or 1913 by cotton mill officials. 

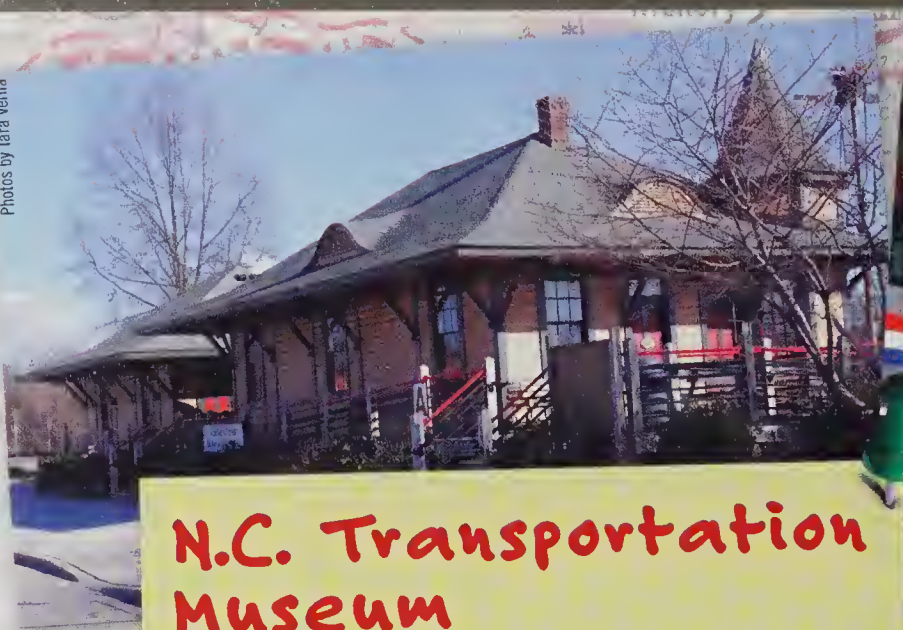
### Jamestown Town Hall

301 E. Main Street  
Jamestown, NC 27282  
(336) 454-1138  
[www.jamestown-nc.us](http://www.jamestown-nc.us)

If you'd like to visit Jamestown's historical landmarks, download a map online:  
[www.jamestown-nc.us/downloads/historical\\_markers\\_map.pdf](http://www.jamestown-nc.us/downloads/historical_markers_map.pdf)



Photos by Tara Verna



## N.C. Transportation Museum

Rowan County

By Tara Verna



First stop for visitors is the Barber Junction Visitor Center, a restored train depot built in 1898 in nearby Barber.

Built in 1918 for Russian railways, the enormous Seaboard Air Line #544 is the largest steam locomotive at the museum.

Whether you are into trains and other types of vehicles or not, it's difficult to remain unimpressed after visiting the North Carolina Transportation Museum in Spencer.

First, there's the vast size of it—57 acres of transportation history, including trains, automobiles, aviation and more—making it the largest historic site in the state, visited by more than 100,000 people each year.

Then there's the history of the site itself. Housed in what was once one of Southern Railway's main repair facilities for its steam locomotives, the museum's origin stems from trains and so does the town itself. The railroad located here in the late-1800s—the halfway point between Atlanta and Washington, D.C.—and the town took its name from Samuel Spencer, the first president of Southern Railway. In 1896 "Spencer Shops" opened and serviced Southern's trains until the first diesel locomotive arrived on the scene in 1941, spelling catastrophe for the shops which could only maintain steam engines.

### Visiting the museum today

The museum offers a little something for everyone:


- \* A 25-minute, on-site train ride, given in antique passenger cars pulled by antique steam and diesel locomotives. Volunteers serve as both train crew and historic interpreters. Cost is \$6 (or \$10 to ride in the cab with the locomotive engineer).
- \* The 37-stall roundhouse, where minor repairs to locomotives were once made. One of the last remaining roundhouses in the U.S., the building, along with the visitors' center, was restored in 1996 at a cost of more than \$8 million. It now houses antique locomotives and rail cars, rail history exhibits and a restoration shop where volunteers work to restore cars for the museum. In front of the building is the 100-foot-long turntable, a big

Lazy Susan that turns locomotives in the right direction for a stay in the roundhouse or to make a run. Take a 5–8 minute spin on the roundhouse for \$1 per person.

- \* The Bumper-to-Bumper exhibit area, which houses antique automobiles against backgrounds that represent the era during which each vehicle was manufactured.
- \* The Wagons, Wheels and Wings exhibit area contains a general transportation collection that includes a covered wagon, a dugout canoe and an antique fire truck.
- \* The gargantuan Back Shop structure—two football fields long and two-and-a-half stories high—was once used for steam engine overhauls, and is in the middle of a lengthy restoration process that will cost more than \$30 million. Once completed, it will encompass a comprehensive transportation exhibit, including a Piedmont DC-3 airplane, an Amtrak engine and an electric streetcar.

Southern Railway donated the site to the state of North Carolina in two gifts, in 1977 and 1979. The museum, which opened in 1980, is a State Historic Site, part of the N.C. Department of Cultural Resources' Historic Sites. The museum also works closely with the Smithsonian as an affiliate, sharing its collections and exhibits.

Admission is free, although the train rides, turntable rides and select special events may incur small fees.

Check the calendar at [www.nctrans.org](http://www.nctrans.org) for special events each month. Mid-June brings the popular "Rail Days," an annual festival celebrating all things rail. And though it's not until fall, parents may be able to achieve god-like status with a visit to "Day Out With Thomas," slated for Sept. 25–27 and Oct. 2–4 this year. 

**N.C. Transportation Museum**  
411 S. Salisbury Ave.  
Spencer, NC 28159  
(877) 628-6386  
[www.nctrans.org](http://www.nctrans.org)





Photos provided by NC Tourism - Bill Russ

## Western Piedmont Travel Resources

**Anson County Chamber**  
(Wadesboro)

(704) 694-4181

[www.ansoncounty.org](http://www.ansoncounty.org)

[www.discoveranson.com](http://www.discoveranson.com)

**Anson County Tourism**  
**Development Authority**

(704) 694-9570

[www.ansoncounty.org](http://www.ansoncounty.org)

**Archdale-Trinity Chamber**

(336) 434-2073

[www.archdaletrinitychamber.com](http://www.archdaletrinitychamber.com)

**Belmont Chamber**

(704) 825-5307

[www.belmontchamber.com](http://www.belmontchamber.com)

[www.montcrossareachamber.com](http://www.montcrossareachamber.com)

**Bessemer City Area**

(704) 629-5542

[www.bessemercycity.com](http://www.bessemercycity.com)

**Cabarrus County CVB**

(800) 848-3740/(704) 782-4340

[www.visitcabarrus.com](http://www.visitcabarrus.com)

**Central Park NC 8 county region**

**Center for Creative Enterprise**

(910) 428-9001

[www.centralparknc.org](http://www.centralparknc.org)

[www.starworks.com](http://www.starworks.com)

**Charlotte Chamber**

(704) 378-1300

[www.charlottechamber.org](http://www.charlottechamber.org)

**Charlotte CVB**

(800) 722-1994/(704) 334-2282

[www.visitcharlotte.com](http://www.visitcharlotte.com)

**Cherryville Chamber**

(704) 435-3451

[www.cherryvillechamber.com](http://www.cherryvillechamber.com)

[www.cityofcherryville.com](http://www.cityofcherryville.com)

**Davidson County**

(866) 604-2389

[www.visitdavidsoncounty.com](http://www.visitdavidsoncounty.com)

**Davie County Chamber**

(336) 751-3304

[www.daviecounty.com](http://www.daviecounty.com)

**Denton Area Chamber**

(336) 859-5922

[www.dentonnorthcarolina.com](http://www.dentonnorthcarolina.com)

**Eden**

(336) 623-2110

[www.ci.eden.nc.us/coe-visitors](http://www.ci.eden.nc.us/coe-visitors)

**Elkin-Jonesville Chamber**

(877) SAVORYV/(336) 526-1111

[www.yadkinvalley.org](http://www.yadkinvalley.org)

**Gaston County Chamber**

(800) 348-8461/(704) 864-2621

[www.gastonchamber.com](http://www.gastonchamber.com)

**Gaston County Travel & Tourism**

(800) 849-9994/(704) 825-4044

[www.gastontourism.com](http://www.gastontourism.com)

**Greensboro Area Chamber**

(336) 387-8301

[www.greensboro.org](http://www.greensboro.org)

**Greensboro Area Convention**

**and Visitors Bureau**

(800) 344-2282/(336) 274-2282

[www.visitgreensboro.com](http://www.visitgreensboro.com)

**High Point Chamber**

(336) 882-5000

[www.highpointchamber.org](http://www.highpointchamber.org)

**High Point Convention**

**and Visitors Bureau**

(800) 720-5255/(336) 884-5255

[www.highpoint.org](http://www.highpoint.org)

**Kernersville Chamber**

(336) 993-4521

[www.kernersvillenc.com](http://www.kernersvillenc.com)

**King Chamber**

(336) 983-9308

[www.kingnc.com](http://www.kingnc.com)

**Lexington Area Chamber**

**and Visitors Center**

(866) 604-2389/(336) 236-4218

[www.visitlexingtonnc.com](http://www.visitlexingtonnc.com)

**Marshville Chamber**

(704) 624-3183

[www.marshvillenc.com](http://www.marshvillenc.com)

**Matthews Chamber**

(704) 847-3649

[www.matthewschamber.com](http://www.matthewschamber.com)

**Mint Hill**

(704) 545-9726

[www.minthill.com](http://www.minthill.com)

**Monroe Tourism & Visitors Bureau**

(704) 225-1085

[www.visitmonroenc.org](http://www.visitmonroenc.org)

**Greater Mount Airy**

(800) 948-0949/(336) 786-6116

[www.visitmayberry.com](http://www.visitmayberry.com)

**Piedmont Triad Visitors Center**

(800) 388-9830/(336) 388-9830

[www.greensboronc.org](http://www.greensboronc.org)

**Randolph County, Heart of**

**North Carolina Visitors Bureau**

(800) 626-2672/(336) 626-0364

[www.heartofnorthcarolina.com](http://www.heartofnorthcarolina.com)

**Reidsville Chamber**

(336) 349-8481

[www.reidsvillechamber.org](http://www.reidsvillechamber.org)

**Rowan County Chamber**

(704) 633-4221

[www.rowanchamber.com](http://www.rowanchamber.com)

**Rowan County CVB**

(800) 332-2343/(704) 638-3100

[www.visitsalisburync.com](http://www.visitsalisburync.com)

**Stanly County Chamber**

(704) 982-8116

[www.stanlychamber.org](http://www.stanlychamber.org)

**Stanly County CVB**

(800) 650-1476/(704) 986-2583

[www.stanlycvb.com](http://www.stanlycvb.com)

**Stokes County**

(336) 593-2496

[www.visitstokesnc.com](http://www.visitstokesnc.com)

**Thomasville Visitors Center**

(800) 611-9907/(336) 472-4422

[www.thomasvilletourism.com](http://www.thomasvilletourism.com)

**Union County Chamber**

(704) 289-4567

[www.unioncountycoc.com](http://www.unioncountycoc.com)

**Western Rockingham Chamber**

(336) 548-6248

[www.westernrockinghamchamber.com](http://www.westernrockinghamchamber.com)

**Winston-Salem Visitor Center**

(866) 728-4200/(336) 728-4200

[www.visitwinstonsalem.com](http://www.visitwinstonsalem.com)

**Yadkin County Chamber**

(336) 679-2200

[www.yadkinchamber.org](http://www.yadkinchamber.org)



# The Haw River

Forsyth to Chatham counties

By Kim Whorton Tripp

The Haw River has sections to suit experienced paddlers as well as weekend strollers.



Photos by Mike Holland

The Haw River has been a life force for people living along its banks for centuries. As it flows for 110 miles through six heavily populated piedmont counties (Forsyth, Guilford, Rockingham, Alamance, Orange and Chatham), the Haw provides drinking water, wildlife habitat and recreation to many communities.

Beginning near Kernersville, the Haw River flows northeast before turning south below Reidsville as it heads towards Jordan Lake Reservoir. Four miles south of Jordan Lake dam, the Haw joins the Deep River to form the Cape Fear River Basin, which is the most industrialized and populated basin in the state.

Native Americans farmed and fished the area for thousands of years. European immigrants arrived in the 1700s, and the first dam was built around 1850. More dams were constructed to provide hydropower for textile mills, which became the backbone of the region's economy for many years. Towns like Burlington and Saxapahaw grew up as a result of this industry. The Textile Heritage Museum in Glencoe, a restoration project and museum, offers visitors a look at the history and machinery of that era.

The Haw became heavily polluted as textile factories and towns dumped their wastewater into the river. The decline of the textile industry along with the Clean Water Act of the 1970s helped improve the river's conditions. Still today, runoff and wastewater issues threaten the health of this river. The Haw River Assembly, a nonprofit citizens group, was founded in 1982 to help restore, conserve and protect the river. Its mission is to educate the public and to monitor the river's water quality with the help of grassroots volunteers.

Conservation efforts have helped produce several distinct trails along the river. The Haw River Trail is a 110-mile conservation and recreation land trail and paddle trail that connects Haw River State Park and Jordan Lake State Recreation Area. The trail serves as a buffer zone to protect

water quality within the Haw River watershed, and to serve as a natural wildlife habitat. It has become part of the state's Mountain to Sea Trail. It is a wonderful eco-tourism destination—ideally suited for all sorts of outdoor pursuits including boating, hiking, camping, horseback riding, fishing and bird watching. The new Haw River State Park is in the early stages of development.

Many farms in the area have converted from growing tobacco to growing grapes. The Haw River Wine Trail will introduce you to four neighboring wineries along a 50-mile trail.

Canoeing is popular on the upper, flat water sections of the Haw River. Whitewater enthusiasts enjoy the challenge of the Class II–III rapids along the river's lower sections. Well-known rapids with names like Gabriel's Bend, Moose Jaw Falls, The Maze and Black 'n' Blue are aptly named for their temperaments. But boaters beware: the Haw River is extremely dangerous at high flow. The rocky waters are filled with strainers, or fallen timbers, and rocks that ensnare paddlers. High waters cover the river banks, leaving an inexperienced boater with

no place to pull over. Always check the water levels before paddling the Haw River! ①

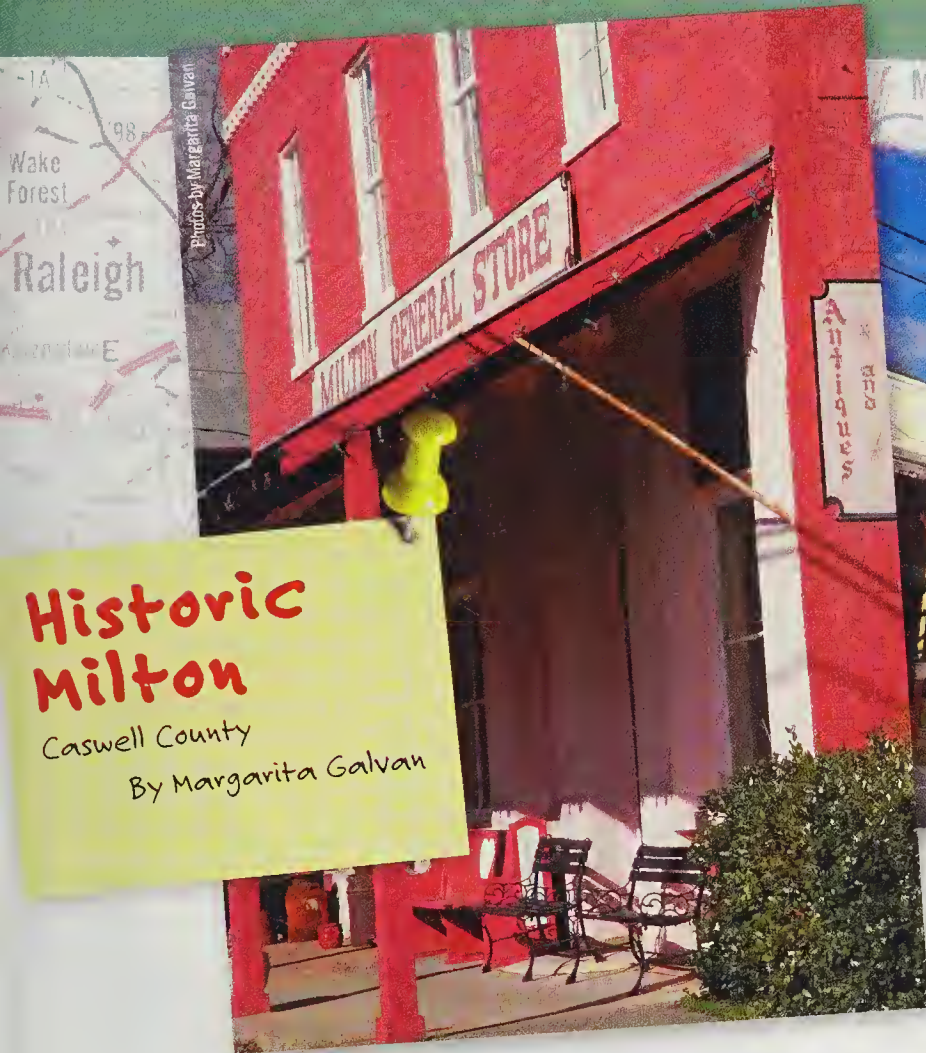
## The Haw River Assembly

PO Box 187  
Bynum, NC 27228  
(919) 542-5790

For more information check out these resources online:

[www.hawriver.org](http://www.hawriver.org)  
[www.hawrivertrail.org](http://www.hawrivertrail.org)  
[www.textileheritagemuseum.org](http://www.textileheritagemuseum.org)  
[www.hawriverwinetrail.com](http://www.hawriverwinetrail.com)  
<http://waterdata.usgs.gov/nwis/rt>  
(to check water levels)





## Historic Milton

Caswell County

By Margarita Galvan



Scenes from Milton's downtown block. Milton's old General Store is now an antique shop. Aunt Millie's Pizza likes to leave Christmas decorations up as long as possible.

Tucked up on the North Carolina-Virginia border along the Dan River in Caswell County lies the little town of Milton with a population of fewer than 200 people. Referred to as “the museum without walls,” Milton has earned a spot on the National Register of Historic Places and tells us that bigger isn’t necessarily better. In the span of Milton’s downtown block is a treasure of antique shops, an art studio, Aunt Millie’s pizzeria and historically important buildings.

### Thomas Day

The most noteworthy site in Milton is Union Tavern where the remarkable Thomas Day lived and worked. Born a free black man, Thomas Day (1801–1861) was able to live largely untethered by many of the legal and social burdens placed upon blacks at the time by virtue of his extraordinary talent as a fine furniture maker and the high demand for his work.

In 1848, Day bought the Union Tavern in Milton as his workshop and home. As his business profited, he trained both free and slave apprentices. However, as slave apprentices were returned to their owners upon learning the craft, Day himself purchased slaves to keep up with the demands of his expanding business. By the mid century, Day produced one quarter of all the furniture in North Carolina and was the largest manufacturer in the state. His furniture was in demand from Virginia to Georgia. His many commissions included furnishing the interior woodwork for the University of North Carolina in Chapel Hill, and among his clients were two North Carolina governors.

Day wielded great clout as the demand and respect for his craft soared. In 1830, in Virginia, Day married a free black Virginian woman, Aquilla Wilson, but a North Carolina law dating from 1827, which prohibited free black people from entering the state, made it illegal for Aquilla to move to Milton with her new husband. Day threatened to move his family and business to Virginia. Fearing the loss of Day’s economic and cultural contributions to Milton, prominent citizens, including the North Carolina Attorney General, petitioned a special bill to the North Carolina Legislature to exempt Mrs. Day from the 1827 law. The bill passed and Day maintained his place of work and residence in Milton.

### Thomas Day House/Union Tavern Museum

Tragically, the Union Tavern burned to the ground in 1989. The Thomas Day House Restoration, Inc., Committee has been painstakingly restoring the historical building as it receives donations. The project is converting the workshop and home into a “hands-on” museum honoring and preserving the memory of Thomas Day, his celebrated talent, entrepreneurial skill and social achievements. Currently, 13 pieces of Thomas Day furniture are featured at the Tavern, and the interior of the first floor is largely complete. The museum hours are Saturday and Sunday 1–4 p.m., April through November. Call for tour information. ①

#### Thomas Day House

P.O. Box 1996

Milton, NC 27305

(336) 234-7215



Photos by Brian Haney, Daily Record, Dunn

## Spivey's Corner Hollerin' Contest

Sampson County

By Kim Whorton Tripp



People come to Spivey's Corner the third Saturday in June just to show off their hollerin' skills.



In North Carolina, you can't throw a rock without hitting a small town oozing with charm and character. Our state is awash in small town charm, with more than 100 unique towns and villages claiming less than 1,000 residents. But try finding a community that has done a better job of inventing and promoting itself than Spivey's Corner.


Spivey's Corner (pop. 448) is located at the intersection of U.S. Hwy. 13 and U.S. Hwy. 421 in Sampson County. It is the kind of crossroads community where things are familiar and low key. That is until the third Saturday in June, when Spivey's Corner thrusts itself into the international spotlight as host of the annual "National Hollerin' Contest." This one-of-a-kind demonstration celebrates the traditional art of hollerin'. A handsome brick and stone marker placed in front of the Spivey's Corner Volunteer Fire Department proclaims the town to be the "Hollerin' Capital of the Universe." Who's going to argue with that?

The Hollerin' Contest was an invention of the late Ermon Godwin who passed away this past January at age 81. Godwin and fellow contest founder John Thomas decided to revive the lost art of hollerin' by holding a contest that would serve as a means to raise money for the Spivey's Corner Volunteer Fire Department.

That first contest held in the summer of 1969 found the town (then population 48) swimming with colorful contestants, curious observers and even the mainstream media. As years passed and the contest grew in popularity, winners would make what would become traditional appearances on the late-night talk shows with Johnny Carson and David Letterman.

Godwin was a master at promoting his home town, and he did it by taking small town pride to another level. In the late 1970s, Spivey's Corner offered itself up as a refuge to the exiled Shah of Iran. The town ran a campaign to host the 1984 Olympics. When Spivey's Corner tried landing the 1982 Super Bowl, the TV producers gave the Spivey's Corner Hollerin' Contest a TV commercial spot that ran during the game that year.

Today the renowned event features live music, vendors, souvenirs, an antique farm equipment show and a car show. But the Hollerin' Contest is still the big draw. Currently, there are five divisions of competition: Conch Shell Blowin' (open to all ages), Junior Hollerin', Teen Hollerin', Ladies' Callin', and the National Hollerin' Contest. You can register in advance through the contest's Web site, but you don't have to. Just be sure to register on the day of the event by 2 p.m.

The annual Hollerin' Contest is always a family-oriented event. Admission is free. All proceeds from the day's events go to support the Spivey's Corner Volunteer Fire Department. Visit the contest's official Web site for a complete rundown of the day's events. Bring your lawn chairs and an umbrella for some shade and enjoy an afternoon in one of the most famous small towns in the world. 

### Spivey's Corner

P.O. Box 1242

Dunn, NC 28335

(910) 567-2600

E-mail: [holler@intrstar.net](mailto:holler@intrstar.net)





## Eastern Piedmont Travel Resources

**Angier Chamber**  
(919) 639-2500  
[www.angierchamber.org](http://www.angierchamber.org)

**Apex Chamber**  
(800) 345-4504/(919) 362-6456  
[www.apexchamber.com](http://www.apexchamber.com)

**Benson Chamber**  
(919) 894-3825  
[www.benson-chamber.com](http://www.benson-chamber.com)  
[www.bensonmuledays.com](http://www.bensonmuledays.com)

**Burlington/Alamance CVB**  
(800) 637-3804/(336) 570-1444  
[www.visitalamance.com](http://www.visitalamance.com)

**Capital Area Visitor Center**  
(866) 724-8687/(919) 807-7950  
[www.nccapvisit.org](http://www.nccapvisit.org)

**Cary Chamber**  
(800) 919-CARY/(919) 467-1016  
[www.townofcary.org](http://www.townofcary.org)  
[www.carychamber.com](http://www.carychamber.com)

**Caswell County Chamber**  
(336) 694-6106  
[www.caswellchamber.com](http://www.caswellchamber.com)

**Chapel Hill/Orange County Visitors Bureau**  
(888) 968-2060  
[www.chocvb.org](http://www.chocvb.org)

**Chapel Hill-Carrboro Chamber**  
(919) 967-7075  
[www.carolinachamber.org](http://www.carolinachamber.org)

**Clayton Chamber**  
(919) 553-6352  
[www.claytonchamber.com](http://www.claytonchamber.com)

**Dunn Area Tourism Authority**  
(910) 892-3282  
[www.dunntourism.org](http://www.dunntourism.org)  
[www.visitDunn.com](http://www.visitDunn.com)

**Durham CVB**  
(800) 446-8604/(919) 687-0288  
[www.durham-nc.com](http://www.durham-nc.com)

**Greater Durham Chamber**  
(919) 682-2133  
[www.durhamchamber.org](http://www.durhamchamber.org)

**Erwin Area Chamber**  
(910) 897-7300  
[www.erwinchamber.org](http://www.erwinchamber.org)

**Fayetteville Area CVB**  
(800) 255-8217/(910) 483-5311  
[www.visitfayettevillenc.com](http://www.visitfayettevillenc.com)

**Franklin County**  
(919) 496-3056  
[www.franklin-chamber.org](http://www.franklin-chamber.org)

**Fuquay-Varina Area**  
(919) 552-4947  
[www.fuquay-varina.com](http://www.fuquay-varina.com)

**Garner Chamber**  
(919) 772-6440  
[www.garnerchamber.com](http://www.garnerchamber.com)

**Garner**  
(919) 772-4688  
[www.ci.garner.nc.us](http://www.ci.garner.nc.us)

**Granville County Chamber**  
(919) 693-6125/(919) 528-4994  
[www.granville-chamber.com](http://www.granville-chamber.com)

**Hillsborough/Orange County Chamber**  
(919) 732-8156  
[www.hillsboroughchamber.com](http://www.hillsboroughchamber.com)

**Historic Hillsborough/Orange County Visitors Center**  
(877) 732-7748/(919) 732-7741  
[www.historichillsborough.org](http://www.historichillsborough.org)

**Holly Springs Chamber**  
(919) 567-1796  
[www.hollyspringschamber.org](http://www.hollyspringschamber.org)  
[www.hollyspringsnc.us](http://www.hollyspringsnc.us)

**Hope Mills Area Chamber**  
(910) 423-4314  
[www.hopemillschamber.com](http://www.hopemillschamber.com)

**Johnston County Visitors Bureau**  
(800) 441-7829/(919) 989-8687  
[www.johnstoncountync.org](http://www.johnstoncountync.org)

**Knightdale Chamber**  
(919) 266-4603  
[www.knightdalechamber.org](http://www.knightdalechamber.org)  
[www.knightdalenc.gov](http://www.knightdalenc.gov)

**Laurinburg/Scotland County Area Chamber**  
(910) 276-7420  
[www.laurinburgchamber.com](http://www.laurinburgchamber.com)  
[www.visitscotlandnc.org](http://www.visitscotlandnc.org)

**Lillington Area**  
(910) 893-3751  
[www.lillingtonnc.com](http://www.lillingtonnc.com)  
[www.lillingtonchamber.org](http://www.lillingtonchamber.org)

**Lumberton Visitors Bureau**  
(800) 359-6971/(910) 739-9999  
[www.lumberton-nc.com](http://www.lumberton-nc.com)

**Montgomery County**  
(910) 572-4300  
[www.montgomery-county.com](http://www.montgomery-county.com)

**Morrisville Chamber**  
(919) 463-7150  
[www.morrisvillenc.com](http://www.morrisvillenc.com)

**Pembroke**  
(910) 521-9758/(910) 521-0647  
[www.pembrokenc.com](http://www.pembrokenc.com)

**Person County Tourism**  
(336) 597-2689  
[www.visitroxboronc.com](http://www.visitroxboronc.com)

**Pinehurst, Southern Pines and Aberdeen Area CVB**  
(800) 346-5362  
[www.homeofgolf.com](http://www.homeofgolf.com)

**Pittsboro-Siler CVB**  
(800) 316-3829  
[www.visitcathamcounty.com](http://www.visitcathamcounty.com)

**Raeford-Hoke Chamber**  
(910) 875-5929  
[www.hoke-raeford.com](http://www.hoke-raeford.com)

**Greater Raleigh Chamber**  
(919) 664-7000  
[www.raleighchamber.org](http://www.raleighchamber.org)

**Greater Raleigh CVB**  
(800) 849-8499/(919) 834-5900  
[www.visitraleigh.com](http://www.visitraleigh.com)

**Red Springs**  
(910) 843-5241  
[www.redsprings.org](http://www.redsprings.org)

**Richmond County Chamber, Rockingham**  
(910) 895-9058  
[www.richmondcountychamber.com](http://www.richmondcountychamber.com)

**Rolesville Town Hall**  
(919) 556-3506  
[www.ci.rolesville.nc.us](http://www.ci.rolesville.nc.us)

**Roxboro Area Chamber**  
(336) 599-8333  
[www.roxboronc.com](http://www.roxboronc.com)

**Saint Pauls Chamber**  
(910) 865-5164/(910) 865-3890  
[www.stpaulsnc.gov](http://www.stpaulsnc.gov)

**Moore County Chamber**  
(910) 692-3926  
[www.moorecountychamber.com](http://www.moorecountychamber.com)

**Sanford Area Chamber**  
(919) 775-7341  
[www.sanford-nc.com](http://www.sanford-nc.com)

**Smithfield-Selma Area Chamber**  
(919) 934-9166  
[www.smithfieldselma.com](http://www.smithfieldselma.com)

**Greater Spring Lake Chamber**  
(910) 497-8821  
[www.springlakenc.org](http://www.springlakenc.org)

**Vance County Tourism Department (Henderson)**  
(866) 438-4565/(252) 438-2222  
[www.kerlake-nc.com](http://www.kerlake-nc.com)

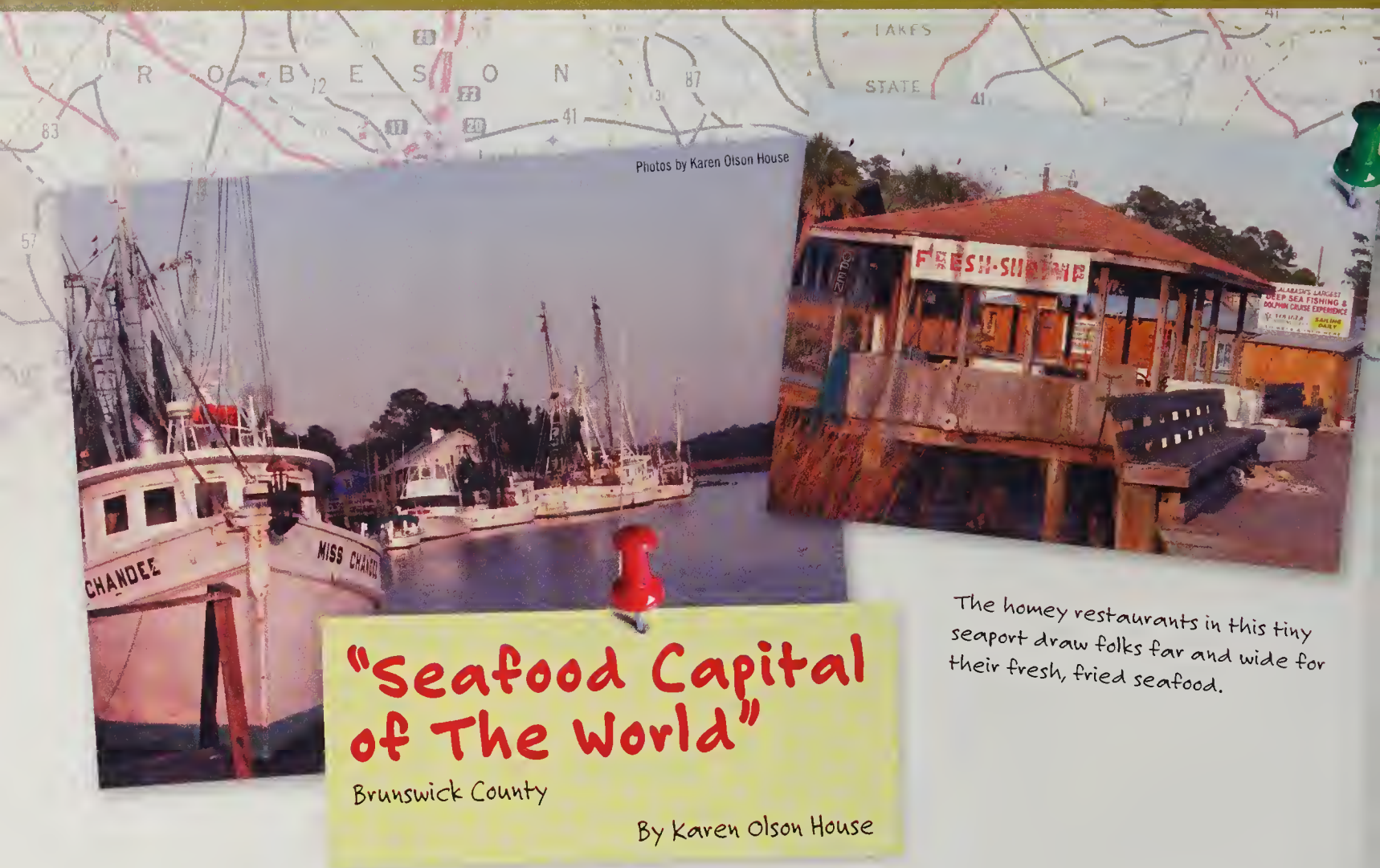
**Wake Forest Area**  
(919) 556-1519  
[www.wakeforestchamber.org](http://www.wakeforestchamber.org)

**Warren County EDC**  
(252) 257-2657  
[www.warren-chamber.org](http://www.warren-chamber.org)

**Wendell Chamber**  
(919) 365-6318  
[www.wendellchamber.com](http://www.wendellchamber.com)

**Zebulon**  
(919) 269-6320  
[www.zebulonchamber.org](http://www.zebulonchamber.org)





## "Seafood Capital of The World"

Brunswick County

By Karen Olson House

The homey restaurants in this tiny seaport draw folks far and wide for their fresh, fried seafood.

Let's get one thing straight: There definitely is a Calabash-style. It's just not defined, exactly. Know that if something is Calabash-style, it will be fresh, fried fish. And next to it will be a pile of French fries, slaw, and hush puppies (those delicious, fried, heart-plugs of cornmeal, flour, eggs and sugar).

Calabash proper is a tiny seaport, nestled amid marshes and inlets in Brunswick County, and renowned for its eateries on the waterfront and near the docks. For many folks who visit Myrtle Beach, S.C., driving across the state line to supper here is an annual ritual. (Folks who want to can order broiled fish here. But they better not go braggin' they've had Calabash-style.)

Like its food-style, Calabash's origins are also a little undefined. People still clash over which family, the Becks or the Colemans, opened the first "fish camp" in Calabash. Facts are, in the 1930s both families were throwing outdoor oyster roasts, and by 1940 both served fried seafood platters.

Older folks may recall that comedian Jimmy Durante used to close his radio and television show in the 1940s by saying "'Good night, Mrs. Calabash—wherever you are!'" To most, it was probably a zany salute to a fictitious character but to Calabash folks, it was

Durante's way of saying hello to their own Mrs. Coleman.

That may sound fishy, but here's how it's told: Durante and his touring troupe ate in Calabash one evening, and restaurant owner Lucille "Lucy" Coleman apparently impressed Durante with her small-town friendliness. Shortly after, the entertainer began signing off shows with his mysterious message.

Calabash today has about 1,325 residents, along with tony art galleries and boutiques. A fun stop is the Callahan's Calabash Nautical Gifts, a short walk from the waterfront. Callahan's has burgeoned to 35,000 square-feet, resulting in a rather peculiar, intriguing layout where you can alternatively watch workers make tasty-smelling fudge, shop kitchenware, or mull buying boats in bottles.

Other activities include swinging a club at Tropical Adventure Mini-Golf or at one of several golf courses, and choosing among charter boat tours. For folks who don't want seafood, there are plenty of options, including a pizza parlor and the Calabash Garden Tea Room, which serves scones on fine china.

When you go, you'll see that Beck's Old Original Calabash Restaurant and Coleman's Original Calabash Seafood Restaurant are still going strong. Their friendly rivalry over who was first is evident in their funky arrow signs—both claiming "This is it".

One last thing: no one agrees on which of Calabash's 25 (or so) restaurants is the best. So when you go, just try as many as you can. 🍷

### Town of Calabash

882 Persimmon Road  
Calabash, NC, 28467-2545  
(910) 579-6747

[www.townofcalabashnc.com](http://www.townofcalabashnc.com)



Photo by David de Andrade



White Lake's clear waters and kitschy charm make it a popular, affordable destination.

## White Lake

Bladen County

By Karen Olson House



Photo by Karen Olson House

White Lake's official claim to fame is its gently sloping banks, crystal clear waters and soft, sandy white bottom. The 1,200 acres of this bay lake are fed by subterranean springs, so there are no tides or currents. Surrounded by Bladen Lakes State Forest, it's been promoted as the "The Nation's Safest Beach."

Unofficially, it's been called the "Redneck Riviera," probably referring to the place's casual feel and yesteryear buildings. It's true that White Lake is generally a place where they don't mind your wet bathing suit and flip-flops. Its let-your-hair-down hospitality only adds to its charm as a fun, family-friendly resort.

While exploring the lake's perimeter, big, goofy concrete creatures—some winsome, such as the chuckling blue whale and polka-dotted rabbit, and some rather fearsome, such as the grimacing Chinese warrior man and weirdly grinning green and purple dragons—signal a jolly place to play putt-putt. At Clear Water Mini-Golf on White Lake Drive, you can play all day for \$4.

Kids and adults also love the White Lake Water Park, open seven days a week during the summer. It features a 50-foot-tall, 210-foot-long Turbo Twister slide, bucket dumps, bumper boats, a bubble bench with hydro-therapy massage jets, ice cream shop and a Tiki bar. The fenced interactive wading pool is supervised fulltime. Speed Park, where kids can ride Indy-Karts on a concrete road course, is next door.


Goldston's Beach has an amusement pavilion and Crystal Beach has laser tag and rents jet skis. Both offer beach access to the public for a fee.

Vacationers drive into Elizabethtown, about seven miles away, to shop. Its appealing downtown includes

Leinwand's, a classic department store emphasizing quality service, and Blue Ridge Mining Gifts, which sells pretty silver jewelry. For eats in "E-Town," locals tout Giorgios and the Front Porch (for its buffet), and they swear that Melvins has the best burgers around. On a recent Friday there at lunchtime, I counted 25 folks in line to order, many good-naturedly chatting with each other. My two medium-size burgers and diet Coke hit the spot at \$4.06.

Speaking of bargains, the pleasant folks at City Sandwich Shop will serve you a cup of coffee for 5 cents. This E-Town institution's menu includes a peanut butter and jelly biscuit, fresh trout sandwich, and a steak and egg breakfast. A few doors down, you'll see two candy-cane barbershop poles marking his-and-her hair-cutting shops.

Summer festivities include the annual White Lake Water Festival, set this year for Friday, May 15 through Sunday, May 17. This Bladen County tradition features a craft show held at Goldston's Beach, classic car show, volleyball tournament, live music and a parade around the lake.

Accommodations at White Lake vary widely, from RVs at Camp Clearwater and quaint cottages, motels and apartments to tony townhouse and lake home rentals. A good place to start your search is the area's Chamber of Commerce Web site, listed here. 

### Elizabethtown White Lake Chamber of Commerce

805 W. Broad St.

Elizabethtown, NC 28337

(910) 862-4368

[www.Elizabethtownwhitelake.com](http://www.Elizabethtownwhitelake.com)



## Mount Olive & its pickles

Wayne County

By Karen Olson House

The dill reigns king in this sweet little town. It has a dilly of a festival, too, set for this month.



Photos provided by Mount Olive Pickle Company

**W**arning: When you visit here, be prepared for pickle cravings. In fact, by the time you finish reading this you may want at least two, salty and sweet.

That's because Mount Olive, population 4,756 or so, is the home of the Mount Olive Pickle Company. Cannily located at Cucumber and Vine streets, the company was originally conceived to brine cucumbers to be sold to other pickling firms. This plan went sour, but businessmen got out of their pickle by having the company process and pack pickles itself.

From its humble beginning in 1926, the company now packs more than 100 million jars of processed and fresh pack pickles, relishes and peppers each year. The town's largest employer, its facilities span 110 acres (including the one acre originally purchased).

The company doesn't offer public tours but visitors can see a tour video upon request and browse its gift shop, which sells "dill-lightful" paraphernalia such as pickle watches and pickle gnomes. The shop is open 8 a.m. to 5 p.m. Mondays through Fridays year-round.

While there, you'll pick up pertinent pointers about pickles. For example, pickles were prized by America's pioneering generations because pickles remain zesty for months. Perhaps even more interestingly, Cleopatra credited the pickle for helping to keep her beautiful, and Julius Caesar believed pickles were invigorating. For more, call (800) 672-5041 or visit [www.mtolivepickles.com](http://www.mtolivepickles.com)

The town is about a 15-minute drive from Interstate 40. Visitors can see historic mansions and cute bungalows in a walk-about downtown. Structures listed on the National

Register of Historic Places include the old Mount Olive High School and stately brick post office. Mount Olive College, a private, four-year liberal arts college, opens its doors for lively performance arts events. Kids love the imaginative Kids World Playground, featuring castle-like structures and mazes. Good places to grab a bite include Andy's Cheesesteaks and Cheeseburgers, a 50s-style diner chain headquartered in Mount Olive. Polish off their 56-ounce, toppling burger, fries and 24-ounce soft drink in 30 minutes or less, and your meal is not only free, they'll hang up your picture (if you are still standing, that is).

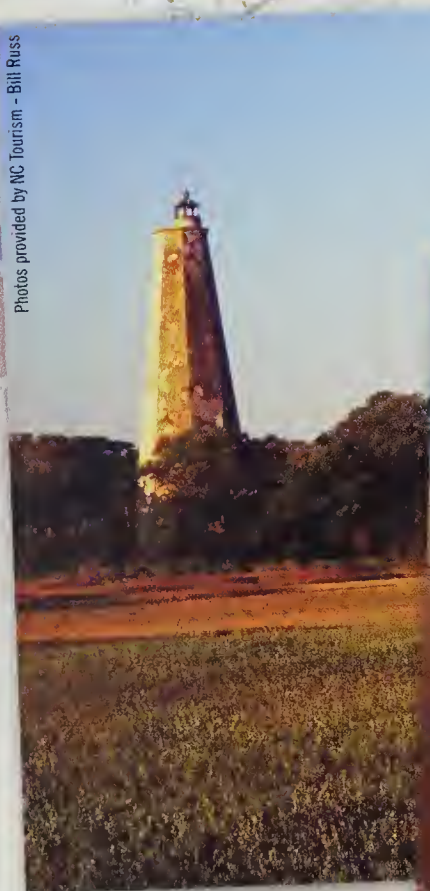
The town pays special homage to the pickle on New Year's Eve, when a three-foot, glowing pickle descends down a flagpole and plops into a redwood tank. The big plunge, which features free dills and polka music, happens at the stroke of 7 p.m. Not exactly the wee hours, but that time corresponds to midnight in Greenwich, England, where the world's time is kept. The way it's explained, an early drop enables "Mr. Crisp" (the giant pickle) to steal away for his late date, and us mortals can be in bed by midnight.

There's also the popular N.C. Pickle Festival, held annually here. In recent years, about 20,000 folks attended. Festivities include a pickle-packing challenge and an antique car show. It's set this month for Saturday and Sunday, April 25-26. Call (800) 672-5041 or visit [www.ncpicklefest.org](http://www.ncpicklefest.org).

**Mount Olive Area  
Chamber of Commerce**  
123 North Center Street  
Mount Olive, NC 28365  
(919) 658-3113  
[www.moachamber.com](http://www.moachamber.com)



Photos provided by NC Tourism - Bill Russ



## Southern Coastland Travel Resources

**Bald Head Island Information Center**  
(800) 234-2441  
[www.baldheadisland.com](http://www.baldheadisland.com)

**Beulaville**  
(910) 298-4647  
[www.townofbeulaville.com](http://www.townofbeulaville.com)

**Brunswick County, Shallotte**  
(800) 426-6644/(910) 754-6644  
[www.brunswickcountychamber.org](http://www.brunswickcountychamber.org)

**Brunswick Islands, Shallotte**  
(800) 795-7263  
[www.ncbrunswick.com](http://www.ncbrunswick.com)

**Cape Fear Coast CVB**  
(Wilmington, Carolina Beach, Kure Beach, Wrightsville Beach)  
(877) 406-2356  
[www.gocapefearcoast.com](http://www.gocapefearcoast.com)

**Columbus County Tourism**  
(910) 640-2818  
[www.discovercolumbuscounty.org](http://www.discovercolumbuscounty.org)

**Coast Host**  
Information on attractions and accommodations  
[www.coasthost-nc.com](http://www.coasthost-nc.com)

**Duplin County Tourism**  
(877) UNCORK0/(910) 296-2181  
[www.uncorkduplin.com](http://www.uncorkduplin.com)

**Elizabethtown-White Lake**  
(910) 862-4368  
[www.elizabethtownwhitelake.com](http://www.elizabethtownwhitelake.com)  
[www.bladeninfo.org](http://www.bladeninfo.org)

**Fair Bluff**  
(910) 649-5998  
[www.fairbluff.com](http://www.fairbluff.com)

**Faison**  
(877) UNCORK0/(910) 267-2721  
[www.uncorkduplin.com](http://www.uncorkduplin.com)  
[www.fignc.org](http://www.fignc.org)

**Greater Goldsboro Travel & Tourism**  
(866) 440-2245/(919) 734-2241  
[www.greatergoldsboro.com](http://www.greatergoldsboro.com)

**Greater Hampstead Chamber**  
(800) 833-2483/(910) 270-9642  
[www.hampsteadchamber.com](http://www.hampsteadchamber.com)

**Greater Jacksonville-Onslow**  
(800) 932-2144/(910) 347-3141  
[www.jacksonvilleonline.org](http://www.jacksonvilleonline.org)  
[www.onslowcountytourism.com](http://www.onslowcountytourism.com)

**Kenansville Area**  
(877) UNCORK0/(910) 296-2181  
[www.uncorkduplin.com](http://www.uncorkduplin.com)

**Kenly Chamber**  
(919) 284-5510  
[www.kenlynorthcarolina.com](http://www.kenlynorthcarolina.com)

**Kinston CVB**  
(800) 869-0032  
[www.visitkinston.com](http://www.visitkinston.com)

**Kinston-Lenoir County Chamber**  
(252) 527-1131  
[www.kinstonchamber.com](http://www.kinstonchamber.com)

**LaGrange**  
(252) 527-1131  
[www.lagranthenorthcarolina.com](http://www.lagranthenorthcarolina.com)

**Mt. Olive Area Chamber**  
(919) 658-3113  
[www.moachamber.com](http://www.moachamber.com)  
[www.ncpicklefest.org](http://www.ncpicklefest.org)

**Nash County Visitors Bureau**  
(800) 849-6825/(252) 972-5080  
[www.RockyMountTravel.com](http://www.RockyMountTravel.com)

**NC Ferries**  
(800) BY-FERRY  
[www.ncferry.org](http://www.ncferry.org)

**Onslow County Tourism**  
(800) 932-2144/(910) 347-3141  
[www.onslowcountytourism.com](http://www.onslowcountytourism.com)

**Pender County (Burgaw)**  
(888) 576-4756/(910) 259-1536  
[www.visitpender.com](http://www.visitpender.com)

**Pleasure Island (Carolina Beach, Kure Beach, Fort Fisher)**  
(800) 631-1460/(910) 341-4030  
(800) 641-7082/(877) 406-2356  
[www.gocapefearcoast.com](http://www.gocapefearcoast.com)  
[www.carolinabeachgetaway.com](http://www.carolinabeachgetaway.com)  
[www.explorekurebeach.com](http://www.explorekurebeach.com)

**Southeastern Welcome Center**  
(I-95 South, Rowland)  
(910) 754-2505

**Southport Visitor Center, Southport**  
(910) 457-7927  
[www.cityofsouthport.com](http://www.cityofsouthport.com)

**Southport-Oak Island Chamber**  
(800) 457-6964/(910) 457-6964  
[www.southport-oakisland.com](http://www.southport-oakisland.com)

**Tabor City Chamber**  
(910) 653-2031  
[www.columbuschamber.net](http://www.columbuschamber.net)

**Tabor City Visitor Center**  
(910) 653-9712  
[www.taborcitync.org](http://www.taborcitync.org)

**Greater Topsail Area**  
(800) 626-2780/(910) 329-4446  
[www.topsailcoc.com](http://www.topsailcoc.com)

**Wallace**  
(910) 285-4044  
[www.wallacechamber.com](http://www.wallacechamber.com)

**Warsaw**  
(910) 293-7804  
[www.warsawnorthcarolina.com](http://www.warsawnorthcarolina.com)  
[www.townofwarsawnc.com](http://www.townofwarsawnc.com)

**Wayne County Chamber**  
(919) 734-2241  
[www.waynecountychamber.com](http://www.waynecountychamber.com)

**Greater Whiteville**  
(888) 533-7196/(910) 642-3171  
[www.whitevillechamber.org](http://www.whitevillechamber.org)  
[www.discovercolumbusfirst.com](http://www.discovercolumbusfirst.com)

**Wilmington/Cape Fear Coast Visitors Center**  
(800) 650-9106/(910) 341-4030  
<http://www.cape-fear.nc.us>

**Wilson Visitors Bureau**  
(800) 497-7398/(252) 243-8440  
[www.wilson-nc.com](http://www.wilson-nc.com)

**Wrightsville Beach Visitors Center**  
(800) 650-9106/(910) 256-8116  
[www.visitwrightsville.com](http://www.visitwrightsville.com)



## Historic Hertford

Perquimans County  
by Renee Gannon



Photos by Renee Gannon



Downtown shops provide hardware, antiques and lunch.  
Historic Hertford features homes that showcase many architectural styles from the last 200 years.

**P**ut your walking shoes on and follow the blue turtle stencils on the sidewalks of downtown historic Hertford. Framed by the curving Perquimans River on both sides, the view is never lacking, no matter what side of the street you are on. The town's turtle logo comes from the exposed log jutting from the river just over the bridge—a favorite hangout for the local shell-set.

Hertford dates to a 1669 land grant with the area becoming the town of Hertford in 1758. Approximately 75 percent of the town's structures contribute to its national historic district designation.

The first stop is the Perquimans County Visitors Center on Market St. Grab a Walking Tour of Historic Hertford map and head out. The tour features 68 stops throughout downtown to the historic S bridge and into surrounding neighborhoods. The stops are mostly private historic homes viewed from the outside only. Parks and historic business buildings are open to the public.

### Downtown

At stop #50, the corner of Church St. and Market St., sits the 1904 home of Dr. Robert W. Smith. From here, you can see the length of downtown. Walking toward the river, stop #52 features the 1825 Perquimans County Courthouse. On the courthouse grounds stands a memorial to local baseball legend Jim "Catfish" Hunter (his grave site is farther out at stop #68).

Across Church St. are buildings dating from 1825–1929 (#55–63), former theaters, grocery stores, banks, a post office and clothing shops that now

house specialty and gift shops, antiques and law offices, while original hardware and drug stores still sell hammers and headache remedies. This historic downtown still hums.

**Perquimans County  
Visitors Center**  
118 West Market St.  
Hertford, NC 27944  
(252) 426-5657  
[www.visitperquimans.com](http://www.visitperquimans.com)

### Historic homes

Once beyond Grubb St., the downtown turns residential. Staying on Church St. to the river, stops include historic homes dating from 1818–1923. Architectural styles feature colonial, Queen Anne, federal and Greek revival. The Edmundson-Fox memorial at stop #16 just before the bridge commemorates the first organized religious service in North Carolina—two 1672 Quaker gatherings presided over by William Edmundson and George Fox.

Turning right from the bridge to Front St. leads to the river's edge and more stately homes dating back to the mid-1800s. Unfortunately, the riverfront is not accessible—private yards run to the water.

From Front St. you can use Punch Alley to cross Church St. to the other side of town. The municipal park and public docks off Punch Alley, and the Missing Mill Park, playground and docks farther down river on Grubb St. are open to the public and offer quite a view of the Perquimans River, the surrounding marshlands and the historic S-bridge.

### Soda Fountain lunch

After two hours of strolling, stop at #63—the corner of Church St. and Market St.—and the former Dr. Robert W. Smith Drug Store (1911) that now houses Woodard's Pharmacy. Tucked in the far back corner is an old-fashioned soda and sandwich fountain. I ordered a turkey and cheese sandwich dressed (tomato and lettuce) on toasted whole wheat with an orange soda. I chose one of the four baby blue wood and Formica booths and rested my legs.

### More information

Perquimans County ("land of beautiful women" in local Yeopim Indian) holds historic and natural treasures in addition to Historic Hertford: Centuries-old bed and breakfast inns, the historic Newbold-White House, Civil War sites and plenty of boating and fishing opportunities in the miles of rivers and sounds. ⓘ



# Children's Museum & Science Center

Nash County

By Renee Gannon

The NEW Children's Museum offers a place for the young to burn off energy and rev up brain cells. The Trashasaurus Rex educates all about solid waste and recycling.



Photos by Renee Gannon

After an hour's drive from Wake Forest—the length of Rachel's favorite music CD—I parked in front of the former Imperial Tobacco Factory that now houses the Rocky Mount Imperial Centre. Rachel and I followed the bright yellow steel beams to the main entrance. We purchased our tickets, walked through the double doors and into the two-level Children's Museum and Science Center. The squeals of delight and screams of “Wow! Mom! Look at that!” from my 4-year-old told me we were in the right place.

## Inside Africa

We stepped into Africa. The 6,000-square-foot main exhibit (including a floor-to-ceiling model of a Baobab tree) educates visitors about life in Africa, both historic and contemporary. Adults will find the collection interesting, and older children and teens will learn how the life of a Senegalese family compares to their own. One thought-provoking aspect features a replicated hold of a slave ship just behind a wall covered with slave auction posters. Silhouettes of enslaved Africans and voices of the slaves add to this haunting exhibit section.

The under-8-years-old set may tend to skip past the educational portions and head to the hands-on sections of the exhibit, such as the black plaster gorilla masks, the termite hill recreation and the skulls exhibit featuring a giraffe, rhinoceros and elephant. Rachel also enjoyed sitting on a bench seat in the community bus prop.

“Inside Africa” runs through December 2009.

## NEW Children's Museum

To grab the attention of the young set, the center opened the NEW Children's Museum section in January 2009. Located behind “Inside Africa,” the hands-on and shoes-off area invites ages 6 months to 6 years to explore with all five senses. Children engage in 35 activities that test motor skills and creative thinking, as well as sight, sound

and smell. Cool factor: computer stations built into wooden cars.

## Live Animal Gallery & Earth Exhibit

Kids of all ages enjoy visiting the animal and Earth exhibit. Focused on three sections—elements of life, diversity of the Carolinas and saving our planet—visitors learn through sight, touch and sound how human actions affect all life on Earth, including the flora and fauna in North Carolina. The exhibit features a full-size giraffe replica and a touch pool that holds fish and other water creatures. Museum assistants show live animals throughout the day. When we visited, Bonnie brought out Tuska, a feisty, 5-year-old alligator.

## Trashasaurus Rex

Before leaving, a dinosaur topped with knit gloves and mittens grabbed our attention. This Trashasaurus Rex traveling exhibit is made from 100 percent postconsumer solid waste, including 300 plastic sacks, egg cartons, lumber, chicken wire, and other cast-offs. The mitten “spine” stands for the 50 U.S. states, symbolizing that all of us have a stake in the earth's health.

## More information

Permanent exhibits include the 30-foot SciDome Cummins Planetarium (worth the extra ticket price), Space Spot and an interactive human body education center. The Imperial Centre also houses a two-level Rocky Mount Arts Center showcasing local artists, the Sunset Park carousel restoration project, and a children's dramatic play area featuring dress-up clothes, a small stage and an art-making area. A café is also on site. ⓘ

## Rocky Mount Children's Museum & Science Center

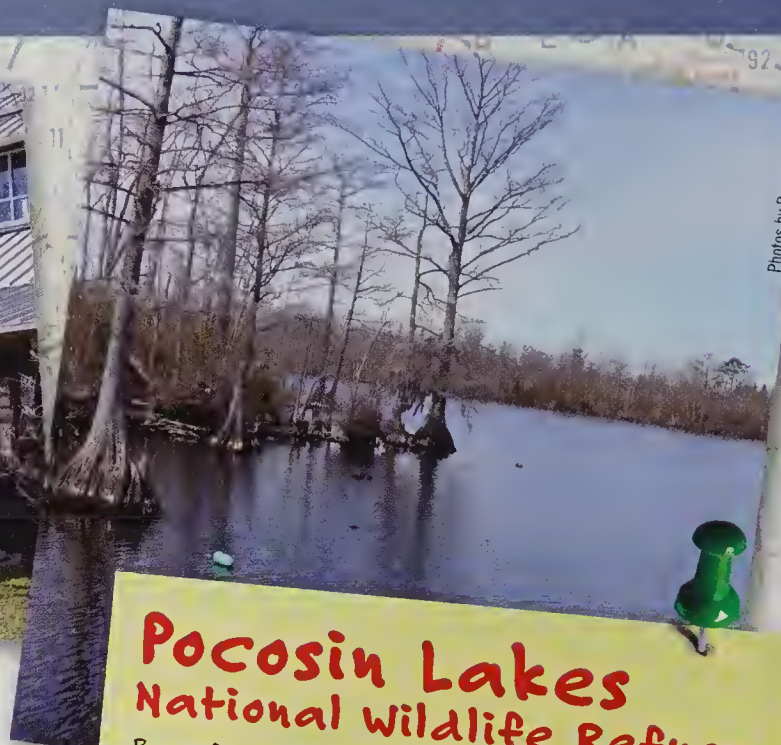
270 Gay Street  
Rocky Mount, NC 27804  
(252) 972-1535  
<http://museum.imperialcentre.org>



G R E E N E



The Walter B. Jones Center for the Sounds in Columbia is a good starting point when visiting the Pocosin National Wildlife Refuge. An interpretive trail behind the center offers a view of the Scuppernong River.



Photos by Renee Gannon

## Pocosin Lakes National Wildlife Refuge

Beaufort, Hyde, Tyrrell & Washington counties

By Renee Gannon

Interested in walking on the wild side? The 113,000-acre Pocosin Lakes National Wildlife Refuge provides an environmental education for drivers, walkers, hikers, bikers and serious wildlife observers.

The refuge is home to more than 200 species of birds, 40 species of mammals and 40 species of reptiles and amphibians. You can see tundra swans, snow geese, various songbirds, ducks, deer, the endangered red wolf and black bear amongst broadleaf evergreen shrubs, endangered pitcher plants, pine and hardwoods such as blackgum, Atlantic white cedar, Carolina ash, red maple, water tupelo and bald cypress.

It's spread across four counties, and most parts of the refuge offer sparse information and directions, so The Walter B. Jones Center for the Sounds in Columbia should be your first stop. Access to the refuge also exists south of Creswell, near the refuge's Pungo Unit.

### Center for the Sounds

Because of its size, the refuge cannot be fully seen in one day. Visitors must choose a section and the best route, depending on what they want to see and do. Just off Hwy. 64, the Center for the Sounds in Columbia will help. A 10-minute video explains the history, management and abundant wildlife found in the refuge. Displays, multimedia presentations and maps provide details. A center employee can assist in planning your visit—I had a few hours to spend in the refuge the day I visited, and I appreciated the assistance.

### Scuppernong River Interpretive Trail

If your time is short, walking the Scuppernong River Interpretive Trail behind the Jones center offers a small version of the refuge. This ¾-mile boardwalk loop through bot-

tomland swamp and along the Scuppernong River features interpretive signs detailing aspects of the river, swamp water, plant life and animals (including the invasive nutria).

Why is the water black and smell musky? It's a natural process of bacteria and fungi living in the peat wetland soil that breaks down dead plant material, leaving behind small particles and tannic acid that stains the water black.

After the loop, the boardwalk continues under the Hwy. 64 bridge into downtown Columbia.

### The refuge lakes

The refuge contains three lakes: Phelps, Pungo and New, and in some areas, borders the Scuppernong and Alligator rivers.

Lake Phelps, at 16,600 acres, is the second largest natural lake in North Carolina. Although mostly owned by Pettigrew State Park, the refuge controls four miles of shoreline on the south side. The lake's age is unknown, but Indian dugouts dating back 4,400 years have been found at its bottom and Indian artifacts spanning 11,000 years have been unearthed in the area. Hiking, biking and walking trails surround the lake. The state park offers camping sites, fishing and boating access points.

Pungo Lake is 2,800 acres. Many believe the lake formed after a ground fire depression filled with rainwater. Surrounded by farmland, the lake's black water serves as a resting and roosting stop for thousands of wintering waterfowl. The Pungo Lake Observation Tower is accessible on foot or bike only, and some roads in this area are closed to vehicles. The 4,900-acre New Lake also provides a home to waterfowl and wildlife and is accessible by vehicle. ⓘ

**Pocosin Lakes National Wildlife Refuge**  
Center for the Sounds  
205 South Ludington Dr.  
Columbia, NC 27925  
(252) 796-3004  
[www.fws.gov/pocosinlakes](http://www.fws.gov/pocosinlakes)



Photos provided by NC Tourism - Bill Russ



## Northern Coastland Travel Resources

**Ahoskie Chamber**  
(252) 332-2042  
[www.ahoskiechamber.com](http://www.ahoskiechamber.com)  
[www.ahoskie-nc.org](http://www.ahoskie-nc.org)

**Aycock Brown  
Welcome Center, Kitty Hawk**  
(877) OBX-4FUN/(252) 261-4644  
[www.nagsheadguide.com/attractions/kittyhawk](http://www.nagsheadguide.com/attractions/kittyhawk)  
[www.outerbanks.org](http://www.outerbanks.org)

**Belhaven Community Chamber**  
(252) 943-3770  
[www.belhavenchamber.com](http://www.belhavenchamber.com)

**Cape Hatteras**  
(252) 473-2111  
[www.nps.gov/caha](http://www.nps.gov/caha)

**Chowan County Tourism, Edenton**  
(800) 775-0111/(252) 482-3400  
[www.visitedenton.com](http://www.visitedenton.com)

**Coast Host**  
Information on attractions  
and accommodation.  
[www.coasthost-nc.com](http://www.coasthost-nc.com)

**Corolla/Currituck Chamber**  
(252) 453-9497  
[www.currituckchamber.org](http://www.currituckchamber.org)

**Crystal Coast Tourism Authority**  
(877) 206-0929/(252) 726-8148  
[www.crystalcoastnc.org](http://www.crystalcoastnc.org)

**Dare County**  
(252) 475-5000  
[www.darenc.com](http://www.darenc.com)

**Dismal Swamp Canal Welcome  
Center, Camden County**  
(877) 771-8333/(252) 771-8333  
[www.DismalSwamp.com](http://www.DismalSwamp.com)

**Duck**  
(252) 255-1234  
[www.townofduck.com](http://www.townofduck.com)

**Elizabeth City Area CVB**  
(866) 324-8948/(252) 335-5330  
[www.discoverec.org](http://www.discoverec.org)

**Farmville Chamber**  
(252) 753-4670  
[www.farmville-nc.com](http://www.farmville-nc.com)

**Gates County Manager**  
(252) 357-1240  
[www.albemarle-nc.com/gates](http://www.albemarle-nc.com/gates)

**Greene County Tourism Committee**  
(252) 747-5831/(252) 747-8090  
[www.visitgreenenc.com](http://www.visitgreenenc.com)

**Greenville/Pitt County CVB**  
(800) 537-5564  
[www.visitgreenvillenc.com](http://www.visitgreenvillenc.com)

**Havelock Chamber**  
(252) 447-1101  
[www.havelockchamber.net](http://www.havelockchamber.net)

**Halifax County CVB**  
(800) 522-4282/(252) 535-1687  
[www.visithalifax.com](http://www.visithalifax.com)

**Historic Albemarle Tour**  
(800) 734-1117  
[www.historicalbemarletour.org](http://www.historicalbemarletour.org)

**Historic Bath Visitor Center**  
(252) 923-3971  
[www.bath.nchistoricsites.org](http://www.bath.nchistoricsites.org)

**Hyde County Chamber**  
(888) 493-3826/(252) 926-9171  
[www.hydecountychamber.org](http://www.hydecountychamber.org)

**Kill Devil Hills**  
(252) 449-5302  
[www.kdhnc.com](http://www.kdhnc.com)

**Kitty Hawk**  
(252) 261-3552  
[www.townofkittyhawk.org](http://www.townofkittyhawk.org)

**Lake Gaston Chamber  
and Visitors Center**  
(866) 730-5711/(252) 586-5711  
[www.lakegastonchamber.com](http://www.lakegastonchamber.com)

**Manteo**  
(252) 473-2133  
[www.townofmanteo.com](http://www.townofmanteo.com)

**Martin County Chamber**  
(252) 792-4131  
[www.martincountync.com](http://www.martincountync.com)

**Martin County Travel & Tourism**  
(800) 776-8566/(252) 792-6605  
[www.visitmartincounty.com](http://www.visitmartincounty.com)

**Murfreesboro Historical Association**  
(252) 398-5922  
[www.murfreesboronc.org](http://www.murfreesboronc.org)

**NC Ferries**  
(800) BY-FERRY  
[www.ncferry.org](http://www.ncferry.org)

**NC Welcome Center  
(I-95 North).**  
(252) 537-3365  
[www.visitnc.com](http://www.visitnc.com)

**NC Welcome Center  
(I-85 North).**  
(252) 456-3236  
[www.visitnc.com](http://www.visitnc.com)

**Nags Head**  
[www.nags-head.com](http://www.nags-head.com)

**New Bern Riverfront Convention and  
Visitor Center**  
(800) 437-5767/(252) 637-9400  
[www.visitnewbern.com](http://www.visitnewbern.com)

**Ocracoke NPS Visitor Center**  
(252) 928-4531  
[www.ocracokeisland.com](http://www.ocracokeisland.com)

**Outer Banks Chamber**  
(252) 441-8144  
[www.outerbankschamber.com](http://www.outerbankschamber.com)

**Outer Banks Welcome Center  
on Roanoke Island**  
(877) OBX-4FUN/(252) 473-2138  
[www.outerbanks.org](http://www.outerbanks.org)

**Pamlico County Chamber**  
(252) 745-3008  
[www.pamlicochamber.com](http://www.pamlicochamber.com)  
[www.pamlicodirectory.com](http://www.pamlicodirectory.com)

**Partnership for the Sounds**  
(800) 737-0437/(252) 796-1000  
[www.partnershipforthesounds.org](http://www.partnershipforthesounds.org)

**Perquimans County Chamber**  
(252) 426-5657  
[www.visitperquimans.com](http://www.visitperquimans.com)

**Roanoke River Partners**  
(252) 792-0070  
[www.roanokeriverpartners.org](http://www.roanokeriverpartners.org)

**Roanoke Valley Chamber**  
(252) 537-3513  
[www.rvchamber.com](http://www.rvchamber.com)

**Rocky Mount**  
(252) 972-1111  
[www.rockymountnc.gov](http://www.rockymountnc.gov)

**Rocky Mount Chamber**  
(252) 446-0323  
[www.rockymountchamber.org](http://www.rockymountchamber.org)

**Scotland Neck**  
(252) 826-3152  
[www.townofscotlandneck.com](http://www.townofscotlandneck.com)

**Southern Shores**  
(252) 261-2394  
[www.southernshores-nc.gov](http://www.southernshores-nc.gov)

**Swansboro Chamber**  
(910) 326-1174  
[www.swansboronccchamber.com](http://www.swansboronccchamber.com)  
[www.tourswansboro.com](http://www.tourswansboro.com)

**Tarboro-Edgecombe Chamber**  
(252) 823-7241  
[www.tarborochamber.com](http://www.tarborochamber.com)

**Greater Tyrrell County Chamber**  
(252) 796-1996  
[www.visittyrrellcounty.com](http://www.visittyrrellcounty.com)

**Washington County Tourism**  
(252) 793-3248  
[www.visitwashingtoncountync.com](http://www.visitwashingtoncountync.com)

**Washington Visitor Information**  
(800) 546-0162  
[www.originalwashington.com](http://www.originalwashington.com)

**Windsor/Bertie County Chamber**  
(252) 794-4277  
[www.albemarle-nc.com/windsor](http://www.albemarle-nc.com/windsor)  
[www.windsorbertiechamber.com](http://www.windsorbertiechamber.com)



# North Carolina's 4-H Camps and Centers

Sertoma 4-H Center  
([www.campsertoma.org](http://www.campsertoma.org))

Betsy-Jeff Penn 4-H Center  
([www.bjpenn4h.org](http://www.bjpenn4h.org))

Swannanoa 4-H Center  
([www.swan4h.com](http://www.swan4h.com))



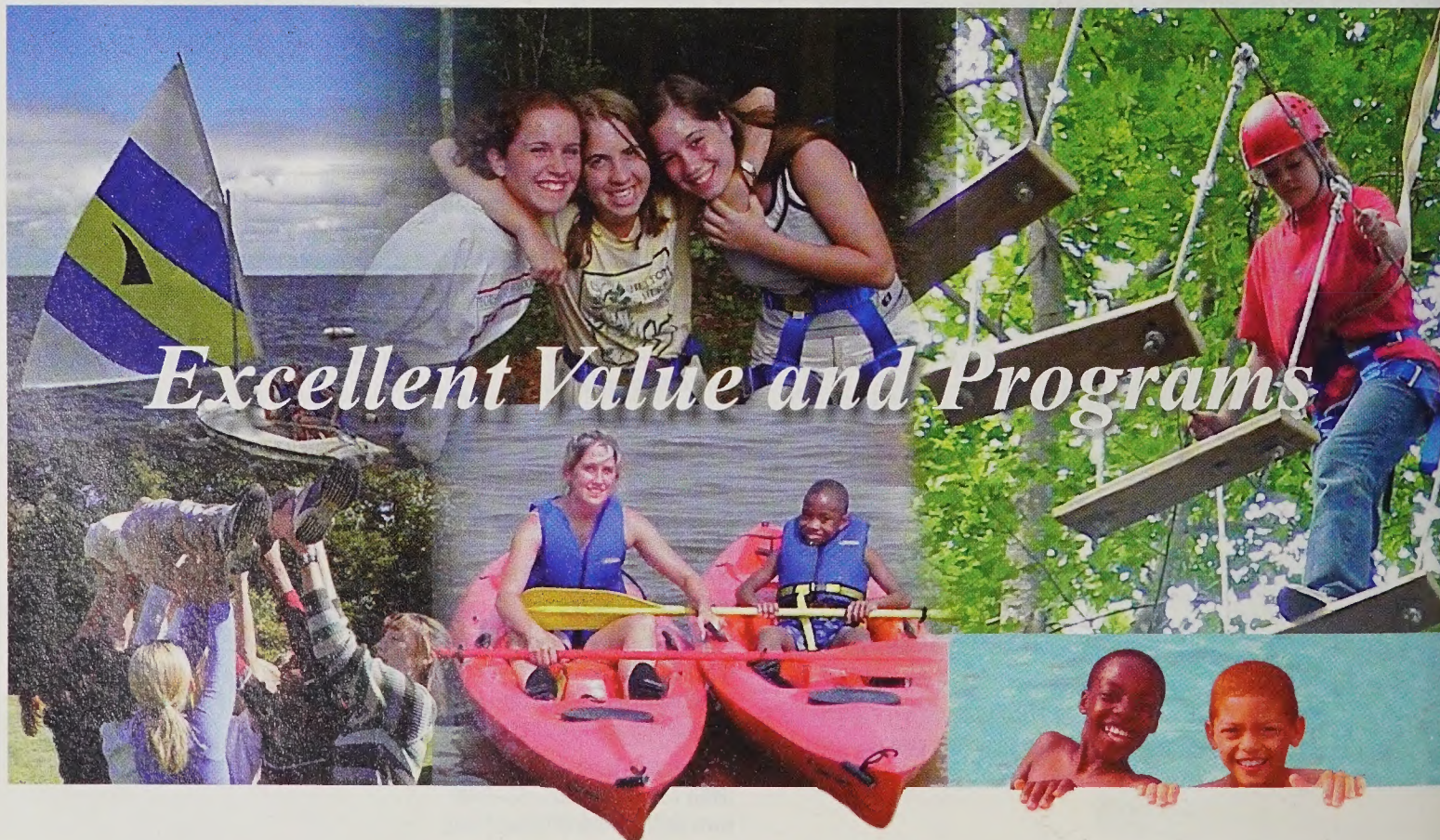
Eastern 4-H Center  
([www.eastern4hcenter.org](http://www.eastern4hcenter.org))

Millstone 4-H Camp  
([www.millstone4hcamp.org](http://www.millstone4hcamp.org))

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**[www.nc4h.org/centers](http://www.nc4h.org/centers)  
(919) 515-3244**

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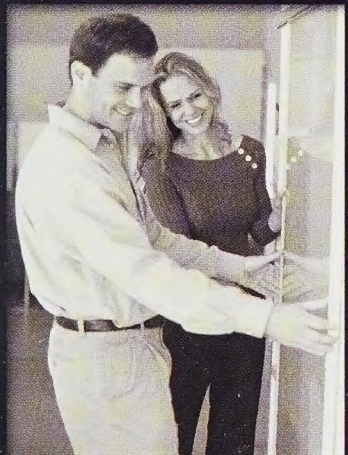
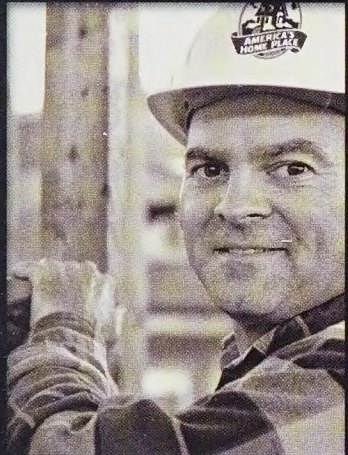
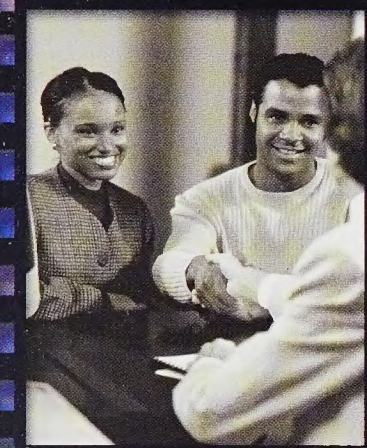
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(828) 631-HOME

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<u>Issue</u> <u>Age</u>	<u>Male</u> (non-tobacco)	<u>Female</u> (non-tobacco)
5	\$ .55	\$ .55
15	\$ .59	\$ .55
35	\$ 1.30	\$ 1.08
55	\$ 3.20	\$ 2.53
65	\$ 5.36	\$ 4.14
75	\$ 10.23	\$ 7.64
85	\$ 19.77	\$ 16.52

\* Does not include \$36 policy fee, minimums may apply

#### Sample Monthly Rates per 1,000\*

<u>Issue</u> <u>Age</u>	<u>Male</u> (tobacco)	<u>Female</u> (tobacco)
5	N/A	N/A
15	N/A	N/A
35	\$ 1.79	\$ 1.49
55	\$ 4.30	\$ 3.55
65	\$ 7.18	\$ 5.41
75	\$ 13.24	\$ 8.85
85	\$ 26.26	\$ 17.67

\* Does not include \$36 policy fee, minimums may apply